

Course Description Form

Course Description

This course description provides a concise summary of the main features of the course and the learning outcomes expected of students. It demonstrates whether the course has made the most of the available learning opportunities. It must be linked to the program description.

Faculty of Physical Education and Sports Sciences	Educational institution .1
Team Games Branch	Scientific Department / Center .2
Handball second stage /SETM25F2101	Course Name/Code .3
practical	Available attendance forms .4
2024-2025	semester/year .5
4 hours per week	Number of study hours (total) .6
2024 - 2025	Date this description was prepared .7

8. Course objectives:

Students learn to perform various basic offensive and defensive skills, whether -
with the ball (holding and receiving the ball, passing, dribbling, shooting, deception) or without the ball (starting and stopping, moving sideways and backwards, running with a change of direction or with a change of speed, jumping and flying, falling, landing, body deception, blocking).

Knowing the rules of handball (10) The first legal materials. -

The possibility of teaching students this activity after they graduate from the -
college. This is the primary goal of the college to graduate physical education teachers, as they will teach and train students in various sports activities and events.

Developing physical and psychological qualities, developing and upgrading -

motor skills, and developing the nervous system, as it increases the ability to concentrate and develops the ability to think and observe.

Employing the science of motor learning to achieve the technique with the least possible effort according to the skill variables of the movement.

8.Course outcomes, teaching, learning and assessment methods:

A– Cognitive objectives

A1–At the end of the course, students will be able to define (offensive and defensive handball skills).

A2– At the end of the course, students should be able to understand part of the requirements of the handball law.

A3– At the end of the course, students should be able to develop physical qualities, develop and upgrade motor skills, and mental abilities, as it increases the ability to concentrate and develops the ability to think and observe.

A4– At the end of the course, students should be able to perform all basic handball skills..

B – Course specific skill objectives

for1– At the end of the course, students should be able to perform offensive skills with the ball.

for2– At the end of the course, students should be able to perform offensive skills without the ball.

for3– At the end of the course, students should be able to perform defensive skills.

for4–At the end of the course, students should be able to know part of the handball law.10) The first legal materials.

Teaching methods

learning methods

Lecture method

1– Learn the partial method 1–

Advanced Lecture Method

2– Learn the holistic method 2–

Blended learning method

3– Trial and error method 3–

E–learning method

4– Learning method for mastery 4–

Evaluation methods:

- 1-Individual assessment
- 2- Group evaluation
- 3- Self-assessment
- 4- Project evaluation
- 5- Field evaluation

C- Emotional and value goals

- C1- The curriculum should develop the spirit of challenge.
- C2- The curriculum should develop the spirit of courage.
- C3- The curriculum develops self-confidence.
- C4- The curriculum should develop the spirit of altruism.

Teaching and learning methods:

- 1-Guidance programs
- 2- Academic workshops
- 3- Specialized courses

Evaluation methods:

- 1-Value standards
- 2- Ethical standards
- 3- Behavioral standards

D - General and transferable skills (other skills related to employability and personal development):

- D1- Safety and security skills
- D2- Skills of ways to help
- D3- First aid
- D4- Injury rehabilitation

9.Course structure:

Evaluation method	Teaching method	Unit name/topic	Required learning outcomes	watch es	week
Group evaluation	Lecture	Definition of the nature of handball	Definition of the nature of handball and how to play it	4 hours	1

Group evaluation	Lecture	Practical application of offensive and defensive skills without the ball	Offensive and defensive skills explained without the ball	4 hours	2
Group evaluation	Lecture	Practical application of offensive ball skills	Explanation of offensive ball skills	4 hours	3
Individual assessment	Lecture	Practical application of the skill of holding and receiving the ball from above	Teaching the skill of holding and receiving the ball from above	4 hours	4
Individual assessment	Advanced Lecture	Practical application of the skill of holding and receiving the ball from below	Teaching the skill of holding and receiving the ball from below	4 hours	5
Individual assessment	Advanced Lecture	Practical application of the skill of stopping the ball	Teaching the skill of stopping the ball	4 hours	6
Individual assessment	Advanced Lecture	Practical application of ball catching skill	Teaching the skill of catching the ball	4 hours	7
Individual assessment	Advanced Lecture	View (dimensions and measurements of the field) practically	Explanation of Article 1 of the Handball Laws (Dimensions and Measurements of the Court)	4 hours	8
Individual assessment	Advanced Lecture	Explanation of Article 2 of the Handball Laws (playing time, end signal, time-out)	Explanation of Article 2 of the Handball Laws (playing time, end signal, time-out)	4 hours	9
Individual assessment	Blended learning	Practical application of the skill of passing over the shoulder	Explanation of the skill of passing over the shoulder	4 hours	10
Individual assessment	Advanced Lecture	Practical application of the skill of passing over the head	Explanation of the skill of passing over the head	4 hours	11
Individual assessment	Advanced Lecture	Practical application of the rebound pass skill	Explanation of the rebound pass skill	4 hours	12
Group evaluation	Blended learning	Explanation of Article 3 of the Handball Laws (Size and Measurement of the Ball)	Explanation of Article 3 of the Handball Laws (Size and Measurement of the Ball)	4 hours	13
Group evaluation	Blended learning	Explanation of Article 4 of the Handball Laws (team, substitutes,	Explanation of Article 4 of the Handball Laws (team, substitutes, equipment,	4 hours	14

		equipment, player injury)	player injury)		
Theoretical and practical exam, first semester / offensive and defensive skills with and without the ball				4 hours	15
Mid-year holiday					
	Lecture	Re-training all previous skills		4 hours	16
Individual assessment	Advanced Lecture	Practical application of the skill of pushing the handball from the side	Explanation of the skill of pushing the handball from the side	4 hours	17
Individual assessment	Advanced Lecture	Practical application of the handball pat skill	Explanation of the handball dribbling skill	4 hours	18
Individual assessment	Advanced Lecture	Practical application of the skill of shooting from a stationary position and movement with handball	Explanation of the skill of shooting from a stationary position and movement with handball	4 hours	19
Group evaluation	Advanced Lecture	Explanation of Article 5 of the Handball Laws (Goalkeeper)	Explanation of Article 5 of the Handball Laws (Goalkeeper)	4 hours	20
Group evaluation	Advanced Lecture	Explanation of Article 6 of the Handball Laws (Goal Area)	Explanation of Article 6 of the Handball Laws (Goal Area)	4 hours	21
Individual assessment	Lecture method	Practical application of the skill of shooting from a jump with a handball	Explanation of the skill of shooting from a jump with a handball	4 hours	22
Individual assessment	Blended learning	Practical application of simple and compound handball deception skills	Explanation of the simple and compound deception skill in handball	4 hours	23
Individual assessment	Blended learning	Practical application of handball goalkeeper skills	Explanation of the skills of a handball goalkeeper	4 hours	24
Group evaluation	Blended learning	Explanation of Article 7 of the Handball Law (Playing the Ball and Passive Play)	Explanation of Article 7 of the Handball Law (Playing the Ball and Passive Play)	4 hours	25
Group evaluation	Blended learning	Explanation of Article 8 of the Handball Laws (Fouls and Unsportsmanlike Behavior)	Explanation of Article 8 of the Handball Laws (Fouls and Unsportsmanlike Behavior)	4 hours	26
Group evaluation	Blended learning	Explanation of Articles 9 and 10 of the Handball	Explanation of Articles 9 and 10 of the Handball Laws	4 hours	27

	Laws (scoring goals, throw-ins)	(scoring goals, throw-ins)		
Second-semester theoretical exam			4 hours	28
Practical exam for the second semester / offensive skills with the ball			4 hours	29
Final practical exam for all offensive and defensive skills with and without the ball			4 hours	30

.9Infrastructure:

Handball(2001) The Tailor and the Tailor	Required textbooks -1
- International Handball Law	Main References -2 (Sources)
	Recommended books and (1 references (scientific journals, reports, etc.) Electronic references, websites(2

9. Curriculum Development Plan. .8

Periodic review of academic curricula -
Diversifying the methods used in the teaching process -

Subject teachers

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