

Course Description Form

Course Description

This course description provides a concise summary of the main characteristics of the course and the learning outcomes expected of students, demonstrating whether maximum benefit has been gained from the learning opportunities available. It must be linked to the programme description.

1. Educational institution	College of Physical Education and Sports Sciences - University of Mosul
2. Scientific Department / Center	Sport Sciences Branch
3. Course Name/Code	History and philosophy of physical education, first stage / SESS24F1011
4. Available attendance forms	weekly
5. Chapter/Year	2023- 2024
6. Number of study hours (total)	2 hours per week
7. Date this description was prepared	2023- 2024
8. Course objectives	<ol style="list-style-type: none">1. Identifying the philosophy of physical education and its relationship to general philosophy.2. Identifying the role of physical education in building and developing societies and its role in the establishment of Eastern and Western civilizations.3. Contributing to spreading sports awareness and sports culture according to sports and historical sources and references and adopting the scientific approach in this regard.4. Contributing to serving the community by encouraging the development of sports schools, fitness centers and sports clubs.

5. Preparing scientific cadres to work seriously in the field of physical education and sports and activating the pioneering and influential role of the physical education teacher in schools.

9. Course outcomes, teaching, learning and assessment methods

A- Cognitive objectives

1. Preparing specialized scientific cadres in the field of teaching physical education and sports, in addition to preparing researchers in this field to raise the level of scientific research in the sports field.
2. Contributing to spreading sports awareness and sports culture and consolidating the role played by physical education and sports in the renaissance and development of societies.
3. Contributing to serving the community through awareness and guidance towards working in fitness centers, sports clubs and specialized sports schools in a manner that is consistent with the needs of the labor market.

B - Course specific skill objectives

1. The ability to express opinions clearly, and accept the opinions of others.
2. The ability to form groups and distribute tasks.
3. The skill of presentation and delivery in front of others.
4. The skill of constructive and purposeful criticism, dialogue and discussion with others.

Teaching and learning methods

- The lecture
- Interactive e-learning

Evaluation methods

Quiz + Midterm Exams

C- Emotional and value-based goals

1. Enhancing the student's self-confidence and encouraging her to interact and discuss.
2. Stimulating the spirit of competition among students.

Teaching and learning methods

1. Interactive e-learning

2. Assignment to prepare for the new study material

Evaluation methods

- Final evaluation of group assignments and discussion with students.
- Measuring the extent of students' response to these costs.

D - General and transferable skills (other skills related to employability and personal development).

D1-Acquiring the skills of adaptation and cognitive performance.

D2- The skill of influencing others.

10. Course structure

The week	Hours	Required learning outcomes	Unit name/topic	Teaching method	Evaluation method
the first	2		Providing directions and an introductory overview of the course + presenting the course content and directions for evaluation, grade distribution and explaining the lecture mechanism	In-person lecture	
the second	2		The aim of studying the history of physical education	In-person lecture	Attendance and interaction
the third	2		Physical education in primitive society	In-person lecture	Attendance and interaction
Fourth	2		Physical education in the civilization of Mesopotamia	In-person lecture	Attendance and interaction
Fifth	2		Physical education in ancient Egypt	In-person lecture	Attendance and interaction
Sixth	2		Physical Education in India	In-person lecture	Attendance and interaction
Seventh	2		Physical Education in China + Physical Education in Persia	In-person lecture	Attendance and interaction

The eighth	2	First semester exam			
Ninth	2		Physical education in Athens	In-person lecture	Attendance and interaction
tenth	2		Physical Education in Ancient and Modern Rome	In-person lecture	Attendance and interaction
eleventh	2		Meaning of Renaissance	In-person lecture	Attendance and interaction
twelfth	2		Panhellenic National Games	In-person lecture	Attendance and interaction
thirteenth	2		Physical education in Sparta	In-person lecture	Attendance and interaction
fourteenth	2		Physical education in the chivalric era	In-person lecture	Attendance and interaction
fifteenth	2		Physical education in the Middle Ages	In-person lecture	Attendance and interaction
Sixteenth	2		Modern Olympic Games	In-person lecture	Attendance and interaction
seventeenth	2		Physical education in European countries in the year 1800	In-person lecture	Attendance and interaction
eighteenth	2		Physical education among Arabs	In-person lecture	Attendance and interaction
nineteenth	2		Sports among the Arabs	In-person lecture	Attendance and interaction
Twenty	2		Physical education in Iraq	In-person lecture	Attendance and interaction
Twenty one	2		A historical overview of the sports movement in Iraq	In-person lecture	Attendance and interaction

Twenty -second	2	Second semester exam
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11. Infrastructure	
1- Required Textbooks	A booklet on the subject of History and Philosophy of Physical Education. Written by Prof. Dr. Saud Abdul Mohsen
2- Main References (Sources)	- Al-Khatib, Munther Hashim.3117). Educational curricula and physical education curricula, University of Baghdad, College of Physical Education.
1) Recommended books and references (scientific journals, reports, etc.) 2) Electronic references, websites,.....	Al-Khawli, Amin Anwar.2013). Fundamentals of Physical Education and Sports (Introduction, History and Philosophy), Dar Al Fikr Al Arabi, Cairo.

12. Curriculum Development Plan
<p>1. Developing the educational content by adding and modifying the vocabulary of the educational material.</p> <p>2. Diversifying the methods used in the teaching process.</p>