

عنوان المحاضرة: أساسيات التحدث بالإنكليزية
بطلاقة

المادة الدراسية: مهارات التحدث

المرحلة الدراسية: الثانية

مدرس المادة: م.م. علي يوسف محمود

العام الدراسي: ٢٠٢٥-٢٠٢٦



جامعة الموصل

كلية الآداب

القسم: الترجمة

1. Start speaking English as much as Possible

- The one thing you absolutely have to do to speak English fluently is **get more speaking practice**. Almost all advice on achieving your fluency goals will eventually come down to this. Nothing else you can do is as effective, or as important.
- **Buddy up** with an English speaker who is learning your native language. If you don't know anyone, try downloading a language exchange app.
- Use English learning apps with speech recognition software.
- Connect with a **small group** of international learners in online group classes.

2- Expose yourself to English every single day

If you want to speak fluently, it's vital to get as much exposure to English as possible. You should be doing something in English every day, even if you're not actively studying. There are simple changes you can make to your environment to help expose yourself to English:

Change your phone/social media/tablet settings to English

Listen to English music

Read the news in English

Commit to watching TV shows and movies in English

This technique is called “language immersion.” It’s a great way to get used to the sounds and text of a new language and to reinforce what you have learned.

3- Make the most of technology

- How many apps to learn English do you have on your phone right now? Probably at least one! The digital age has revolutionized language learning, and it’s easy to forget how lucky that makes us.
- There’s a wealth of study technology available, so choose carefully. Make sure that you’re using the most effective resources for your own study habits, and that you’re not

falling into the trap of **relying too heavily on game-like apps.**

- VOA news, BBC world, TEDx, TED Speeches, English Speeches, etc....

4- Use resources made for your level

- If you're determined to reach fluency, it can be tempting to skip over resources made for intermediate-level English learners and jump straight into content made for fluent English speakers.
- Every ambitious language learner has done this at some point or another! However, the reality is that you'll get a lot more from your study hours if you use resources made for your level.

- For instance, instead of watching the latest American blockbuster with subtitles on in your own language, try watching an episode of an English-language cartoon without any subtitles. You will understand far more and will gain more new vocabulary from the context.