

## Course Description Form

### Course Description

This course description provides a concise summary of the main characteristics of the course and the learning outcomes expected of students, demonstrating whether maximum benefit has been gained from the learning opportunities available. It must be linked to the programmed description.

<b>1. Educational institution</b>	College of Physical Education and Sports Sciences
<b>2. Scientific Department / Center</b>	Sport Sciences Branch
<b>3. Course Name/Code</b>	Teaching methods Third stage /SESS24F3041
<b>4. Available attendance forms</b>	practical
<b>5. Chapter/Year</b>	2023- 2024
<b>6. Number of study hours (total)</b>	4 hours per week
<b>7. Date this description was prepared</b>	2023 - 2024
<b>8. Course objectives:</b>	
<ul style="list-style-type: none"><li>- Students learn methods of teaching physical education.</li><li>- Teaching students physical education teaching methods.</li><li>- Teaching students methods of teaching sports skills for various sports events.</li><li>- Teaching students the types of feedback and how to provide it</li><li>- Teaching students the basic concepts of teaching methods and the classroom environment.</li></ul>	

## 9. Course outcomes, teaching, learning and assessment methods:

### A- Cognitive objectives

A1-At the end of the course, students will be able to describe the basic concepts of teaching methods.

A2- At the end of the course, students should be able to write a lesson plan for one of the physical education teaching methods.

A3- At the end of the course, students should be able to write a lesson plan for one of the physical education teaching methods.

A4- At the end of the course, students should be able to prepare a draft of the physical education lesson programme.

### B - Course specific skill objectives

1 - At the end of the course, students should be able to produce a physical education lesson using one of the physical education teaching methods.

2 - At the end of the course, students should be able to produce a physical education lesson using one of the physical education teaching methods.

3- At the end of the course, students should be able to manage a physical education lesson using teaching skills.

4-At the end of the course, students will be able to use sports skills teaching methods to teach basic skills for sports events (football, basketball, volleyball, handball, gymnastics, track and field games).

5- At the end of the course, students should be able to produce any skill exercise.

6- At the end of the course, students should be able to perform any physical exercise.

### Teaching methods

### Learning methods

1- Lecture method

1- Partial and total method

2- Advanced Lecture Method

2- Team teaching

3- Blended learning method

3- Trial and error method

4- E-learning method

4- Learning method for mastery

### Evaluation methods:

1- Individual assessment

2- Group evaluation

3- Self-assessment

4-Project evaluation

5-Field evaluation

### C- Emotional and value goals

1- The curriculum should develop a spirit of challenge.

2- The curriculum should develop the spirit of courage.

- 3- The curriculum should develop self-confidence.
- 4- The curriculum should develop the spirit of altruism.

**Teaching and learning methods:**

- 1- Guidance programs
- 2-Academic workshops
- 3- Specialized courses

**Evaluation methods:**

- 1- Value standards
- 2-Ethical standards
- 3- Behavioral standards

**D - General and transferable skills (other skills related to employability and personal development):**

- D1- Safety and security skills
- D2- Management skills
- D3- Evaluation skills
- D4- Organizational skills

**10. Course structure:**

The week	Hours	Required learning outcomes	Unit name/topic	Teaching method	Evaluation method
1	4 hours	Explanation of methods for extracting general warm-up	Application of general warm-up methods	The lecture	Group evaluation
2	4 hours	Special warm-up explanation (physical exercises)	Practical application of special warm-up (physical exercises)	Partial method	Individual assessment
3	4 hours	Special warm-up explanation (physical exercises)	Practical application of special warm-up (physical exercises)	Total method	Individual assessment
4	4 hours	Explain how to extract the educational activity	Practical application of the method of producing educational activity	Partial method And the college	Individual assessment
5	4 hours	Explanation of the plan with two activities	Implementing the diversified plan with two activities	The lecture	Individual assessment
6	4 hours			Field application	Individual assessment

7	4 hours			Field application	Individual assessment
8	4 hours	Explanation of the plan with four activities	Implementing the diverse plan with four activities	The lecture	Individual assessment
9	4 hours			Field application	Individual assessment
10	4 hours			Field application	Individual assessment
11	4 hours	Explanation of the educational unit plan	Implementation of the educational unit plan	The lecture	Individual assessment
12	4 hours			Field application	Group evaluation
13	4 hours			Field application	Group evaluation
14	4 hours			Field application	Individual assessment
15	4 hours	<b>First semester theoretical exam + first semester practical exam (with study plans)</b>			
<b>Mid-year holiday</b>					
16	4 hours	Explanation of the imperative mood	Apply the American style	The lecture	Individual assessment
17	4 hours	Explanation of the training method	Application of the training method	The lecture	Group evaluation
18	4 hours			Field application	Individual assessment
19	4 hours			Field application	Individual assessment
20	4 hours	Explanation of the reciprocal method	Application of the reciprocal method	The lecture	Individual assessment
21	4 hours			Field application	Individual assessment

22	4 hours			Field application	Individual assessment
23	4 hours	Explanation of the method of self-examination	Self-examination method application	The lecture	Individual assessment
24	4 hours	Explanation of the method of self-examination	Self-examination method application	Field application	Individual assessment
25	4 hours	Explanation of the method of self-examination	Self-examination method application	Field application	Individual assessment
26	4 hours	Explanation of the embedding style	Apply the embedding method	The lecture	Individual assessment
27	4 hours	Explanation of the embedding style	Apply the embedding method	Field application	Individual assessment
28	4 hours	Explanation of the embedding style	Apply the embedding method	Field application	Individual assessment
29	4 hours	<b>Theoretical exam</b>			
30	4 hours	<b>Final practical exam for all methods</b>			

### 11. Infrastructure:

<b>1- Required Textbooks</b>	- Methods of teaching physical education, Diaan Al-Khayat / Walid Waad Allah / Talal Najm (2009)
<b>2- Main References (Sources)</b>	- A booklet on teaching methods of physical education by Dr. Walid Waad Allah
<b>1) Model plans for methods and approaches to teaching physical education</b> <b>2) Electronic references, websites</b>	Dr. Ayad Muhammad Sheet, Dr. Muhammad Suhail, and Dr. Safaa Dhnoon

### 12. Curriculum Development Plan

- Periodic review of academic courses
- Diversifying the methods used in the teaching process