

Course Description Form

1. Course Name	
Racket Games – Third Stage	
2. Course Code	
SEGI25F3111	
3. Semester/Year	
2024–2025	
4. Date of preparation of this description	
3–6–2025	
5. Available Attendance Forms	
Practical	
6. Number of credit hours (total) / number of units (total)	
2 hours per week 2 Units	
7. Course administrator's name (if more than one name is mentioned)	
Prof. Dr. Ithar Abdul Kareem Ghazal Asst. Prof. Dr. Omar Farouq Younis	
8. Course Objectives	
<p>Course Objectives</p>	<p>A. Cognitive Objectives</p> <ul style="list-style-type: none"> A1: By the end of the course, students should be able to define racket grips, forehand and backhand strokes, serves, volleys, smashes, drop shots, and lobs. A2: Students should be able to understand the rules, regulations, and requirements of the game. A3: Students should develop physical fitness, motor skills, and mental abilities such as concentration, observation, and critical thinking. <p>B. Skill-Based Objectives</p> <ul style="list-style-type: none"> B1: Perform forehand strokes and their variations. B2: Perform backhand strokes and their variations. B3: Perform the two-handed backhand stroke.

C. Affective and Value-Based Objectives

- C1: Develop a spirit of challenge.
- C2: Develop courage.
- C3: Build self-confidence.
- C4: Foster altruism.

D. General and Transferable Skills (Employability & Personal Development)

- D1: Safety and security skills.
- D2: Assistance methods.
- D3: First aid.
- D4: Injury rehabilitation.

9. Teaching and learning strategies

Strategy

- Guidance programs
- Academic workshops
- Specialized courses

10. Course Structure

Evaluation method	Learning method	Unit or subject name	Required Learning Outcomes	Hours	The week
–	–	–	–	–	1
–	Lecture	Theoretical lecture	History of tennis – objectives – requirements	2 hrs	2
Individual & group evaluation	Lecture	Practical grip drills	Types of racket grips	2 hrs	3
–	Lecture	Ball & racket control drills	Ready position & footwork	2 hrs	4
–	Lecture	Practical drills	Forehand groundstroke	2 hrs	5
–	Lecture	Practical drills	Forehand groundstroke	2 hrs	6
–	Lecture	Practical drills	Forehand variations (flat,	2 hrs	7

			topspin, slice)		
–	Lecture	Practical drills	Backhand groundstroke	2 hrs	8
–	Lecture	Practical drills	Backhand groundstroke	2 hrs	9
–	Lecture	Practical drills	Backhand variations (flat, topspin, slice)	2 hrs	10
Individual evaluation	Lecture	Practical drills	Two-handed backhand	2 hrs	11
Individual	Advanced lecture	Theory + practice	Spin strokes (topspin, backspin, sidespin)	2 hrs	12
Group evaluation	Lecture	Practical drills	Serve types (flat, slice, high, reverse, underhand)	2 hrs	13
Group evaluation	Lecture	Practical drills	Serve + return of serve	2 hrs	14
Midterm theoretical exam				2 hrs	15
Midterm practical exam (skills)				2 hrs	16
Group evaluation	Lecture	Play & officiating	Volleys + Laws (Articles 5–8)	2 hrs	17
Group evaluation	Lecture	–	Court layout + Laws (Articles 13–16)	2 hrs	18
Individual evaluation	Lecture	–	Laws (Articles 17–20)	2 hrs	19
Individual evaluation	Lecture	Practical drills	Smash + Laws (Articles 21–24)	2 hrs	20
–	–	–	–	–	21
Individual evaluation	Blended learning	Practical drills	Lob + Laws (Articles 25–28)	2 hrs	22
–	–	–	–	–	23
Individual evaluation	Blended learning	Play & officiating	Laws (Articles 29–31)	2 hrs	24
Second semester theoretical exam				–	25
Second semester practical exam				–	26
Singles play strategies				2 hrs	27
Doubles play strategies				2 hrs	28
Final practical exam				–	29
Final practical exam				–	30

11. Course Evaluation

The grade is distributed as follows:

- **First Semester Exam (25%)**
 - 10% theoretical
 - 15% practical
- **Second Semester Exam (25%)**
 - 10% theoretical
 - 15% practical
- **Final Practical Exam (30%)** • **Final Theoretical Exam (20%)** • **Total: 100%**

12. Learning and Teaching Resources

Required textbooks (methodology, if any)	Racket Games (2012), Al-Atwi & Al-Zuheiri
Key references (sources)	Racket Games (2012), Al-Atwi & Al-Zuheiri Law booklet translated by Prof. Dr. Ithar
Recommended supporting books and references (scientific journals, reports...)	Scientific journals, internet resources, international tennis tournaments, and instructional video lessons
Electronic references, websites	



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Department/Branch Head's
Name and Signature
Prof. Dr. Omar Sameer Thanoon

فرع الألعاب الرياضية

[Handwritten signature of Prof. Dr. Ithar Abdulkarim Ghazal]

Course Instructor's Name and Signatur

Prof. Dr. Ithar Abdulkarim Ghazal

[Handwritten signature of Asst. Prof. Dr. Omar Farouq Younis]

Asst. Prof. Dr. Omar Farouq Younis