

Course Description Form

1. Course Name	
English Language / First Stage	
2. Course Code	
SESS26F1041/ SESS26G1041	
3. Course/ Academic Year	
2025-2026	
4. Date of Preparing this Description	
February/ 2026	
5. Attendance Type	
In-person / Theoretical	
6. Total number of study hours / Total number of units	
1 hour per week / 2 units	
7. Course coordinator/ Instructor (If more than one, list all)	
Lect. Dr. Shatha Hazem Saadallah	shathahazim@uomosul.edu.iq
Lect. Dr. Kasim M. Basil Kasim	kasim_alazzawi@uomosul.edu.iq
Asst. Lect. Basem Ezz El-Din Youssef	basim.izuldeen@uomosul.edu.iq
Asst. Lect. Nevin Sabah El-Din Ahmed	nefeen.sabah@uomosul.edu.iq
8. Course Objectives	
English is the language of instruction in schools and universities. This means that mastering English is essential for students to be able to understand the terminology and materials related to their specialization in Physical Education and Sports Sciences. In addition, many leading academic institutions around the world, including top universities, publish research and other educational resources in English. Therefore, proficiency in English provides access to a wide range of educational opportunities and resources. Furthermore, mastering English can improve students' chances of being accepted into competitive academic programs and institutions. For this reason, English plays an important role in the educational life of every individual.	Course objectives
9. Teaching and learning strategies	
Delivering interactive presentations, providing information and discussing it with students, in addition to asking creative questions and encouraging the discovery of answers.	Strategy

10.Course structure:

Evaluation Method	Teaching method	Unit/Topic Name	Required learning outcomes	Hours	Week
Group assessment	Lecture method	Unit One / Sport	Comprehension section/sports	One Hour	1
Group assessment	Lecture method	Unit One / Sport	Antonyms and Derivatives	One Hour	2
Group assessment	Lecture method	Unit One / Sport	human body	One Hour	3
Group assessment	Lecture method	Unit One / Sport	Greetings, exercises	One Hour	4
Group assessment	Lecture method	Unit Two / Soccer	The absorption piece / football	One Hour	5
Group assessment	Lecture method	Unit Two / Soccer	Synonyms and derivations, clothing	One Hour	6
Group assessment	Lecture method	Unit Two / Soccer	Special greetings	One Hour	7
Group assessment	Lecture method	Unit Two / Soccer	exercises	One Hour	8
10%	exam	Unit One & Two	First term exam	One Hour	9
Group assessment	Lecture method	Unit Three/ Boxing	The absorption piece/boxing	One Hour	10
Group assessment	Lecture method	Unit Three/ Boxing	Abbreviations	One Hour	11
Group assessment	Lecture method	Unit Three/ Boxing	daily routine	One Hour	12
Group assessment	Lecture method	Unit Three/ Boxing	Self-definition	One Hour	13
Group assessment	Lecture method	Unit Three/ Boxing	exercises	One Hour	14
10%	exam	Unit Three	Second term exam	One Hour	15

Mid-year break

Group assessment	Lecture method	Unit Four / Weightlifting	The absorption piece/weight lifting	One Hour	16
Group assessment	Lecture method	Unit Four / Weightlifting	Plural/Shapes, Family, Defining Others, Exercises	One Hour	17
Group assessment	Lecture method	Unit Four / Weightlifting	Collection/Forms	One Hour	18
Group assessment	Lecture method	Unit Four / Weightlifting	Family, defining others	One Hour	19
Group assessment	Lecture method	Unit Four / Weightlifting	exercises	One Hour	20
Group assessment	Lecture method	Unit Five / Athletics	The absorption piece / athletics	One Hour	21
Group assessment	Lecture method	Unit Five / Athletics	Word formation	One Hour	22
Group assessment	Lecture method	Unit Five / Athletics	Feelings, permission	One Hour	23
Group assessment	Lecture method	Unit Five / Athletics	exercises	One Hour	24
10%	exam	Unit Four & Five	First term exam	One Hour	25
Group assessment	Lecture method	Unit Six / Swimming	Swimming pool capacity	One Hour	26
Group assessment	Lecture method	Unit Six / Swimming	Plural / Masculine and Feminine	One Hour	27
Group assessment	Lecture method	Unit Six / Swimming	the weather	One Hour	28
Group assessment	Lecture method	Unit Six / Swimming	Exercises	One Hour	29
10%	exam	Unit Six	Second term exam	One Hour	30

11. Course Evaluation

The grades are distributed as follows:

- First Semester Exam (25%)
- Second Semester Exam (25%)
- Total of 1st and 2nd Semesters (50%)
- Final Exam (50%)

12. Learning and teaching resources

Khayoon, Y., Yarub, A., & Zuhair, M. (2017). One Step up for Sport & English. Baghdad.	Required textbooks (methodology, if applicable)
	Main references (sources)
	Recommended supporting books and references (scientific journals, reports...)
	Electronic references, websites

Name and signature of the course Instructors

Lect. Dr. Shatha Hazem Saadallah,

Lect. Dr. Kasim M. Basil Kasim

Asst. Lect. Basem Ezz El-Din Youssef

Asst. Lect. Nevin Sabah El-Din Ahmed



Name and signature of the head of department or branch

Prof. Dr. Nawfal Fadel Rashid