



# \*Magazine

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**EDITORIAL**

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**ISSUE**

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# **FLOWERS**

**A JOURNAL PREPARED BY STUDENTS OF THE  
DEPARTMENT OF ENGLISH**



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## EDITORIAL

Welcome to the third issue of the English department journal. We are really proud and exuberant to acclaim that we are ready with all new hopes and hues to bring out this issue, which is going to surely unfold the unraveled world of the most unforgettable and precious moments of our college. The journal is to be viewed as a launch pad for the students' creative work in writing. As the saying goes, mind like parachute works best when opened.

This humble initiative is to set the students' minds free in the realm of imagination and experience to create a world of beauty in words. The enthusiastic beginning of our young writers is undoubtedly sufficient to hold the interest and admiration of the readers. This souvenir is indeed a real attempt to make our new talents give shape to their creativity and learn the art of being aware because success depends upon our power to perceive, the power to observe and the power to explore. We are sure that the positive attitude, hard work, sustained efforts and innovative ideas exhibited by our young writers will surely stir the mind of the readers and take them to the surreal world of unalloyed joy and pleasure.

**Head of the Department of English**  
Dr. Marwan Najib Tawfiq  
Assistant Professor  
15/6/2020

## INTERVIEW

# DR. EBA' MUDHAFAR AL-RASSAM WITH 4<sup>th</sup> YEAR STUDENTS



Asst. Prof. Dr. Eba'

“My idol I in life is my mom. She is Assistant Professor in English Literature.”

“Linguistics is a very interesting area of study.”

**Ola:**

First of all, how are you Dr.?

**Dr. Eba':**

Fine thanks.

**Stevana:**

Hello Dr., how are you?

**Dr. Eba':**

Hi dear, how are you?

**Stevana:**

Not bad, thanks Dr.

**Ola:**

Ok, Dr. what is your name & surname?

**Dr. Eba':**

Eba' Mudhafar Yahya Alrassam.

**Stevana:**

Where were you born?

**Dr. Eba':**

In Mosul.

**Ola:**

Do have any hobbies?

**Dr. Eba':**

Yes sure, reading English novels, especially the romantic ones besides all kinds of sports, and of course shopping.

**Ola:**

Oh, nice.

**Stevana:**

Who is your idol? Why?

**Dr. Eba':**

My idol in life is my mom .She is an assistant professor in English literature. She has devoted her life to her work and her children. We have never felt that we miss anything at home. She tried her best to make us happy and successful. By the way I have another idol academically speaking he is Dr. Marwan Najeeb, the head of our department. He was my teacher at the B A level. I used to admire his linguistic knowledge; he made us love and enjoy Linguistics.

**Ola:**

All respect and appreciation for your mother and Dr. Marwan.

**Dr. Eba':**

Thank you.

**Stevana:**

Yes, the moms are the true bond for every person. God bless her, what a powerful mom! As well God bless Dr. Marwan, all respect and appreciation to you both.

**Dr. Eba':**

Thank you very much Stevana.

**Ola:**

Dr., could you describe your job?

**Dr. Eba':**

Yes, I'm a teacher of English Language and Linguistics. Currently, I teach and supervise M.A students. Also, I teach Linguistics for the third year students at the B.A level.

**Ola:**

Wonderful! So, as an assistant professor in Linguistics, can you sum up the most interesting things in this field?

**Dr. Eba':**

Linguistics is a very interesting area of study. First of all, we need to make our students recognize that there is a difference between “Language” and “Linguistics” because some people confuse them. Language refers to the symbols that we communicate by while Linguistics refers to the systematic study of Language. It describes Language in all its aspects and formulates theories as to how it works. Our students should recognize the levels of Linguistics which are phonetics, phonology, syntax, semantics and pragmatics and many other related disciplines like applied linguistics, psycholinguistics and sociolinguistics.

**Stevana:**

How does this position fit into your overall career goals?

**Dr. Eba':**

Well, since I love English Language and I love teaching English, my job helps me in achieving what I want, that is to make people write and speak English fluently.

**Stevana:**

Great, I hope more success for you Dr.

**Dr. Eba':**

Thank you dear.

**Stevana:**

How did you get involved in this field in the first place?

**Dr. Eba':**

After graduation I wanted to do something that I love, my father encouraged me to complete my studies and join the M.A courses.

**Ola:**

Can you tell us about the challenges that you have faced to achieve your goals?

**Dr. Eba':**

Yes, sure. When I joined the MA courses, our country was suffering from the embargo. The difficulty was not only about the financial affairs but a big problem faced us in collecting the references related to our researches. We depended on personal efforts in getting them from different countries around the world. This is only one of the big challenges that we have faced. Today we can just search Google to find any reference in few minutes.

**Ola:**

Yes, that's right. Today everything is easier than what has used to be in your time. However, it's so inspired for us that you were able to overcome all the difficulties to achieve your goals.

**Dr. Eba':**

Thanks God.

**Stevana:**

What is your favorite movie, music or TV show?

**Dr. Eba':**

Concerning movies, of course Romantic Movies are my favorite ones whenever I have time, and for music I love Yani, his music makes me fly in the sky.

**Stevana:**

Nice choice Dr.

**Ola:**

Through your journey in teaching, you had taught a lot of classes, but, which class was the favorite one and why?

**Dr. Eba':**

To be honest, I feel comfortable with all the classes that I teach, I don't have a favorite one.

**Ola:**

That's because you are a wonderful teacher.

**Stevana:**

Students are lucky to have Dr. like you.

## FOR STUDENTS TO BE SUCCESSFUL,

“The most important thing that the students should have is desire and motivation to learn. Only then they will be able to study hard and achieve their goals in learning.”

**Dr. Eba':**

Thanks, so kind of you.

**Stevana:**

Students have different levels, so, do you prefer any special characteristics of students to be successful in your courses?

**Dr. Eba':**

The most important thing that the students should have is their desire and motivation to learn. Only then they will be able to study hard and achieve their goals in learning.

**Ola:**

Yes, sure. Also, one of the main requirements for students to have B. A. in English Language is to submit a research project, so, what are the research opportunities available for undergrads through this department?

**Dr. Eba':**

All specializations are available for the students to make their research projects. Of course; I encourage them to make Pragmatic researches.

**Stevana:**

Would you mind to tell us one or two of your proudest professional accomplishments?

**Dr. Eba':**

Yes, what I am really proud of in my life is having a Master Degree in English Language and Linguistics to be a teacher at the University only at the age of 24 and then having my PhD at the age of 29.

**Stevana:**

Wonderful!

**Ola:**

Yeh, it is really very notable accomplishments to be proud of.

**Stevana:**

And, we sincerely hope you continue with your success along the way.

**Dr. Eba':**

Thank you dear.

**Stevana:**

What do you think about Online Learning? Is it successful?

**Dr. Eba':**

Yes, sure. It is successful, but it needs more efforts from our students. I think learning online is easier for the students because they can just repeat what they have missed.

**Ola:**

Yeah, I agree.

**Stevana:**

Yes, of course.

**Ola:**

I wish that the interview was face-to-face, but because of the circumstances with Covid\_19, we are obliged to do it Online.

**Dr. Eba':**

Me too, especially that you and Stevana are of my favorite students.

**Ola:**

Thank you and you are one of our favorite teachers. We will get back soon if God will.

**Stevana:**

Thank you Dr., We hope to get soon again.

**Dr. Eba':**

Inshalhaa.

**Ola:**

By the way, how are you doing with the quarantine?

**Dr. Eba':**

For the quarantine, I read a lot and navigate the web to see what is new in my specialization.

**Stevana:**

Great thing to do.

**Ola:**

Absolutely, to finish with, would you like to share any

additional information or advice?

**Dr. Eba':**

Well, thank you for giving me the chance to introduce myself. I think if anyone has a dream he can work on it to make it true.

**Ola:**

Thank you so much for giving us some of your time. It was an interesting interview. I wish you all the best in all fields of life.

**Stevana:**

It is our pleasure to make an interview with such remarkable Dr. like you. Thanks for your time, and for this amazing interview. Wish you all the best in your life.

**Dr. Eba':**

The pleasure is mine. It was really interesting to talk to such smart ladies. Good luck for you both.

**Ola:**

Thanks, so kind of you.

**Stevana:**

Nice of you Dr., thanks.

**Ola:**

See you soon Dr..

**Dr. Eba':**

Inshalhaa.

DR. EBA' & THE QUARANTINE

specialization.”

“I read a lot and navigate the web to see what is new in my

make it true.”

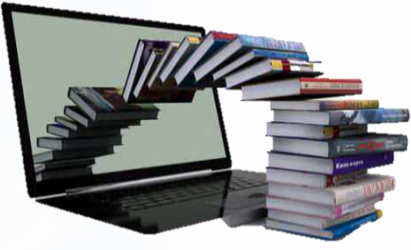
“I think if anyone has a dream, he can work on it to

“It is successful, but it needs more efforts from our students.”

DR EBA' & ONLINE LEARNING

4<sup>th</sup> YEAR  
OLA NADER JAMAL  
STEVANA IMMANUEL YONADAM





# EDUCATION DURING AND POST-CORONA VIRUS-COVID 19

The Corona pandemic has forced millions of people in almost all parts of the world to stay in their homes. This has caused students to be without physical presence in schools and institutes. However, in return it has provided them with the opportunity to learn electronically and remotely, because they cannot continue studying in schools and universities. For many educational institutions, students have only just been introduced to e-learning. Professionals and private business owners can also work from home to the best of their ability.

## INDIVIDUAL DIFFERENCES

This type of education and training is not new. Modern educational theories have already proven that there are individual differences between learners not only because they come from different environments, but also the fact that patterns of education and self-capabilities of learners differ as well. In education and training technology, it was noted that traditional education, which includes classes for a number of students and giving lectures to them, does not perform the educational purpose equally among students as there are high levels of learning and low levels. If you provide high-level information and materials, some students will be deprived of it for not being able to understand it easily. If you give it at the low educational level, then the injustice will be attached to the highly receptive student, and it will delay his teaching process. But if the subject is given at the intermediate level between them, then everyone will be deprived of the opportunity of proper learning. Hence the idea of singling out education and training.

## EDUCATIONAL PROCESS

It is known that the educational and training process seeks to bridge the gap between the reality of knowledge and skill for the learners in addition to the goal required to achieve, by providing learners knowledge and skills and developing their capabilities so that they can perform future tasks with high efficiency and expertise, and there are multiple ways to achieve this goal.

## INDIVIDUAL EDUCATION

An independent individual learning style is a form of education in which the teacher transforms from a mere provider of the educational material, to a mentor, guide, facilitator of learning difficulties, and facilitator of learners by designing interactive educational programs with the student or the trainee. Individual education proposes multiple

alternatives that the learner can choose from, which suits the style of his education, or his own capabilities, and allows him to choose the appropriate time and place to receive and exchange information, under the supervision and guidance of the teacher.

## EDUCATIONAL BAGS

The educational or training bag is one of the most important means of singling out education, and thus distance education. It contains multiple educational tools and activities for the learner to understand the content through a set of reading materials, visual aids, reading instructions, as well as means of clarification in the form of an instructions package. This educational method empowers the position of the teacher in any scientific or training field as it is prepared and designed in a way that achieves the transfer of knowledge and skill from the trainer to the trainee in a programmed, hierarchical manner that guarantees the achievement of the educational goal. It performs this by dividing the academic subject into small units that the learner can study alone, then transfers from one unit to another, after mastering the first and performing the post-test for it. The learner, while studying the educational unit, can use other resources, in addition to implementing the educational activities mentioned in the educational bag. The feedback provides him with knowledge of the level he has reached, which he can then use to move to a higher educational unit. Thus, he continues to study, relying on his own abilities and under the guidance of a supervising professor. One of the most important modern educational technologies capable of dealing with the crisis facing the traditional educational system is computer education based on educational bags.

## ONLINE EDUCATION

Through the technology of educational bags distance education has become commonplace as the student enjoys full independence and freedom when studying through the Internet. But he must organize his time and allocate a specific time to study and take advantage of the offered study materials. As the

distance learning method has more flexibility, it helps part-time students to study and learn at convenient times for them by organizing study and work or other tasks. However, this type of education may not achieve sufficient interaction between the student and the teacher, in addition to that it may not be suitable for all disciplines.

## SOME DIFFICULTIES

Some students may find it difficult to comply with the requirements of e-learning, especially people who cannot divide their time or commit themselves to certain duties. Some find it difficult to adapt to the distance learning process. Traditional education obliges them to be physically present and attend, but in distance learning the student is responsible for himself by adhering to the requirements of this type of education. This may be difficult for some and they cannot benefit from it properly, but all difficulties can be overcome through continuous interaction with the teacher.

Finally, distance education helps in self-reliance and the search for information through various sources. In addition, it gives the ability to deal with different educational and technological means that you may not deal with in the same way through traditional education.

REPORTED BY:

MUSLIM ALI SALIH (3<sup>rd</sup> YEAR)

# \* Between High School and University

## REPORTED BY:

ABEER ABDULAZIZ (2<sup>nd</sup> YEAR)

It's a fresh beginning, a new life has just started, a life which is totally different from the one that we have already experienced. We have been through this stage before, and we know that people react differently towards new things. Some people get excited, other people get nervous, and some would be very active while others might be very shy and hesitated. So we decided to find out how freshmen experienced their first days in the university, and if they do like the new system which is completely different from the one they used to know for twelve years. During the tour in our department and other departments, we met some freshmen and asked them some questions such as whether they prefer the life in high school or in university? Their opinions about the teaching system used in university, and whether they do long for school or feel relaxed as university students?

To begin with, we asked the freshmen about their opinions about life in the university comparing to high school. A common answer was that the flexibility is so much better than in school and the fact that students are more free to initiate friendship with their teachers, professors and of course colleagues. A different opinion was that some people love school life because they used to have tight relationships with other students since they study in the

ZEENA AHMED (2<sup>nd</sup> YEAR)

same school and live in the same neighborhood. But now they are apart in different colleges feeling so lonely. Conversely, Teba said that she prefers the life in the university than school because she joined a department that she loves. On her part, Reema said that in high school, teachers are continuously looking for students' homework on a daily basis while in college; no one is forcing you to do so.

On the other side, when we asked some students for any ideas that might help in improving the university teaching system, we got some remarkable answers. For example, May suggested that the time of the lectures should change since student may face lots of obstacles on their way to university especially for those who live far away or in villages out of the city. Plus, Zeena said that there must be some changes in the educational methods used nowadays and new ones should be used. Momen, however, suggested that there should be some awareness about life inside the university since most school students have never studied in a gender mixed class, which causes a bit of embarrassment.

Moreover, the single issue students might have in school

RAHMA AL-SAMOAL (2<sup>nd</sup> YEAR)

and missed in university is Noor's remarks about the number of students in a single class. She notes that in university, there are a large number of students in the class whereas there is a limited number in school. Also, some students argue that in high school, most teachers hold a Bachelor degree but the minimum degree held by lecturers in university is a Master Degree. In their opinions, students found this thing as a very positive point because it can absolutely enrich their knowledge. Too, they discovered that university learning is better since school teachers are bond to the books titled by the Ministry of Education while there is more flexibility in term of choosing what subjects to be taught by the university instructors.

Lastly, though the majority of university students said that they have never liked school, in our opinion we should learn that each stage has its own positive and negative aspects. So, no matter how the circumstances are, we should be able to learn from both.

# THREE COURSE SYSTEM

## Yes or No?

REPORTED BY:

2<sup>nd</sup> YEAR

NABIL ANMAR TAWFIQ

Our topic tackles the viewpoints of first-year-students about the new college curriculum, and the difference between school narrow life and university broad life with its wider moral and social surroundings. As regards the moral aspect, students began freely expressing their opinions without being forced to adopt one particular opinion as they used to do in schools. Concerning the social aspect, now they have the chance to know new personalities and how to deal with each of them properly. We asked a number of first-year-students from different departments several questions. quite few students stated that they liked the school life and the small social groups more than the university life whereas the majority has an opposite opinion and emphasized the fact that man is sociable in nature and therefore needs to mix up with others.

As for the new college curriculum which came into effect at University of Mosul in this academic year (2019-2020) for the first time, students showed different opinions. Some expressed their admiration and preference for this new system because it focuses on the basic subjects more than it does with general subjects. Other students thought that it is too early to put this system into effect.

Some other students, especially those in the departments of English, French and Turkish, complained the unjustified increase of many general subjects that have nothing to do with

2<sup>nd</sup> YEAR

OSAMA HASSAN

the department interests like law, computers, ethics of the profession and the like. On the other hand, first-year-students got upset and thought that they were unlucky due to the bad events and unrests they witnessed during their joining university life like the general strike in the universities of Iraq and the outbreak of coronavirus.

**Some questions answered by students:**

**Nabil:** How are your first days in the university like?

**Yasin:** Well, as a student in department of English, College of Education, at first, I was confused because it took much time to get this stage, but happiness may be the best feeling to describe this situation.

**Osama:** Did you face some difficulties in your capacity as a first-year-college student? What are they?

**Ahmed:** Certainly, in my first days in College of Arts, department of Translation, I realized that things seemed different and I wasn't ready to get used immediately.

**Ali:** What is the difference between the school life and the university life? Which is better?

**Saleem:** Actually, they differ from each other to a great extent especially with respect to people and interests. In my early days in department of French, college of

2<sup>nd</sup> YEAR

ALI ABDUL MOHSIN

Arts, I faced different kinds of selfishness, hypocrisy and it took me a long time to know how to deal with everyone. I am still changing my viewpoint from time to time. I prefer school life because I don't like gatherings and the like.

And thus, we found that the students' opinions varied a great deal. Some have positive point of view whereas others have negative viewpoints. Still, every single opinion should be respected even if it differs from ours.



# REASONS BEHIND THE SPREAD OF ENGLISH LANGUAGE RECENTLY

REPORTED BY:

NOOR KHALAF (3<sup>rd</sup> YEAR)

Everywhere in the world, you definitely can find someone who can speak English, but how and why people intended to learn and speak this language in particular? There is no doubt that English is a global language, with more than one billion among the 7 billion people speak it on Earth. In recent years, people have become more interested in learning English than other languages. We don't know whether this can be attributed to financial issues as those who are fluent in this language can easily attract most of the managers and those in charge with employment matters in order to employ them in their companies and departments or because of scientific or cultural motives or may be for more other reasons. That's why; we decided to undertake this reportage and ask people if they have any idea about the reasons behind the spread of the English language recently. The answers varied because English as a language may be spread because of colonization or because nowadays it becomes the language of work, communication, science and media.

## THE LANGUAGE OF WORK

According to Dr. A. W. at the University of Mosul, one of the reasons behind the spread of the English language is the job market that requires an English language. For example, if anyone applies for a job in organizations, his or her opportunity to be chosen is highly connected to his or her fluency in English language. So, the priority will in no doubt be for those who speak English since the demand for organizations is great because they provide a convincing salaries, sometimes even higher than the salary of teachers at the University of Mosul. And thus, learning English helps anyone to find an appropriate job with a suitable salary and then stability in his or her life.

## THE LANGUAGE OF COMMUNICATION

For A. B. who is a student at the department of English, this language is easier than other languages to eventually become the language of communication. In this, people in our globe approved to use

ALAA SALIM (3<sup>rd</sup> YEAR)

the English language as a mean to communicate with each other. For instance, Arabs can communicate with Chinese or Japanese through a common language between them, which is the English language. This makes English language as an important medium for communications by which most people in the world can be interconnected whatever their mother languages are. On her part, R. H. who is also a student at the department of English agreed with A. B.'s opinion by saying, "I am learning English language in order to be able to communicate with the world and to know more about cultures whether through social media or direct communication."

## THE LANGUAGE OF SCIENCE

In the words of A. B., an English language instructor, "The English language imposed itself in the field of science." So, for her, just as French is the language of romance and Arabic is the language of poetry, English is the language of science as well. In this sense, the English language dominated most of the world's languages and spread among many countries to attract a lot of learners.

## THE LANGUAGE OF MEDIA

The graduated student A. S. from the department of Computer Science, says that the media has a significant role in the spread of the English language by producing cartoon films for smart children in English by which they can acquire this language quickly. On the other side, the productions of cinematographic films in English absolutely do have an impact on those who addict them as well. They automatically motivate their audience to learn English thereby they indirectly contribute to its spread.

HANAN AHMED (3<sup>rd</sup> YEAR)

## GLOBALIZATION

H. A., an instructor at the department of English daims that Globalization was a direct reason for the spread of the English language. She says that globalization is a multilayered phenomenon that has been considered as a form of capitalist expansion that requires the integration of the national and local into a global market economy. On its part, this global market demands the integration and the interaction among people, governments and companies worldwide. Because of that there should be an intermediate language for all people by which they can be connected, which is the English language.

## WARS AND COLONIALISM

In addition to the previous reasons that we reported for the spread of the English Language. A Professor at the University of Mosul, S. A. argues that wars, hegemony and colonial domination are remarkable reasons behind the spread of other languages. For example, after the recent British and American colonization of Iraq, the English language became a reality as long as many Iraqis were obliged to use it in order to be able to communicate with the colonists, and thus, in no question helps in the spread of it.

Above all, based on the foregoing, the English language spread and became the first global common language because of its international control on most areas of life including business, science, communication, information, globalization and many other fields.



# DEPARTMENTS OF LANGUAGES: DESIRE, AMBITION OR DESTINY?

REPORTED BY

DALIA S. ABDEL-QADER (2<sup>nd</sup> YEAR)

YASMINE M. ABDUL-SATTAR (2<sup>nd</sup> YEAR)

TRANSLATED BY

LECT. HUDA AL-HASSANI

In the light of the reality we live in, many of us are sometimes obliged to walk across new paths of life that are different from those previously drawn in our imagination. So, for many of us, it could be difficult to continue pursuing studies in the fields that are not chosen by us. In case of specialization, one may dream to pursue his or her studies in specific department, but eventually will find himself or herself joining a department far from all those expected. Specialization most of the time is related to our ambition or desire to pursue our studies in the intended field, but the case is not like this all the time. As English Language students, when we are asked for the reason behind choosing this department, our answer would be either because we love this language or it is our ambition or desire to learn it. Another important answer might be because we are living in the time of Globalization thereby learning this language could be the key that opens the doors for many careers. Yet, this does not mean that other Languages are not desired or not important. For this reason, we took a step to find out the opinions of students about their language departments: French, Turkish and Arabic in addition to our department of English. We asked them whether it was a desire, ambition or destiny that made them decide to join the intended department.

Opinions in the department of French varied between desire and ambition. Some students

really desired that department from the beginning. They even gave up other higher departments and schools after pursuing their Baccalaureate and getting high grades. For some, it was very difficult at the beginning to persuade their parents to give up higher departments in favor of French department. But, eventually, they respected their desire and encouraged them to do so. Others confirmed that joining the department of French was their choice in the first place. They did not think of a language other than French. For them, it is not less important that Arabic or English to be learned. Another one expressed his passion to learn French in particular perhaps because he studied it in the previous stages and tried to excel in it.

On the other hand, students in the department of Turkish language thought that nothing related to the future can be fulfilled by chance or without a plan. One of them argued that the reason behind choosing the department of Turkish because he was not good at this language by virtue of living there for nearly four years. Therefore, it was his first choice with certainty and ambition to excel in every particular way. For other students; they claimed that in spite of its difficulty, they regarded it as a challenge to be the first step for a new path in their life. For them, paths not full of obstacles and difficulties may not deserve to waste time and

efforts to pass through. At the beginning, students of Turkish department were facing many difficulties, but with confidence and with the help of their colleagues and teachers, they became noticeably easier.

Conversely, students from the department of Arabic honestly showed that it was not their first choice, but it might be their destiny that leads them to join this department. Some of them said that their desire was mainly to study at the department of English, but the priority was given to students with higher marks. Nevertheless, other students showed their pleasure and were grateful to attend the department of Arabic for its richness and originality. Of course, for them, being students of Arabic does not prevent them to learn English or any other language with the facilities offered by accessible online learning available now.

Finally, being students at the English department, we love to answer these questions by our own ways. So, some entered the department of English by chance and it was their destiny, others gave up other departments because they desired to learn this language and aspired to build a successful career through it. In fact, whether it is a desire, ambition or destiny, learning any language is by itself an achievement that we should be proud of.





# Begging in Mosul Between Prevalence and Control

Reported by: Osama Al-Khafaji (3<sup>rd</sup> Year)

Translated by: Lect. Ziyad Anwar Mahmood

Begging is a global phenomenon which is not confined to a specific country, but rather is widespread in all rich and poor countries of the world. Begging is defined as asking people for charity in public roads, by using several methods to evoke people's compassion and sympathy. It is one of the most prevalent social diseases in the world. A beggar is defined as a person who asks people for charity and help, whether in stores or on public roads.

## TYPES OF BEGGING

Begging can be divided into several types:

1. Direct begging: (also called apparent begging) is an explicit begging in which the beggar asks for money, and is done by wearing torn and dirty clothes, extending hand to passers-by or showing a certain disability. Sometimes, repeating specific phrases such as supplications that evoke people's affection, or a combination of more than one.
2. Indirect begging: (also called invisible or disguised begging) is that type of begging in which the beggar practices some simple services like inviting people to buy some cheap goods, such as tissue papers, or doing simple works, such as wiping cars or shoes, etc.
3. Compulsory begging: in which the beggar is forced to practice this act as the case of forcing children to do so.
4. Free begging: in which the beggar is obliged to nothing but his desire to earn money.
5. Seasonal begging: which is only done on occasions and seasons as on Holidays and Ramadan.
6. Contingent begging: begging that is incidental to an urgent need that has befallen the person, such as a person who lost his way or lost his money while being away from his country, where this type of begging stops with the end of the beggar's need.
7. The able person begging: It is the kind

of begging done by a person who is able to work and earn his living, but prefers to beg.

8. The begging of unable person: It is practiced by a person who is physically disabled or mentally retarded, and when arrested, he is placed in an assigned care homes.

9. Misdemeanor begging: begging that is accompanied by criminal acts such as theft, whereby the beggary cover makes it easier for the beggar to practice these criminal acts.

## WAYS OF BEGGING

Beggars use different forms of begging, and they follow many ways and tricks to get money such as the following: showing people the urgent need by crying, and claiming that the beggar is a passerby who lost his money and then he asks people for help. claiming some unreal diseases and impairments through deception and camouflage, such as using cosmetics to stimulate people's emotions. Asking for donations for a charitable project such as building mosques or schools and the like. Pretending to be mentally impaired by uttering incomprehensible phrases or waving vague signs to gain people's compassion and money. Taking children, especially children who suffer from a specific disorder or disability, to certain places that people frequently visit, such as mosques and markets, to gain people's compassion. Hiring children and using them as a means of begging and paying the child's family in return, where they make artificial disabilities for children, often using deformed prostheses. Exploiting people's feelings and sympathy by showing official and fake documents for imaginary

incidents that must be paid as water and electricity bills, or prescriptions for drugs.

## REASONS FOR BEGGING

There are several reasons for begging, including the increase in poverty and its spread to include larger numbers in societies. Increased youth unemployment rates. Less trust in Allah and His provision though He secures the provision of all His creatures. The Almighty said: [and no moving (living) creature is there on earth but its provision is due from Allah. And He knows its dwelling place and its deposit (in the uterus or grave) Hud:6], He also said: [And in the heaven is your provision, and that which you are promised (Ath-Thaniyat:22)]. Some people prefer rest and laziness than work and activity, and this causes them to beg since it is comfortable and useful craft. The decline in the social role of people in society, and the absence of a sense of social justice. Encouraging, out of compassion, some beggars believing that they obey the Almighty Allah when he says: [And repulse not the beggar (Ad-Duha: 10)].

## What is Begging?



**“The phenomenon of begging children in Mosul tends to turn into a profitable system run by gangs.”**

Every day, Muhammad Salem carries a bag of tissue papers and walks on the streets of Mosul, begging under the guise of selling tissue papers to secure enough money for his mother. ISIS rule has had new negative social effects on Mosul. Today, begging can be seen everywhere, most notably the phenomenon of begging orphan children who lost their families during the years before and during the operations of liberation. Whoever wanders through the streets of Mosul today, will not be able to turn a blind eye to dozens of children of both sexes spreading near traffic lights and especially at intersections, with lean bodies, shabby clothes and worn-out shoes, running behind passersby begging for money in various ways, from reaching out, wiping cars windows, or selling water and tissue papers. One of these beggars is a ten-year-old child called Ali Bonyan, who wore old sportswear too large for him. Bunyan, who initially feared talking to a France Press correspondent, could not hold his tears. Bunyan, like other beggars, refused to talk about his current place of residence. He said: “I have no relatives now. I had to beg to sustain myself and I couldn’t find work since I’m too young to work.”

A member of the Nineveh Provincial Council, Khalaf Al-Hadidi, said to the France Press: “So far, there is no real project or studies, whether from the federal or local government to find effective solutions for this phenomenon, especially that street children are exposed to various types of exploitation.”

The phenomenon of begging children in Mosul tends to turn into a profitable system run by gangs, through people

seeking to conclude profit-sharing agreements with beggars, in exchange for allowing them to enter public places to beg people, otherwise they are forbidden. “One day I was sitting waiting for my appointment at a medical clinic, and the receptionist fired a small female beggar in front of my eyes,” said Abu Hamid, a Mosuli resident of an age of 35 working in a confectionery factory. He added: “Upon leaving, she told me that he had fired her, because she refused to increase the amount agreed upon per week”. In this respect, a social researcher, Fatima Khalaf, clarifies: “The circumstances in which Mosul passed through have left children vulnerable to various violations in the street.” She added: “If they are left like this in the streets, they will become useless members of society, and some of them may turn into criminals. Therefore, the relevant authorities must contain this phenomenon, starting with the imposition of compulsory education”. On the other hand, a thirty-year Mosuli employee, Ghaleb Ahmed, considered that starting fighting the top of the pyramid, viz. systems and gangs that manage begging and exploit children is more effective. He adds: “This phenomenon is a project of crime and terrorism, and it creates psychologically deformed and corrupt generation”.

Finally, begging is a phenomenon that has become a problem for Mosuli people. The middle class in this city has been

transformed by the economic crisis into a non-existent class due to the lack of work opportunities, the deterioration of conditions after the war, and the high unemployment rate that reached 60% of college and institute graduates and others, according to local statistics in the governorate. The governorate began receiving thousands of daily wages work requests, apart from a number of employees who did not receive their salaries regularly, and this negatively affects the movement of markets and the purchasing power of citizens, so the owner of the commercial store began releasing some of his workers due to the lack of his clients, and thus these ex-workers turned into beggars spreading in the streets.





## Be aware of the dangerous effects of Begging!

### NEGATIVE EFFECTS OF BEGGING

Begging negatively affects society, as it leads its members to refrain from work, and push them to laziness, which subsequently weakens the society's economy and productivity. In addition, beggars obtain money effortlessly and this consequently deprives their societies from accomplishing productive works. The spread of beggars everywhere leaves a negative impression of the country on its visitors and tourists. Furthermore, researchers proved that begging has negative effects on the beggar himself since beggars are almost publicly disgraced by nearly everyone. Begging also increases the crime rates in society, which causes a serious threat to society, and affects its security and stability. Gangs of beggars whereby carry out theft, fraud, and defrauding others, and assault their property, and this results in the spread of chaos and instability. Another negative effect of begging is aberration whether moral, intellectual, or behavioral. It leads beggars to contempt the customs of their society, drug use, homosexuality, and other forms of abnormality. It is reported that the causes of aberration are due to the psychological frustration caused by poverty and need.

### THE IDEOLOGICAL DANGERS OF BEGGING

Begging is a great danger to the beggar's doctrine. Practicing begging as a profession to earn money is an evidence of lacking trust in Allah the Almighty Who secures the provision of all the creatures. A beggar asks people for some money, and forgets the words of Allah the Almighty: [and no moving

(living) creature is there on earth but its provision is due from Allah. And He knows its dwelling place and its deposit (in the uterus or grave) Hud:6].

### SOLUTIONS FOR BEGGING:

States set many plans to face begging and end it since it is very likely to increase crime rate in society, which requires effective solutions like these:

1. Conducting social studies to reveal the real causes of this problem, the reasons behind its spread, and present recommendations to reduce it.
2. Making the community aware of the problem and its effects by spreading awareness programs about begging and its harmful effects, whether through the media or by holding awareness workshops for members of society, so that the community can be a true supporter in the process of combating the phenomenon.
3. Supporting centers specialized in combating begging through providing them with an appropriate number of qualified employees, and increasing the number of these centers and seeking to spread them in places where the phenomenon is widespread. Passing deterrent laws, and adhering those behind these groups to them.
4. Activating the role of the

police and involving them in the process of arresting beggars.

5. Encouraging the value of social solidarity and spreading it among the members of society, so that people help the needy and provide them with anything they need by offering donations in mosques and neighborhood councils. Providing charitable organizations with cash and in-kind assistance to meet the needs of the needy and keep them away from begging.

## Negative Effects & Solutions



# Tattoo



Some persons love to do eccentric things: some love to collect stamps; others love to have many mobile phones; as for us, we like to do unusual things. Tattoos are unacceptable to many people, but we find them quite lovely. Having tattoos is a widespread phenomenon in this contemporary day and age and they are highly popular among boys and girls. Therefore, we find them an interesting topic to talk about, in order to know the opinions of boys and girls about tattoos, the society's point of view and to know any health problems that might be caused by them.

In our survey we can infer that boys consider having tattoos a personal freedom of choice for anyone in spite of the negative view of society. They also think that tattoos do cause health problems when they are made by unhealthy and unsterile tools. They believe that a lot of diseases can be caused by tattoos like Cancer and AIDS. On their parts, girls like Sara express their excitement and love for tattoos by saying that they have already gotten one and would love to have more but because of the negative view of the society they live in, they cannot have more. They confirm that society is unlikely to accept the concept of the tattoo for both boys and girls though they are convinced that having tattoos is so nice and lovely too.

to visit a tattooist - the person who draws tattoos in a shop. We asked him about tattoos, their types, how they are made, and the problems of health associated with them. At first, he clarified that working with tattoos is a hobby for him and it is an art called Tattooing. Tattooing is done by inserting dyes, ink or even pigments, either permanent or temporary, into the skin's dermis layer to modify the pigment. He confirms that special instruments are used that should be clean and sterile; otherwise, serious health problems might happen to customers. According to their types, tattoos can be purely decorative and without meanings or symbolic with specific meaning and pictorial depicting a specific person or item. For the tattooist in our society, his customers who are both boys and girls like to draw the initials of names that refer to people they love whether they are dead or alive. However, working as a tattooist is not easy in our society because in the words of the tattooist, a lot of problems encounter him while working. For instance, he is regularly attacked by the parents of his costumers because they do not agree for their boys or girls to having tattoos. Such incidences have lead him to produce a written obligation to avoid any future problems.

that such diseases can mainly be caused by transmission when the tools assigned to make tattoos are used more than once and are not sterile or because the place in which Tattooing happens is not clean. He also gives some advice for the boys and girls who have already had Tattoos urging them to undergo medical tests after getting the tattoo, such as AIDS and Viral Hepatitis and if they want to remove any tattoo, they should do so through proper medical means. But the most important advice from Doctor Omar is that boys and girls should avoid getting tattoos in the first place because removing them can cause severe skin deformation..

Finally, whether it is a phenomenon or an epoch of age and a kind of change, do those who get tattoos have a personality deficiency or it is just something cute for them to do? We have reviewed some opinions about Tattoos, their types, side effects, and advices to avoid them. What about you? What do tattoos mean to you? Would you like to get a tattoo, and if so, of what?

**REPORTED BY:**  
YUSUR MOHAMMED (3<sup>rd</sup> YEAR)  
MOHAMMED RAFF (3<sup>rd</sup> YEAR)

A leaf symbolizes happiness



A lion symbolizes bravery



Scissor & Flower



According to a health expert like Doctor Omar, Tattoo is a negative phenomenon since it can cause serious health problems and dangerous diseases like AIDS, and skin diseases. Doctor Omar clarifies

On the other hand, in order to formulate an objective opinion about tattoos in our society, we were also keen



# THE POSITIVE & NEGATIVE SIDES OF SOCIAL MEDIA



REPORTED BY:

AZAHAR MAHMOOD SALMAN (2<sup>nd</sup> YEAR)

NOORA DIAB ALI (2<sup>nd</sup> YEAR)

The Internet initially provided a means for obtaining information and then evolved to allow the exchange of information among humans. Social networks have become part of our daily life with their apps such as Facebook, Twitter, and WhatsApp. All of which can provide an active tools for individuals to come together based on a variety of factors such as existing friendships, common interests, or work. Social networks have many positive effects for example, Facebook makes keeping in touch with friends and family members who live in different states or countries easier and cheaper than any other communicative ways. Yet, they also can have remarkable negative impacts like using them for fraud and criminality. For this reason, we intended to ask people from our society about the impacts of social media on their lives whether positively or negatively.

Positively, social media has a positive impact on many zones of human life. Firstly, it helps companies in the field of marketing, as it is an effective procedure, and it has facilitated companies to communicate with their customers for free, so that the only cost is energy and time, through various communication sites. Secondly, social media sites open an opportunity for all writers and bloggers, to communicate with readers to exchange experiences, articles, and ideas so that the writer can share his audience with all his articles and blogs, which strengthens his relationships with followers. Thirdly, social networks have removed all barriers to communication and interaction, so that one can communicate his vision, ideas on a variety of topics, share his thoughts and communicate with like-minded people, and share with them a specific topic. Fourthly, social networks help to create opportunities for employment, so that some networks provide the option to add the person's qualifications, skills, and experiences. According to E-Marketer, the market researcher, social media has the ability to

connect thousands of like-minded individuals, and career preferences. And thus, modern means of communication enable 42% of parents to speak daily with their children via mobile phones, according to a survey conducted by the "Pew" Center for Global Studies on the Internet, where the survey shows the role of communication methods in promoting communication among family members who are far from each other, and are considered modern means of communication are effective ways to communicate between parents and children in cases of divorce, through electronic video interviews and continuous talks, where these video conversations enable separated parents to follow the growth and development of their children in an effective way more than relying on the phone calls alone.

Negatively, social media can negatively affect many areas of human life. For instance, children can be greatly affected by social media, because some people share images that may contain violence or inappropriate scenes, which harms the behavior of children and adolescents. Also, people can share some information that might pose threats to them, even with security settings, some personal information may leak on social sites, and recent blackmailing issues are best evidence of this. Further, the large number of social apps uses to reduce the chances of direct face to face communication among people. In this, many of us experience the situation while talking to somebody and he or she took the cellphone to browse some pictures on Instagram or write a message to others. This can prove the fact that the presence of cellphones can corrupt our

relationships with others and reduce our communication with them. Another negative important of social media is that it can be considered as a convenient place for criminals and extremists to plan their crimes. In that social media can be regarded as a fertile grounds for extremists to meet and enhance their criminal deeds. Plus, social media can be seen as a source for rumors to be easily and quickly spread in various aspects of life. One more negative aspect is the wrong use of social media by people when they publicize their opinions whether on politics, religion or any other debated issues. This can cause an endless wave of tension and pressure represented by the different comments of people.

In the end, our opinion about social media is that it can be positive if people use its applications in the right way to communicate with each other. So, if anyone uses the applications to connect with rational people with positive energy and post positive things, I think he or she will be encouraged to do the same thing. But if anyone uses these applications in a bad way, it will negatively affect both his or her life and mental state. Hence, social media can affect our lives positively or negatively according to the ways we use it.

# THE NEGATIVE SIDE EFFECTS OF VIDEO GAMES



2<sup>nd</sup> YEAR  
ESRAA ABBAS

REPORTED BY

2<sup>nd</sup> YEAR  
AMINA FIRAS

There is no doubt that nearly all of us know the electronic games and their negative effects on children and also on adults. Hence, our topic tackles the negative side effects of video games. To do so, we interviewed a number of people of different ages in order to know their opinions about this topic. Their opinions ranged from wasting time to addiction that leads to social isolation along with health problems.

Playing electronic games has been linked to wasting time since the time spent in playing these games can be invested in doing other useful activities. For example, increasing social activities and strengthening social bonds by spending more time with family members and friends; undertaking academic responsibilities such as reading and writing, or participating in recreational games such as playing football or spending time developing certain skills. Therefore, instead of wasting time in playing video games, performing such useful activities will undoubtedly help individuals to develop their own skills at all levels. However, this does not mean that playing video games is totally useless. Allotting part of the time a day will be useful for entertaining children, especially in the times of lockdown. Also, an hour a day of playing video games is beneficial for mind since it needs training through intellectual video games.

Electronic games negatively affect young and old people alike. They may cause addiction, lack of sleep, harm to eyesight and

weakness of body, and even may cause family break-up if the two spouses indulged in playing too. On the other hand, video games make unsociable children in that a child who spends many hours playing video games with no contact with others will lose the skills of interaction with them. Consequently, he will fail to establish relationships and make friendships with others. Furthermore, violent video games have many serious effects on children and may even render them to criminals. In addition, violent video games may affect emotions. According to a study which showed that video games containing violent scenes can alter the brain functions responsible for controlling emotions just a week after playing these games. Other studies have also found a link between gambling, obesity, introversion, depression in young and adults and the addiction to video games.

According to many experts, addiction to video games may cause a lot of psychological and physical diseases. Addiction to video games certainly leads to many serious Psychiatric diseases like autism because a child has been living in an imaginative and isolated world. As for the hours spent in playing video games, they have bad effects on human beings, since they overstrain their minds. What is more, addiction to video games causes physical diseases such as visual impairment, lack of focus, and

sometimes loss of appetite to children. It is harmful to the physical health as it can cause pain in the joints of the hand, neck, wrist, and forearm. Besides, recent studies indicate that video games may cause the body to be in a state of tension, which increases blood pressure and the number of heartbeat. Likewise, video games can negatively affect the body and lead to serious problems like sleep disorder.

Finally, playing video games has lots of negative side effects on the players whether psychological or physical, social or personal. Anyhow, one should be aware of the risks of indulging in playing video games.



# SIMILARITIES AND DIFFERENCES BETWEEN WARTIME AND DISEASE

During the vicious period of ISIS, it had been very difficult to cope with everything, but our faith in God has instilled in us in spite of facing the unknown tomorrow. There were many challenges confronted by people under the danger of the war at different levels whether national, individual or relating to family affairs, and these challenges were many.

To stay alive was one of the challenges with the fear of confronting torture, mass rapes, forced marriages, extreme acts of ethnic cleansing, mass murder, genocide, robbery, extortion, smuggling, slavery and kidnappings. Also, getting out of the house during the war was a major challenge due to the shelling and daily battles. Most importantly, our daily struggle for electricity and water shortage and the lack of supplies as well. Another major challenge was that everything stopped, schools, universities, thus the loss of dreams and ambitions became a daylight nightmare. Many people were sacked from work and without a resource that secures their livelihood hungry started. Thus, they were a great difficulty in their legitimate aspiration to obtain jobs and to go ahead to secure their future and families. Therefore, the young were the most affected ones by mixed feelings of frustration, helplessness and alienation, too. Although, the many negative feelings hundreds began to volunteer to fight with the National Army and lost their lives, their relatives and friends, while many others joined the extremist after the brain washing process made by the enemy. At the end, both met those who wanted to live in dignity and those who sold their souls to the devil. At that time we all hid home praying to come out alive till the clashes stopped.

Now, just as we thought we were going to live in peace the Novel Corona Virus- COVID 19 started. This time

not only Mosul was effected, the whole world faced lock down almost every place was empty during the quarantine. People were forced to stay at home fearing of being infected by the disease. The question we can raise is that: Is this another form of war? Yes it is a war, but of a special kind. A war for survival where all people should work together along with

their governments and countries in order to beat the enemy, which is this time, the Novel Corona Virus. So, because of this plight, people in all countries respond to the appealing made by their governments to respect Law, be cooperative and committed to the quarantine to be saved in the hope of defeating this dangerous pandemic. Although many lost their jobs, lives but still a ray of hope was in the air.

## SIMILARITIES & DIFFERENCES

Both wars, the ISIS and COVID 19, can have notable similarities and differences.

The similarities can be shown through their psychological, physical, social, and cultural effects on people living in our city, Mosul. Psychologically, under the ISIS war, the hope for its elimination faded with the passage of time. People become too depressed and desperate as well. With COVID 19 war, the same thing happened. So, now with the progress of time, people feel so desperate and frustrated because there is no vaccine or specific medicine to defeat it. Physically, ISIS used to restrict people's movement, actions and jobs. Likewise, COVID 19 obliged people to stay at home because of the quarantine. Socially, in the time of

ISIS, people in my city united with each other and with the government in order to vanquish ISIS. Also, with the spread of COVID 19, the society is united with the government and the healthcare society in the country to overcome the disease. Culturally, the plight of ISIS increased people's religious awareness to the danger of extremism. Equally, COVID 19, increases people's awareness of viruses and their dangers on human's health and life.

On the contrary, there are remarkable differences between ISIS and COVID 19. From this, ISIS is a human enemy, visible and specific in specific locations and regions. COVID 19 is a disease caused by the Novel Corona Virus, which is an invisible enemy that can be found anywhere. While the ISIS effect is limited to a specific number of people, the threat of COVID 19 can affect all people. Physically, ISIS can afflict the mind of the ignorant, deviant, uncivilized people whereas the novel corona virus afflicts any human lungs. Economically, ISIS destroys the economy of the courtiers and the regions it attacks, but COVID 19 leads to the paralysis and destruction of the world economy at large.

Finally, both wars represented by ISIS and COVID 19 have affected people at all levels in away that makes surviving something impossible. However and whatever happens the always must be a strong belief in tomorrow will be better.

**REPORTED BY:**  
AYA SOUD (2<sup>nd</sup> YEAR)  
HANEEN YOHANA (2<sup>nd</sup> YEAR)

# FACTS ABOUT CORONA VIRUS COVID-19

REPORTED BY:

2<sup>nd</sup> YEAR

ARSHAD SAYFFUDDIN

Since the beginning of 2020, we have witnessed nothing but a series of calamities and natural disasters. It started with forests burning, the death of millions of animals, floods and destructive earthquakes. These disasters were occurring because of a specific reason, in a specific place and for a specific period of time. They were discovered by specialists and about which we were well informed about. But the worst latest disaster is the outbreak of a dangerous and contagious virus, i.e. (Coronavirus) or (Covid-19).



Covid-19 first appeared in a Chinese city called Wuhan and then began spreading very quickly among the inhabitants of this city. This quick spread forced the Chinese government to isolate the city from the other cities in order to contain the disease. Unfortunately the containment failed and the virus rapidly spread to the other cities and then to different countries all over the world.

This virus remains in the infected person for a period of time called (the incubation period) where no symptoms appear in the carrier of the virus except after a period of 14-15 days. During this period, it can continue to transfer by coughing, sneezing or touching the infected person.

Having feared of being infected by the virus, the foreigners who were staying in Wuhan started rushing back to their countries, and that was the

2<sup>nd</sup> YEAR

RANIN MA'AN

main cause of the global catastrophe. Unfortunately, most of those who returned to their countries were carriers of the virus. Unaware of being

infected, they started spreading the virus to everything they touch in planes, airports and the like.

The world entered into a state of intense fear of this virus, although it turned out that it does not completely

end the life of its carriers, but only those who have a weak immune system and suffer from chronic and heart diseases. This was the beginning of the lockdown imposed on 80% of the world's population and the countries in which the virus appeared.

Having known the nature of the virus and how it infects people, still we want to know where did it come from, how, and why? actually, there were different opinions about it. Some people at first predicted that it was a kind of punishment from God to China and the Chinese in retaliation for their oppression of Muslim minority but soon they proved wrong since the virus spread in the East and in the West. Some other people have thought that America invented it just to destroy the economy of the superpowers or to topple its enemies like Iran, but the virus also widely spread in America. The worst country hit by the virus and failed to contain it was Italy despite the latest types of medical devices it has.

Like any disaster, there must be losses in life as a result of being infected by the virus. Thousands of people died, and thousands of infected people were in lockdown to receive treatment. On the other hand, many have recovered from the

2<sup>nd</sup> YEAR

BASMA MUHAMMAD

disease.

The virus has some advantages and disadvantages. to begin with the disadvantages. Apart from losses in life, this virus has severely affected the economy of many countries and caused them to spend a great amount of money to contain it. China, for example, spent 600 billion dollars to contain the disease and treat the infected people. America spent 800 billion dollars so far. Italy scored the highest death rates, and the conditions deteriorated where they failed to afford treatment to every infected person. Italy had to decide who should receive treatment first and who should be left to face death. The advantages of the virus has totally reflected on nature and the globe. Nearly all sources of pollution like cars and factories came to a halt, the earth became less polluted, the atmosphere became 50% purer than before due to the lack of carbon dioxide in the atmosphere, the hole in the ozone layer was getting narrower than before and animals reproduced faster. In short, this is the time for the earth to recover from devastating effects of pollution caused by human beings.

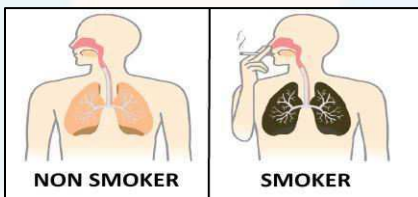
# HEALTH CARE: THE DANGER OF SMOKING



Reported by: Ammar Hashim Abd (3<sup>rd</sup> Year)

Translated by: Lect. Shayma Zuhair Hammodi

Smoking is a widely spread phenomenon in the present time and it is especially among teenagers and adults in particular. The spread of smoking and the increasing number of smokers cause a raise in the number of deaths around the world, due to the serious diseases that fatally affect human health and lead to death. The most common of these diseases are lung cancer and cardiovascular diseases. Many studies have been conducted on cigarettes and their components, and some of these studies confirm that the tobacco that the smoker smokes contains more than 4000 dangerous and toxic components, the most important is carbon monoxide, which causes a decrease in the percentage of oxygen in the blood, and thus affects the functions of the organs of the body and also there is another dangerous component, that is the tar. The tar is classified among carcinogens along with to the nicotine that is considered to be addictive. According to recent statistics the number of deaths caused by smoking exceeded 100 million people worldwide and the number is supposed to increase due to the increasing number of smokers.



The reasons behind smoking: adults tend to smoke as a means to relieve stress, anxiety, and nervousness. Young people consider it a short cut to masculinity, but it is the opposite. During my meeting with a 12-year-old boy, B.A. he says that one of the reasons that makes him start smoking is the influence of his older brothers, who consider smoking as the best way to make him look like a man in the eyes of others. When I asked him about his parents' opinion concerning his smoking, he says that

my father doesn't mind the idea of smoking at all, and I used to see him give to my older brothers the cigarettes in different occasions. My mother is trying to prevent and keep me away from smoking.

I met a 24-year-old smoker, A.Y. who says he smokes shisha, which researchers considered more dangerous and deadly than cigarettes and causes serious diseases. When I ask him how often and how much he smokes, Ahmed says he used to smoke every day at a rate of two hours a day. As for the reasons of his smoking, he says it reduces stress and the worries which he is experiencing.

The speech of one of the renowned doctors Dr. N. Najm consultant addiction psychiatrists in the Netherlands Smoking is a bad habit and very harmful to health and all living things as well on the whole world. Smoking affects all organs of the body because it affects the arteries and veins that exist throughout the body and consequently this will affect the organs. Smoking is the first and main cause of atherosclerosis and heart disease and lung cancer also the smoker is not hurting himself only but the impact of smoking will be on him and all the members of his family and this is called (passive smoking). There are also the material losses caused by smoking that the individual suffers from as well as his family and society and we advise all smokers to follow specialized methods and programs to get rid of smoking as we face the huge number of smoking patients in public hospitals and private clinics.

DR. NAJIM



SMOKING &  
CORONA



STOP  
SMOKING

Adding to that the inhalation of the smoke increases the chance of the inhaling of viruses, including the emerging virus novel Covid-19, into human lung, and the smoker's lung that is already destroyed as a result of smoking is more likely to be affected and the healing process is very difficult and the infection can lead to death. Also, the smoker's immune system is generally weak, making the first line of defense weak against the virus. The process of buying cigarettes and going to the markets to buy them and exchanging money with the seller will make you more likely in contact with the contaminated environment and more vulnerable to infection and transmission of the virus. The main cause of complications in the body of smokers is that they are exposed to 'Acute Respiratory Distress Syndrome', which occurs when fluid accumulates in the airbags of the lungs. This fluid prevents the lungs from filling in with enough air, which means less oxygen reaches the bloodstream.



This is what the experts have confirmed, as experts suggest this could be the reason behind the high infection of the men in China in comparison to the women as men in the Asian country are mainly the smokers. Last year, WHO had revealed that 47.6% of Chinese men smoke, while only 1.8 % of Chinese women smoke. According to the UCSF the Centre for Tobacco Research and Education, smokers who have recently been infected with Corona in China were 19 times more likely to suffer serious complications than people who had never smoked.



## BREAST CANCER



### WHAT IS BREAST CANCER?

Breast Cancer is a type of cancer that starts in the breast when the cells begin to grow out of control. Breast cancer cells usually form a tumor that can often be seen on an x-ray or felt as a lump. Breast cancer occurs almost entirely in Women, but men can get breast cancer as well. It's important to understand that most breast lumps are benign and not cancer (malignant). Non-cancerous breast tumors are abnormal growths but they do not spread outside of the breast. They are not life threatening, however some types of benign breast lumps can increase a woman's risk of getting breast cancer. Any breast lump or change needs to be checked by a health care professional to determine if it is benign or malignant (cancer) and if it might affect your future cancer risk see Non-cancerous Breast conditions to learn more.

### TYPES OF BREAST CANCER

There are many different types of breast cancer and common ones include ductal carcinoma in situ (BCIS) and invasive carcinoma, others, like phyllodes and angiosarcoma tumors are less common. Once a biopsy is done, breast cancer cells are tested for proteins called estrogen receptor, progesterone receptors and HER2. The tumor cells are also closely looked at in the lab to find out what grade it is. The tumor grade can help decide treatment options.

### WHERE CAN BREAST CANCER START?

Breast cancer can start from different parts of the breast:

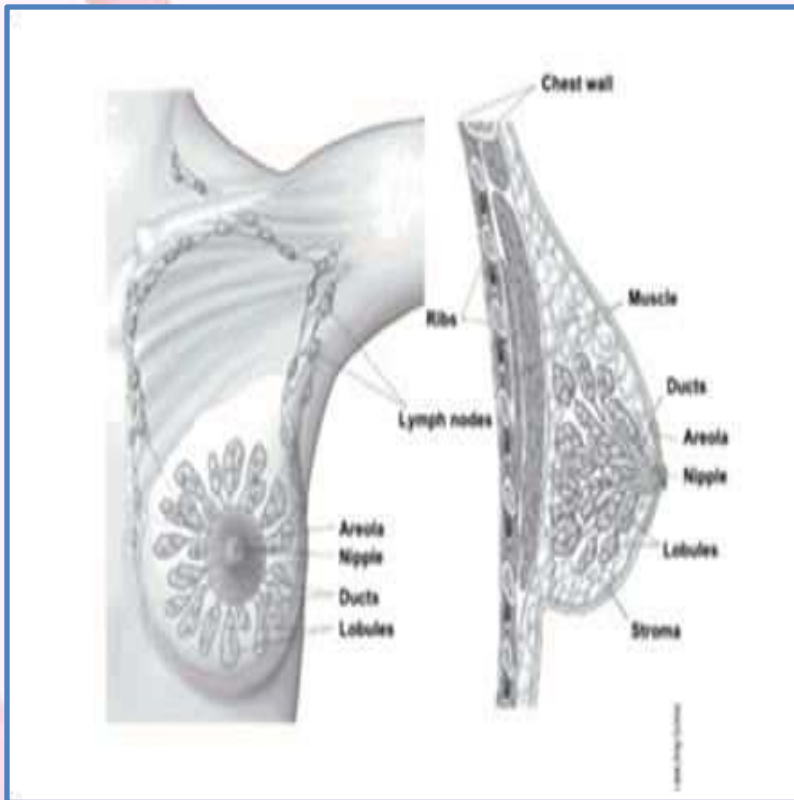
- Most breast cancers begin in the ducts that carry milk to the nipple (ductal cancers).
- Some start in the glands that make breast milk (lobular cancer).
- There are also other types of breast cancer that are less common like phyllodes tumor and angiosarcoma.
- A small number of cancers start in other tissues in the breast.

There are two kinds of cancer called sarcomas and lymphomas and are not really thought of as breast cancer.

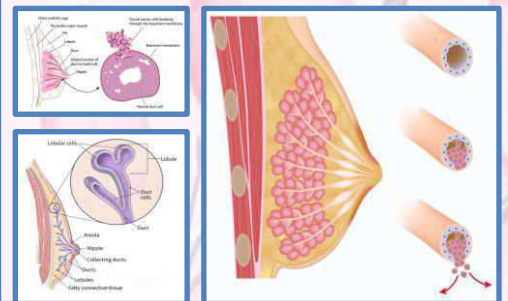
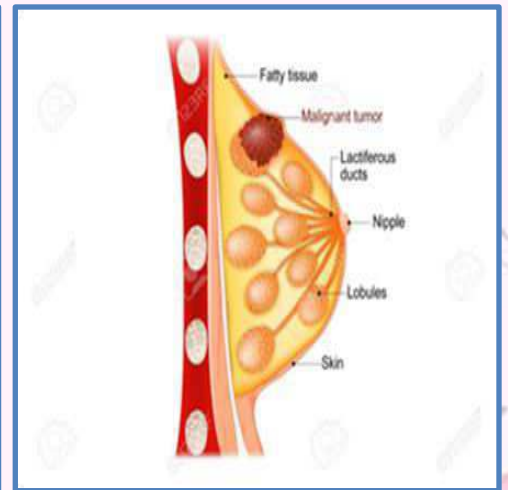




# BREAST CANCER: TREATMENT



**Normal Breast**



**Infected Breast**

## TREATMENT

- Surgery.
- Radiation therapy.
- Chemotherapy.
- Normal therapy.
- Targeted therapy.

# BREAST CANCER



It is noteworthy that recently Breast Cancer increasingly spreads among women; therefore, I conducted a search about this disease. Also, I interviewed my friend Doctor Amina Ghanim, who is a student in a College of Pharmacy, to ask her some questions about Breast Cancer.

**Here is the interview:**

**Bara':** Hi Amina .

**Amina:** Hi Bara' .

**Bara':** Can I ask you about Breast Cancer?

**Amina:** Yes, you can ask and I will help you if I can.

**Bara':** Who is at high risk for Breast Cancer among women?

**Amina:** Being a woman and getting older especially at the age of fifty is the main risk factors. Also obesity, the lack of exercises, alcohol, having children late in life, family history, are all possible risk factors along with a combination of many other factors.

**Bara':** Okay, so, can you summarize to me the warning symptoms of Breast Cancer?

**Amina:** Well, there are a lot of symptoms one of them is a mass in the breast, swelling of all or part of the breast, pain, skin irritation and nipple discharge and appears red as well.

**Bara':** Right, now can you tell me what are the necessary procedures for early detection of Breast Cancer?

**Amina:** Sure, actually, the most important procedure is screening test for Breast Cancer that called Mammogram. It can detect Breast Cancer up to two years before the tumor can be felt by you or your doctor. For that, my advice for women over the age of 45-50 should undergo a routine Mammogram once a year.

**Bara':** Thank you very much for your time.

**Amina:** You're welcome.

REPORTED BY  
BARAA ABDULLAH MAAN  
(2<sup>nd</sup> YEAR)

# REVENGE

## A SHORT STORY

WRITTEN BY  
RAHMA RAFAA (3<sup>rd</sup> YEAR)

Katrina Freeman was born in June 2, 1930, Los Angeles, California, United States. She grew up in a family consisted of a mother and an unknown father. From her childhood, Katrina was fond of fashion and she dreamt to be a model one day. When she grew up, she was lucky to find someone who likes her beauty and voice to eventually give her the opportunity to be a model; and then to participate and sing in a Hollywood movie in 1947. Soon, Katrina was able to be famous, successful and rich movie star, but her career's success is ruined due to the failure of her personal life. She discovered that she can't have children and because of that got divorced three times. She tried to compensate the failure of in her personal life with her achievements as an actress and a singer. Yet, her career was not sufficient to fill this gap and to obtain satisfaction and eventually she committed suicide in August 6, 1964, Los Angeles, California, United States.

After one year of the death of Katrina, a teenager girl called Christine was a dedicated fan to Katrina. She was very sad because of Katrina's death; therefore, she decided to revive the memory of her favourite model, actress and singer. So, she visited Katrina's abandoned house in Brantwood and ignited some candles to pray for Katrina's soul. As Christine spent all day in her icon's abandoned house, she feels overwhelmed when she returns home. For this reason, in the middle of the night, Christine was so happy and she was dancing and singing in front of the mirror. Suddenly, she heard a sound of a crying woman and when she looked at the mirror, she saw Katrina's sitting on the ground weeping bitterly. At first, Christine didn't believe her eyes, "Please Christine, don't be scared now, it's just a hallucination," she murmured. Then, as she prayed and went to sleep, she saw Katrina standing in front of her and she screamed so loudly and covers her face with her rug. Christine trembled and said: "I'm sorry Katrina for visiting your abandoned house. I might upset you, but I love you, please, don't hurt me." "I know that, Christine," Katrina replied. Christine whispered, "Christine! She knew what my name is!" She removed the rug just to see that Katrina's ghost was flying over her to be fainted immediately. Christine's spent her night seeing nightmares all the night because of Katrina's ghost, which eventually entered into Christine's body. At this moment, Christine was able to see Katrina's past, life and memories through her nightmares. In the morning, when Christine woke up, Katrina's ghost was waiting for her, "Hello Christine," the ghost whispered. After that, the ghost narrated the truth behind Katrina's death. She did not commit suicide! But she had been murdered by one of the well-known politician figures called, Bill Walter.

Katrina was in love with him, but when she decided to reveal her relationship with him, he refused because she is an actress. And thus, she threatened him to expose to the public the critical dangerous political issues and secrets that she had accidentally been discovered while she was visiting him in his house. Mr. Walter became very angry and decided with his

brother Lewis to kill Katrina and made it look like a suicide. Yet, the truth is that Katrina knew did not bury with her in grave. Instead, Katrina was so smart to keep a diary and recorded all the political secrets and information she knew. She even recorded details about the horrible crimes and conspiracies committed by the government. And hence, Katrina's ghost led Christine to the diary to be published in well-known newspapers. On his part, Mr. Walter denied everything and accused Christine of forgery and madness. He claims that Christine is nothing but a crazy girl and her story is a fancy of her wide imagination to gain fame and money.

After convincing every one of that she is crazy, Mr. Walter exploited his authority and power to send Christine to the same psychiatrist who helped him to kill Katrina. At the Mental and Psychiatric Hospital, the ghost of Katrina appeared again to Christine. This time it let her see when Mr. Walter and his brother planned to give Katrina bills to make her losing her mind. And then, they sent her to this hospital to kill her and to claim later that she committed suicide because of depression. Christine crazily screamed of what she had just seen from the memories of Katrina through her ghost causing everyone to believe that she is really mad.

Few days later, while Christine was suffering in the hospital, Mr. Walter was making a speech for the public to confirm that he is a respectful politician with good reputation and all of Christine's claims are bunch of lies intended to corrupt his image and reputation. In the meantime, someone hired by other members in the governments after publishing the diary of Katrina and shoots him from a distance to fall dead immediately. Knowing of the death of Mr. Walter, the psychiatrist felt sorry for Christine to be tortured in the hospital. He decided to make a deal with her to stop giving her the bills and declared that she is mentally healthy if she swear to leave the truth about Katrina's murder away. Christine accepted because after the assassination of Mr. Walter, the ghost of Katrina visited her for the last time saying, "Now, I'm relieved, thanks for your efforts to revenge upon my death. You can live in peace now as I am." When she got out from the hospital, Christine visited Katrina's grave, "Maybe I didn't take your revenge but I was the reason for that, now rest in peace my dear," she says.

THE END

# Sonnet 14 ( For Her )

By Qais Mohammed Yunis

Graduated Student

*I was sailing back alone once again,  
Towards the unforgettable memories I meant to hide  
But those memories that became unseen,  
Are still fixed in my noisy mind  
I remembered all those moments that made me feel proud,  
To face all the miseries alone without her to share  
When she was beside me in spite of the crowd,  
In which no one ever has even care!  
She was the only person I respect, I swear  
As nobody like her I've ever met a day  
I desperately happy to remember her,  
And therefore I have one more word to say  
That I'm still in love and she's here inside my heart,  
Through my breath and my soul to never be apart*



# *How Could You?*

*By Huda Al-Hassani*

*A Lecturer*

*How could you leave without goodbye?*

*You were one of my wings that made me fly,*

*Now you've gone and I have nothing, but bitter tears to cry.*

*How could you close those lovely eyes forever?*

*They were the light that ignites my ways one after another,*

*Now I'll live with their memory to make me feel better.*

*How could you stay away from me?*

*It's you who always cares and treats me kindly,*

*Now everything in my life is going so badly.*

*How could death be so cruel?*

*To take you like that without rule,*

*Now I can't help, but to also die to make control.*

# Recipe

A SWEAT RECIPE BY:  
AMINA KHIDER FATHI (3<sup>rd</sup> YEAR)

## How To Make Kunafa

### Ingredients:

1. Kunafa lattices
2. Butter or cooking oil
3. Muhallabieh / Milk pudding which consists of:
  - 2 Big spoons of cornstarch.
  - 2 Cups of water
  - 3 Big spoons of sugar.
  - 2 Big spoons of powder milk.
  - 6 Portions of Kiri cheese.

Mix them together in a pot on medium heat and leave it in room temperature.

### The Syrup:

1. 2 ½ Cups of sugar.
2. 2 Cups of water
3. A tea spoon of cardamom.

Put all the together in a pot and mix on medium heat.



### The Preparation

1. Put the Kunafa in a suitable plate, add the liquid butter and mix it carefully.
2. Cover the plate with cooking oil and put the first layer of the Kunafa lattice.
3. Then, put the Muhallabieh / Milk pudding on and cover it with the second layer of the Kunafa lattice and continue stacking the layers till the kunafa finishes or the tray fills up.
4. Put the tray in a (previously-warmed-up) oven until it gets carmalized on the surface.
5. Take it out and pour the sugar syrup / Shira.
6. Finally, it's ready eat.



# DID YOU KNOW

PREPARED BY:  
ZAKARYA MOHAMMAD FARIH (3<sup>rd</sup> YEAR)



Did you know that after the American Revolution, people in America decided to make a language different from the British. They thought that British English had too many things that are not necessary, for example, the British "colour" transformed into American "color".



Did you know that if you want to say "the day after tomorrow", we say "the day after tomorrow". But there's actually a word, one word for it which is "overmorrow".



Did you know that the word "Supercalifragilisticexpialidocious" is not the longest word in English but "Pneumonoultramicroscopicsilicovolcanoconiosis" is!



Did you know if you write down all the numbers as words (e.g. one, two, three...), you would not use the letter "b" until the word "billion".



Did you know that the word "queue" sounds the same even if the last four letters are removed.

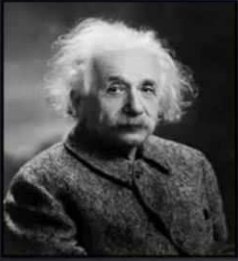


# WISDOMS

PREPARED BY:

MOHAMMAD TALALTAHA (3<sup>rd</sup> YEAR)

-Albert Einstein-



"I am thankful for all of those who said NO to me. It's because of them I'm doing it myself"

" أنا ممتن لجميع أولئك الذين قالوا لي لا. لأنني بسببهم فعلتها بنفسى "

-George Bernard Shaw-



" Those who cannot change their minds cannot change anything "

" أولئك الذين لا يستطيعون تغيير أفكارهم .. لا يستطيعون تغيير أي شيء "

-Thomas A. Edison-



" Many of life's failures are people who did not realize how close they were to success when they gave up "

" كثير من حالات الفشل في الحياة كانت لأشخاص لم يدركوا كم كانوا قريبين من النجاح عندما أقدموا على الإستسلام "

-Nelson Mandela-



" It always seems impossible until it's done "

" تبدو الأشياء دائما وكأنها مستحيلة إلى أن نقوم بها "

-Plato-



" Love is a serious mental disease "

" الحب مرض عقلي خطير "

# Caricature & Jokes

**When I finally figure out how to solve the question I skipped in the exam**



**“They paid me to build pipes, not to move rocks” 😂**



**Teacher:** Behind every successful man there is a woman

what do we learn from this?

**Student:** we should stop

wasting time in studies

and find a woman.



**Sheela:** Did you pass in your exam?



**Munni:** Our whole class passed but our teacher failed

sheela: how..?

**Munni:** She is still teaching

the same class..



3<sup>rd</sup> YEAR

MOHAMMAD HAMMODI

**FUN TIME**

2<sup>nd</sup> YEAR

MOHAMMAD JASIM



# PUZZLES

## Phonics Snakes & Ladders

**RULES:**  
 If you land on the bottom of a ladder, GO UP.  
 If you land on the top of a snake, GO DOWN.  
 You can play two ways!  
**Method 1:** Read the letter sound you landed on.  
**Method 2:** Think of a word that uses the letter sound you landed on (at the end or the beginning). Say the word before you roll again.

ch	air	ss	ng	sn	e_e	ai
sh	cr	ur	nd	or	igh	er
ew	ai	oy	scr	o_e	dry	ue
ou	nph	ey	sp	ow	dr	ure
wh	ck	ir	sk	ie	or	aw
ee	oo	igh	au	oy	ew	oo
e_e	ew	ea	str	aw	oe	ur
a_e	ure	ll	ir	ae	cry	sp
zz	f	u_e	an	ear	ie	br
br	tw	gr	fry	oa	oi	x

## Colorful Words

Fill in the blanks with the words APP, DIG, HIRE, HIT, INK, LACK, LOW, MAGE, OLD, ON, OR, RANGE, RAY, ROW, TERRA to reveal the 14 color names.

G X [ ] W X [ ] X E

IN X [ ] X O P X [ ]

EB X [ ] X Y G X [ ] X EN

[ ] X NTA IV X [ ] X Y

YEL X [ ] B X [ ] X N

S X [ ] X [ ] B X [ ]

O X [ ] [ ] X COTTA

ANSWER: GRAY, WHITE, INDIGO, PINK, EBONY, GOLDEN, MAGENTA, IVORY, YELLOW, BROWN, SAPPHIRE, BLACK, ORANGE, TERRACOTTA.

## Words from Test Tubes

Take a letter from every test tube and make a word!  
 Every letter can be used only once.

W	A	T	E	R	W	C	I	T	E	R
					R	A	A	V	A	N
					B	R	E	G	E	R
					O	I	E	H	K	

B	O	R	E	S	B	I	R	D	S
G	R	O	N	E					
E	A	O	R	T					
C	G	O	R	E					
S	T	R	S	K					

ANSWER: 1) WATER, CREEK, RIVER, BIGHT, OCEAN.  
 2) BIRDS, GOOSE, EGRET, CRANE, STORK.

C	U	P		L	E	T	H	A	R	G	I	C
H		E		E	A		D		O	N	O	
A	P	T	T	O	A	C	H	O	O		A	N
S		A					O		W		V	
T	U	L	I	P			A	S	I	N	I	N
E			I				D		N	P		Y
	B	A	D	T	E	M	P	E	R	E	D	
C		L		H		A						C
H	A	L	C	Y	O	N			T	A	C	K
E		Y			D					O		G
A	H			M	E	D	I	C	A	L	M	A
T	A	J		O		I		N		M		E
S	H	R	I	N	K	I	N	G		A	P	T

3<sup>rd</sup> YEAR  
 MOHAMMAD HAMMODI

PUZZLES

3<sup>rd</sup> YEAR  
 OTHMAN AWAD



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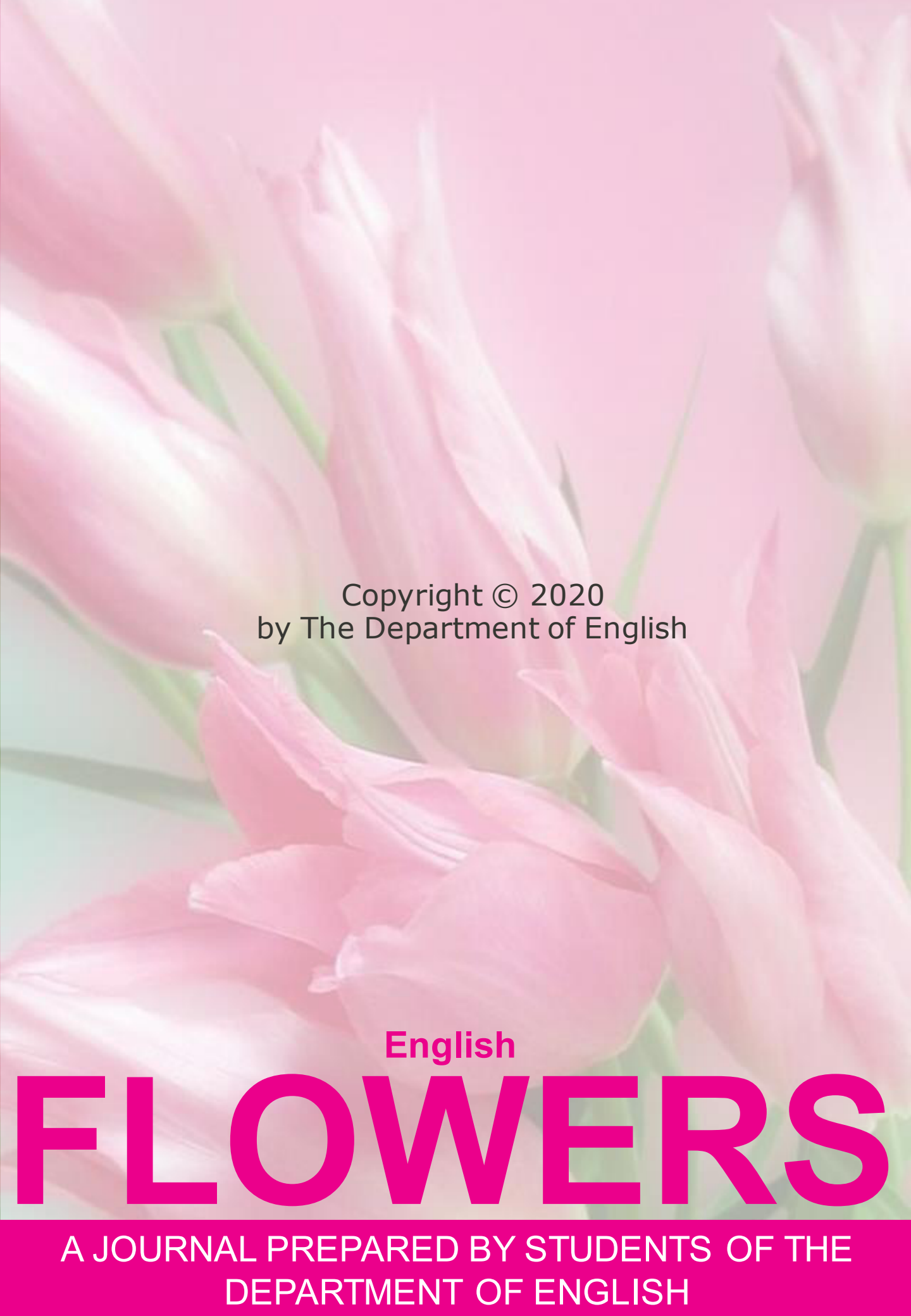
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