

# Course Description Form

## Course Description

This course description provides a concise summary of the main characteristics of the course and the learning outcomes expected of students, demonstrating whether maximum benefit has been gained from the learning opportunities available. It must be linked to the programmed description.

<b>1. Educational institution</b>	College of Physical Education and Sports Sciences
<b>2. Scientific Department / Center</b>	Sport sciences branch
<b>3. Course Name/Code</b>	Teaching methods, second stage/ <b>SESS24F2051</b>
<b>4. Available attendance forms</b>	practical
<b>5. Chapter/Year</b>	2023- 2024
<b>6. Number of study hours (total)</b>	2 hours per week
<b>7. Date this description was prepared</b>	2023 - 2024
<b>8. Course objectives:</b>	
<ul style="list-style-type: none"><li>- Students learn the teaching skills necessary to teach physical education in primary schools.</li><li>- Knowing the physical education lesson plan, the rules for teaching physical education, and the plan's requirements in all administrative, skill-based, and teaching aspects.</li><li>- The possibility of teaching students physical education after they graduate from college. This is the main goal of the college to graduate physical education teachers, as they will teach and train students in various sports activities and events and employ teaching skills to teach students.</li><li>- Developing physical and psychological qualities, developing and upgrading teaching skills, and developing teaching skills before, during and after the lesson.</li><li>- Employing the science of physical education teaching methods to enable the graduate of the College of Physical Education to achieve the cognitive, skill and emotional integration required by the teaching profession.</li></ul>	

## 9. Course outcomes, teaching, learning and assessment methods:

### A- Cognitive objectives

- A1- At the end of the course, students should be able to define and master the general and specific objectives of the subject of physical education.
- A2- At the end of the course, students should be able to know the details of writing and teaching physical exercises.
- A3- At the end of the course, students should be able to develop physical qualities, develop and upgrade teaching skills, and mental abilities, as it increases the ability to concentrate, and develops the ability to think and observe.
- A4- At the end of the course, students will be able to plan well and effectively for the physical education subject for the primary stage, with knowledge of the classroom and extracurricular activities of the physical education program for the primary stage.

### B - Course specific skill objectives

- 1 - At the end of the course, students should be able to teach physical exercises and related subjects.
- 2 - At the end of the course, students will be able to teach the physical education lesson plan for the first primary stage.
- 3 - At the end of the course, students will be able to teach the physical education lesson plan for the second primary stage.
- 4- At the end of the course, students will be able to write a physical education lesson plan for the first primary stage.
- 5- At the end of the course, students will be able to write a physical education lesson plan for the second primary stage.
- 6- At the end of the course, students will be able to write and teach small games.

### Teaching methods

- 1- Lecture method
- 2- Advanced Lecture Method
- 3- Blended learning method
- 4- E-learning method

### Learning methods

- 1- Partial method
- 2- The comprehensive method
- 3- Trial and error method
- 4- Learning method for mastery

### Evaluation methods:

- 1- Individual assessment
- 2- Group evaluation
- 3- Self-assessment
- 4- Project evaluation
- 5- Field evaluation

**C- Emotional and value goals**

- 1- The curriculum should develop a spirit of challenge.
- 2- The curriculum should develop the spirit of courage.
- 3- The curriculum should develop self-confidence.
- 4- The curriculum should develop the spirit of altruism.
- 5- The curriculum should develop the spirit of cooperation.
- 6- The curriculum should develop the spirit of leadership.

**Teaching and learning methods:**

- 1- Guidance programs
- 2- Academic workshops
- 3- Specialized courses

**Evaluation methods:**

- 1- Value standards
- 2- Ethical standards
- 3- Behavioral standards

**D - General and transferable skills (other skills related to employability and personal development):**

- D1- Safety and security skills
- D2- Helping methods skills
- D3- First aid
- D4- Injury rehabilitation

**10. Course structure:**

The week	Hours	Required learning outcomes	Unit name/topic	Teaching method	Evaluation method
1	2 hours	Explaining the scientific aspects of the concept, conditions, formulation and classification of educational objectives Cognitive goals and affective goals	Educational objectives	The lecture	Group evaluation
2	2 hours	Explaining the scientific aspects of the concept, conditions, formulation and classification of educational objectives Psychomotor and behavioral goals	Educational objectives	The lecture	Group evaluation

3	2 hours	Explain the concept of teaching and related concepts (education, learning, teaching)	Teaching and Concepts Associated with it	The lecture	Group evaluation
4	2 hours	Explaining and teaching the basics and principles of teaching	Foundations and principles of teaching	The lecture	Group evaluation
5	2 hours	Explaining and teaching the elements of the teaching process Teacher - Subject	Elements of the teaching process	Advanced Lecture	Group evaluation
6	2 hours	Explaining and teaching the elements of the teaching process Learner - Learner Environment	Elements of the teaching process	Advanced Lecture	Group evaluation
7	2 hours	Explaining and teaching the concept of physical exercises, their features and types	Physical exercises	Advanced Lecture	Group evaluation
8	2 hours	Explaining and teaching the terms and positions of physical exercises	Physical exercises	Advanced Lecture	Individual assessment
9	2 hours	<b>Theoretical and practical exam for the first semester, the first exam</b>			
10	2 hours	Explanation and application of the basic terms and positions of physical exercises	Terms and conditions for physical exercises	Blended learning	Individual assessment
11	2 hours	Explanation and application of derived positions for arms, trunk and legs	Derived positions of arms, trunk and legs	Advanced Lecture	Individual assessment
12	2 hours	Explanation and application of special situations and principles of writing physical exercises	Special situations and principles of writing physical exercises	Advanced Lecture	Group evaluation
13	2 hours	Explanation and application of the instruction for physical education	Instruction for physical education	Blended learning	Group evaluation
14	2 hours	Explanation and application of types of instructions for physical positions and exercises	Types of instructions for physical positions and exercises	Blended learning	Individual assessment
15	2 hours	<b>Theoretical and practical exam for the first semester + the second exam</b>			
<b>Mid-year holiday</b>					
16	2 hours	Re-training of all previous teaching skills		The lecture	

17	2 hours	Explanation of the physical education lesson for the first primary stage	Physical Education Lesson - Contents and Details	Advanced Lecture	Group evaluation
18	2 hours	Practical application of the physical education lesson for the first primary stage with assignments	Physical education lesson	Advanced Lecture	Group evaluation
19	2 hours	Practical application of the physical education lesson for the first primary stage with assignments	Physical education lesson	Advanced Lecture	Group evaluation
20	2 hours	Practical application of the physical education lesson for the first primary stage with assignments	Physical education lesson	Advanced Lecture	Group evaluation
21	2 hours	Practical application of the physical education lesson for the first primary stage with assignments	Physical education lesson	Advanced Lecture	Individual assessment
22	2 hours	<b>The semester exam for the physical education lesson for the first primary stage First semester exam for the second semester, theoretical and practical</b>			
23	2 hours	Explanation of the physical education lesson for the second primary stage	Physical education lesson with its contents and details	Blended learning	Individual assessment
24	2 hours	Practical application of the physical education lesson for the second primary stage with assignments	Physical education lesson	Blended learning	Individual assessment
25	2 hours			Blended learning	Individual assessment
26	2 hours			Blended learning	Individual assessment
27	2 hours			Blended learning	Individual assessment
28	2 hours	<b>Theoretical exam, second semester, second exam Second semester exam for the second semester, theoretical and practical</b>			
29	2 hours	Explanation of the physical education lesson in special circumstances and its application	Physical education lesson in special circumstances	Blended learning	Self-assessment
30	2 hours	Explanation of formations, mini-games, surprise moves and additional duties.	Formations, mini-games, surprise moves, and extra duties.	Blended learning	Self-assessment

31	2 hours	Explanation of mini games, their concept, importance and types	Mini games, their concept, importance and types	Blended learning	Self-assessment
32	2 hours	Explanation of the physical education program, its contents and activities	Physical Education Program	Blended learning	Self-assessment
33	2 hours	<b>Final theoretical and practical exam</b>			

### 11. Infrastructure:

<b>1-Required Textbooks</b>	- Methods of teaching physical education - Al-Khayat, Al-Atwi and Al-Naimi
<b>2-Main References (Sources)</b>	- Physical Education Teaching Methods Booklet for the Second Stage - Prepared by Dr. Walid Waad Allah Ali
<b>1)Recommended books and references (scientific journals, reports, etc.) 2)Electronic references, websites</b>	- Student's Guide to Field Applications of Physical Education - Al-Mandlawi and others

### 12. Curriculum Development Plan

- Periodic review of curricula
- Diversifying the methods used in the teaching process