

Course Description Form

Course Description

This course description provides a concise summary of the main features of the course and the learning outcomes expected of students. It demonstrates whether the course has made the most of the available learning opportunities. It must be linked to the program description.

Faculty of Physical Education and Sports Sciences	Educational institution ١.
Team Games Branch	Scientific Department / Center ٢.
Volleyball Stage Two /SETM25F2111	Course Name/Code ٣.
practical	Available attendance forms ٤.
2024 – 2025	semester/year ٥.
4 hours per week	Number of study hours (total) ٦.
2024 – 2025	Date this description was prepared ٧.

8.Course objectives:

Students learn to perform their six diverse skills (serving in all its types, -
passing from above in all its types, passing from below in all its types,
smashing in all its types, blocking wall).
Knowing the different rules, laws and requirements of the game. -
The possibility of teaching students this activity after they graduate from the -
college. This is the primary goal of the college to graduate physical education
teachers, as they will teach and train students in various sports activities and
events.
Developing physical and psychological qualities, developing and upgrading -

motor skills, and developing the nervous system, as it increases the ability to concentrate and develops the ability to think and observe.

Employing biomechanics to achieve the technique with the least possible effort - according to the mechanical variables of movement.

8.Course outcomes, teaching, learning and assessment methods:

A– Cognitive objectives

A1– At the end of the course, students should be able to define (serve, pass, smash, block).

A2– At the end of the course, students should be able to know the rules, regulations and requirements of the game.

A3– At the end of the course, students should be able to develop physical qualities, develop and upgrade motor skills, and mental abilities, as it increases the ability to concentrate and develops the ability to think and observe.

A4– At the end of the course, students should be able to perform the skills well..

B – Course specific skill objectives

for1– At the end of the course, students should be able to perform the sending skill.

for3– At the end of the course, students should be able to perform the skill of passing from above.

for4–At the end of the course, students should be able to perform the smash skill.

for5– At the end of the course, students should be able to perform the wall.

for6– At the end of the course, students should be able to perform field defense.

Teaching and learning methods:

Teaching method

Learning method

1– Lecture method 1– Learn the partial method

Advanced Lecture Method

2– Learn the holistic method 2–

Blended learning method

3– Trial and error method 3–

E-learning method

4– Learning method for mastery 4–

Evaluation methods:

1-Individual assessment 2- Group evaluation 3- Self-assessment 4- Project evaluation 5- Field evaluation
C- Emotional and value goals C1- The curriculum should develop the spirit of challenge. C2- The curriculum should develop the spirit of courage. C3- The curriculum develops self-confidence. C4- The curriculum should develop the spirit of altruism.
Teaching and learning methods:
1-Guidance programs 2- Academic workshops 3- Specialized courses
Evaluation methods:
1-Value standards 2- Ethical standards 3- Behavioural standards
D - General and transferable skills (other skills related to employability and personal development): D1- Safety and security skills D2- Skills of ways to help D3- First aid D4- Injury rehabilitation

Course structure: .^					
Evaluation method	Teaching method	Unit name/topic	Required learning outcomes	watch es	week
Group evaluation	Lecture method	History of volleyball	Explain the history of volleyball	4 hours	1
Group evaluation	Lecture method	Features of volleyball	Explanation of the characteristics of volleyball	4 hours	2
Group	Lecture	Volleyball skills	Volleyball skill development	4	3

evaluation	method	development and classification	explained	hours	
Group evaluation	Lecture method	Practical application of the skill of sending from below	Explanation of the skill of sending from below	4 hours	4
Group evaluation	Advanced Lecture Method	Practical application of the skill of sending from above	Explanation of the skill of sending from above	4 hours	5
Group evaluation	Advanced Lecture Method	Practical application of the forward undulating serve skill	Explanation of the forward wavy serve skill	4 hours	6
Group evaluation	Advanced Lecture Method	Practical application of the skill of pressing the transmitter	Teaching the skill of pressing the serve	4 hours	7
Individual assessment	Advanced Lecture Method	Application of the skill of undulating serve from jumping	Teaching the skill of the wavy serve from the jump	4 hours	8
Individual assessment	Advanced Lecture Method	Practical application of the skill of passing from top to front	Teaching the skill of passing from top to front	4 hours	9
Individual assessment	Blended learning	Practical application of the skill of passing from top to back	Explanation and teaching of the skill of passing from top to back	4 hours	10
Individual assessment	Advanced Lecture Method	Practical application of the skill of forward passing by jumping	Explanation and teaching of the skill of passing forward by jumping	4 hours	11
Group evaluation	Advanced Lecture Method	Practical application of the skill of passing from below	Explanation and teaching of the skill of passing from below	4 hours	12
Group evaluation	Blended learning method	Practical application from bottom to back	Explanation of the skill of passing from bottom to back	4 hours	13
Individual assessment	Blended learning method	Practical application of the skill of passing from the bottom side	Explanation of the skill of passing from the bottom side	4 hours	14
Theoretical exam, first semester + practical exam, first semester				4 hours	15
Mid-year holiday					
	Lecture method	Practical application of the crushing skill	Theoretical explanation of the smash skill	4 hours	16
Group	Advanced	Practical application of	Explanation and teaching of	4	17

evaluation	Lecture Method	the high smash skill	the high smash skill	hours	
Group evaluation	Advanced Lecture Method	Practical application of the skill of smashing by changing direction	Explanation and teaching of the skill of smashing by changing direction	4 hours	18
Group evaluation	Advanced Lecture Method	Practical application of the short smash skill	Explanation and teaching of the short smash skill	4 hours	19
Group evaluation	Advanced Lecture Method	Practical application of the skill of short smash hit with deception	Explanation and teaching of the skill of short smash hit with deception	4 hours	20
Individual assessment	Advanced Lecture Method	Practical application of the short-cut smash skill	Explanation and teaching of the short-cut smash skill	4 hours	21
Individual assessment	Lecture method	Practical application of the back smash skill	Explanation and teaching of the back smash skill	4 hours	22
Individual assessment	Blended learning	Practical application of the firewall skill	Theoretical explanation of the blocking wall skill	4 hours	23
Individual assessment	Blended learning	Practical application of the individual blocking skill	Explanation and teaching of the individual blocking skill	4 hours	24
Individual assessment	Blended learning	Practical application of movement in the blocking wall skill	Explanation and teaching of movement in the blocking wall skill	4 hours	25
Individual assessment	Blended learning	Practical application of the movement in the skill of the double wall	Explanation and teaching of the movement in the skill of the double block wall	4 hours	26
Individual assessment	Blended learning	Practical application of the movement in the skill of the triple block wall	Explanation and teaching of the movement in the triple blocking wall skill	4 hours	27
Quarterly theoretical exam				4 hours	28
Quarterly practical exam				4 hours	29
Final practical exam in skills				4 hours	30
9. Infrastructure:					
Volleyball is a skillful performance art. Laith Al-Banna			Required textbooks -\		

- Individual volleyball technique. Aqeel Al-Kateb, and others.	Main References -٢ (Sources)
Volleyball / History, Skills, Planning, match management and training	Recommended books and (١ references (scientific journals, reports, etc.) Electronic references, websites(٢


Curriculum Development Plan .٩
Periodic review of academic curricula - Diversifying the methods used in the teaching process -

Subject teachers

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