

**Ministry of Higher Education and Scientific Research  
Scientific Supervision and Scientific Evaluation Apparatus  
Directorate of Quality Assurance and Academic Accreditation  
Accreditation Department**



# **Academic Program and Course Description Guide**

**College of Physical Education and Sports Sciences**

**2024 \_ 2025**

## **Introduction:**

The educational program is a well-planned set of courses that include procedures and experiences arranged in the form of an academic syllabus. Its main goal is to improve and build graduates' skills so they are ready for the job market. The program is reviewed and evaluated every year through internal or external audit procedures and programs like the External Examiner Program.

The academic program description is a short summary of the main features of the program and its courses. It shows what skills students are working to develop based on the program's goals. This description is very important because it is the main part of getting the program accredited, and it is written by the teaching staff together under the supervision of scientific committees in the scientific departments.

This guide, in its second version, includes a description of the academic program after updating the subjects and paragraphs of the previous guide in light of the updates and developments of the educational system in Iraq, which included the description of the academic program in its traditional form (annual, quarterly), as well as the adoption of the academic program description circulated according to the letter of the Department of Studies T 3/2906 on 3/5/2023 regarding the programs that adopt the Bologna Process as the basis for their work.

In this regard, we can only emphasize the importance of writing an academic programs and course description to ensure the proper functioning of the educational process.



## **Concepts and terminology:**

**Academic Program Description:** The academic program description provides a brief summary of its vision, mission and objectives, including an accurate description of the targeted learning outcomes according to specific learning strategies.

**Course Description:** Provides a brief summary of the most important characteristics of the course and the learning outcomes expected of the students to achieve, proving whether they have made the most of the available learning opportunities. It is derived from the program description.

**Program Vision:** An ambitious picture for the future of the academic program to be sophisticated, inspiring, stimulating, realistic and applicable.

**Program Mission:** Briefly outlines the objectives and activities necessary to achieve them and defines the program's development paths and directions.

**Program Objectives:** They are statements that describe what the academic program intends to achieve within a specific period of time and are measurable and observable.

**Curriculum Structure:** All courses / subjects included in the academic program according to the approved learning system (quarterly, annual, Bologna Process) whether it is a requirement (ministry, university, college and scientific department) with the number of credit hours.

**Learning Outcomes:** A compatible set of knowledge, skills and values acquired by students after the successful completion of the academic program and must determine the learning outcomes of each course in a way that achieves the objectives of the program.

**Teaching and learning strategies:** They are the strategies used by the faculty members to develop students' teaching and learning, and they are plans that are followed to reach the learning goals. They describe all classroom and extra-curricular activities to achieve the learning outcomes of the program.

## Academic Program Description Form

**University Name:** University of Mosul

**College / Institute:** College of Physical Education and Sports Sciences

**Scientific Branch:** Individual Sports Branch

**Name of the Academic or Professional Programme:** Bachelor of Physical Education and Sports Sciences

**Name of the Final Degree Awarded:** Bachelor's Degree in Physical Education and Sports Sciences

**Study System:** Annual

**Date of Programme Description Preparation:** 3 / 6 / 2025

**Date of File Completion:** 3 / 6 / 2025

**Signature:** 

**Head of Department Name:**

Prof. Dr. Omar Samir Dhnoon

Date: 3 / 6 / 2025

**Signature:**

**Scientific Associate Name:**

Prof. Dr. Noufal Fadel Rashid

Date: 3 / 6 / 2025

The file is checked by:

Department of Quality Assurance and University Performance

Director of the Quality Assurance and University Performance Department:

Prof. Dr. Ahmed Hazem Ahmed

Date: 3 / 6 / 2025

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**Approval of the Dean**

أ.د. نبراس يونس آل مراد  
عميد كلية التربية البدنية وعلوم الرياضة



### **1. Program Vision**

The College of Physical Education and Sports Sciences seeks to prepare graduates in the field of sports sciences to work in governmental institutions and to utilise their specialisation in both theoretical and practical domains.

### **2. Program Mission**

To prepare and graduate leading scientific and leadership competencies in the field of sports sciences, and to enhance the knowledge base of scientific research within the College of Physical Education and Sports Sciences, in order to serve the community locally, regionally, and internationally. Moreover, to train and refine students' minds scientifically and intellectually, while emphasising social and cultural values and responding to the requirements of the labour market.

### **3. Program Objectives**

A1 – Comprehension and understanding of theoretical and practical subjects.

A2 – Developing and enhancing motor skills that improve concentration, thinking, and observation abilities.

A3 – Ability to teach students both theoretical and practical lessons in the prescribed sports activities after graduation from the college.

A4 – Developing mental and psychological attributes.

### **4. Program Accreditation**

Not available

### **5. Other external influences**

Not available

## 6. Program Structure

Program Structure	Number of Courses	Credit hours	Percentage	Reviews*
Institution Requirements	51	152	100%	Core Course
College Requirements	Yes			
Department Requirements	Yes			
Summer Training	Not available			
Other				

\* This can include notes whether the course is basic or optional.

## 7. Program Description

Year/Level	Course Code	Course Name	Credit Hours	
			theoretical	practical
First Year	SEGI25F1081	Track and Field		4
	SEGI25F1091	Swimming		2
	SEGI25F1101	Fitness / Female Students		2
	SEGI25F1111	Weights		2
Second Year	SEGI25F2061	Gymnastics / Male Equipment		4
	SEGI25F2071	Gymnastics Equipment for Female Students		4
	SEGI25F2081	Track and Field		4
	SEGI25F2091	Racket Games		2
Third Year	SEGI25F3061	Wrestling male)		2
	SEGI25F3071	Gymnastics (male)		2
	SEGI25F3081	Gymnastics (Female)		2
	SEGI25F3091	Rhythmic Gymnastics (Female)		2
	SEGI25F3101	Fencing		2
	SEGI25F3111	Racket Games		2
Fourth Year	SEGI25F4061	Track and Field		4



## 8. Expected learning outcomes of the program

### Knowledge

- A1 – By the end of the academic programme, students should be able to identify the concepts related to the subject matter.  
A2 – By the end of the academic programme, students should be able to describe the characteristics of the subject concepts.  
A3 – By the end of the academic programme, students should be able to list the features of the subject concepts.  
A4 – By the end of the academic programme, students should be able to draw a diagram representing the subject concepts.

### Skills

- B1 – By the end of the academic programme, students should be able to perform the fundamental skills of both theoretical and practical subjects.  
B2 – By the end of the academic programme, students should be able to recognise the levels of difficulty of various skills.  
B3 – By the end of the academic programme, students should be able to conceptualise the technical stages involved in performing teaching, therapeutic, and scouting skills.

### Ethics

- C1 – The academic programme should foster a spirit of perseverance among students.  
C2 – The academic programme should cultivate a spirit of cooperation among students.  
C3 – The academic programme should promote national values among students.  
C4 – The academic programme should instil moral values among students.

## 9. Teaching and Learning Strategies

### Teaching Methods Learning Methods

1. Lecture Method | 1. Part-Method Learning
2. Advanced Lecture Method | 2. Whole-Method Learning
3. Blended Learning Method | 3. Trial-and-Error Method
4. E-Learning Method | 4. Mastery Learning Method

### Additional Learning Activities:

1. Guidance Programmes
2. Academic Workshops
3. Specialised Training Courses

## 10. Evaluation methods

1. Individual Assessment 2. Group Assessment 3. Self-Assessment 4. Project Assessment 5. Field Assessment

First Semester Exam: 15 practical, 10 theoretical

Second Semester Exam: 15 practical, 10 theoretical

Final-Year Exam: 30 practical, 20 theoretical

## 11. Faculty

### Faculty Members

Academic Rank	Specialization		Special Requirements/Skills (if applicable)		Number of the teaching staff	
	General	Special			Staff	Lecturer
Professor		39				
Assistant Professor	1	55				
Lecturer	4	19				
Assistant Lecturer	9	25				

### Professional Development

#### Mentoring new faculty members

Newly appointed faculty members are provided with structured mentoring and orientation programmes designed to familiarise them with the college's academic policies, teaching standards, and research expectations. Senior professors and experienced academics offer guidance, share best practices, and support new staff in developing effective teaching methods and professional ethics within the university environment.

#### Professional development of faculty members

The college implements a continuous professional development plan that includes participation in **academic workshops, specialised training courses, and national and international conferences**. Faculty members are encouraged to engage in **research collaborations, curriculum development, and technology integration in teaching**. These initiatives aim to enhance their academic performance, pedagogical competence, and leadership capabilities, ensuring alignment with modern educational trends and quality assurance standards.

## 12. Acceptance Criterion

The average score from secondary school, in addition to the examinations conducted by the college (physical and skill-based tests).



### 13. The most important sources of information about the program

<https://uomosul.edu.iq/physicaleducation/>

The College of Physical Education and Sports Sciences provides multiple reliable sources of information about the academic programme to ensure transparency and easy access for students, faculty, and stakeholders. The most important sources include the **official college website**, which contains detailed descriptions of courses, programme objectives, admission requirements, and academic regulations. Additionally, information is available through the **college's quality assurance and accreditation unit**, student guidance offices, and academic departments. The college also publishes **official brochures, annual reports, and electronic guides** that outline updates related to curricula, research activities, and community engagement initiatives. These sources collectively support continuous communication and promote awareness of the programme's academic and professional dimensions.

### 14. Program Development Plan

The College of Physical Education and Sports Sciences adopts a continuous **programme development plan** aimed at improving the quality of education, aligning curricula with modern trends in sports sciences, and meeting the evolving needs of the labour market. The plan focuses on **integrating modern concepts and technologies** into the teaching and learning process, such as the use of **digital tools, simulation techniques, and e-learning platforms** to enhance student engagement and understanding.

Additionally, the plan emphasises **periodic review and evaluation** of academic courses to ensure their relevance to contemporary scientific and practical developments. It also encourages **faculty participation in training and research activities**, the introduction of **innovative teaching methods**, and the **updating of laboratories and sports facilities** to meet international standards. Through this ongoing process, the college seeks to strengthen its academic reputation and to prepare graduates who are scientifically competent, technologically skilled, and capable of contributing effectively to community development.

Program Skills Outline													
Year/ Level	Course Code	Course Name	Basic or optional	Required program Learning outcomes									
				Knowledge				Skills				Ethics	
				A1	A2	A3	A4	B1	B2	B3	B4	C1	C2 C3 C4
<b>First Year</b>	SEG125F1081	Track and Field	Core	/	/	/	/	/	/	/	/	/	/
	SEG125F1091	Swimming	Core	/	/	/	/	/	/	/	/	/	/
	SEG125F1101	Fitness / Female Students	Core	/	/	/	/	/	/	/	/	/	/
	SEG125F1111	Weights	Core	/	/	/	/	/	/	/	/	/	/
<b>Second Year</b>	SEG125F2061	Gymnastics / Male Equipment	Core	/	/	/	/	/	/	/	/	/	/
	SEG125F2071	Gymnastics Equipment for Female Students	Core	/	/	/	/	/	/	/	/	/	/
	SEG125F2081	Track and Field	Core	/	/	/	/	/	/	/	/	/	/
	SEG125F2091	Racket Games	Core	/	/	/	/	/	/	/	/	/	/
<b>Third Year</b>	SEG125F3061	Wrestling male)	Core	/	/	/	/	/	/	/	/	/	/
	SEG125F3071	Gymnastics (male)	Core	/	/	/	/	/	/	/	/	/	/
	SEG125F3081	Gymnastics (Female)	Core	/	/	/	/	/	/	/	/	/	/
	SEG125F3091	Rhythmic Gymnastics (Female)	Core	/	/	/	/	/	/	/	/	/	/
	SEG125F3101	Fencing	Core	/	/	/	/	/	/	/	/	/	/
<b>Fourth Year</b>	SEG125F3111	Racket Games											
		Track and Field											
	SEG125F4061												

- Please tick the boxes corresponding to the individual program learning outcomes under evaluation.