

## Course Description Form

<b>1. Course Name</b>	
Football Stage 4 Transformation	
<b>2. Course Code</b>	
SETM25F4101	
<b>3. Semester/Year</b>	
2024 - 2025	
<b>4. Date of preparation of this description</b>	
3 - 6 - 2025	
<b>5. Available Attendance Forms</b>	
Practical attendance	
<b>6. Number of credit hours (total) / number of units (total)</b>	
2 hours per week, number of units (2)	
<b>7. Course administrator's name (if more than one name is mentioned)</b>	
Professor Dr. Durgham Jasim Al-Nuaimi, Associate Professor Dr. Taraq Hussein Al-Hajiya, Assistant Lecturer Mustafa Rashid Suleiman	
<b>8. Course Objectives</b>	
Course Objectives	<p>–Teaching students all aspects of the training process in football, both offensive and defensive, in terms of performing physical attributes, basic skills, and play strategies.</p> <p>_ Knowing the different rules, regulations, and requirements of the game.</p> <p>_ Teaching students developmental exercises._</p> <p>Teaching students futsal rules, including all amendments made to the rules theoretically.</p>

\_ Applying futsal rules through matches and playing in the form of two teams.

**A- Cognitive Objectives:**

-The importance of studying the subject of football lies in it being one of the courses prescribed by the sector for the departments and faculties of Physical Education and Sports Sciences in the Ministry of Higher Education and Scientific Research. These are the main points summarizing the learning outcomes of the football course

- Acquires training knowledge in football

- Learns about performance methods for game plans and formations in football.

- Teaches students the rules of futsal from a theoretical perspective and then applies them in matches, fostering a spirit of cooperation and team performance.

**B - Course-specific skill objectives:**

\_ The learning outcomes will focus on teaching training plans and principles in football, futsal rules and the amendments made to these rules, in addition to broadening the knowledge horizons related to the game of football.

- Acquiring preliminary exercises and theoretical and practical information related to football, as well as real game situations, and acquiring the skills required by football referees.

## 9. Teaching and learning strategies

### Strategy

#### Teaching and Learning Methods:

\_ Using educational and technological tools in teaching both the theoretical and practical aspects related to football. The Internet is used to communicate with students by posting lectures, assigning specific tasks, and sharing test results. Positive and effective discussions among students and with the course instructor are also encouraged.

\_ Analyzing several matches from European and international leagues

\_ Keeping up with the latest training methods and various types of exercises to develop students' creative abilities

\_ Watching local video programs and providing objective critiques to gain the maximum benefit.

\_ Using educational and technological tools in teaching both the theoretical and practical aspects related to football.

#### Assessment methods:

Individual assessment, group assessment, self-assessment, project assessment, field



## 10. Course Structure

Evaluation method	Learning method	Unit or subject name	Required Learning Outcomes	Hours	The week
Group evaluation	Lecture	Theoretical explanation supported by videos	Sports coach, his personality, his specifications	2 hours	1
Group evaluation	Lecture	Theoretical explanation supported by videos	Football training program planning	2 hours	2
Group evaluation	Lecture	Theoretical explanation supported by videos	Modern football technologies	2 hours	3
Group evaluation	Lecture	Theoretical explanation supported by videos	Physical preparation	2 hours	4
Group evaluation	Advanced Lecture	Theoretical explanation supported by videos	Physical preparation planning models	2 hours	5
Group evaluation	Advanced Lecture	Theoretical explanation supported by videos	Training unit structure	2 hours	6
Group evaluation	Advanced Lecture	Practical application	Practical application of the training unit	2 hours	7
Individual assessment	Advanced Lecture	Practical application	Practical application of the training unit, speed, agility, general physical preparation	2 hours	8

Individual assessment	Advanced Lecture	Practical application	Students' practical application of the training unit	2 hours	9
Individual assessment	Advanced Lecture	Practical application	Formations that help in the proper execution of the training unit	2 hours	10
Theoretical exam + daily practical exam				2 hours	11
Group evaluation	Advanced Lecture	Theoretical explanation supported by videos	exploration and analysis	2 hours	12
Group evaluation	Advanced Lecture	Theoretical explanation supported by videos	Practical application. And display of matches.	2 hours	13
Semester practical exam (first semester)				2 hours	14
Semester theoretical exam + first semester practical exam				2 hours	15
Mid—year holiday					
Selfassessment	Blended learning	Review of the first semester materials		2 hours	16
Group evaluation	Advanced Lecture	Theoretical explanation supported by videos	Modern Football Formations (Overview)	2 hours	17
Group evaluation	Advanced Lecture	Practical application	Playing formations (4-4-2)  (4-2-3-1)	2 hours	18

Group evaluation	Advanced Lecture	Practical application	Playing formations (4-3-3)(3-5-2)	2 hours	١٩
Group evaluation	Advanced Lecture	Practical application	Playing formations, practical application	2 hours	٢٠
practical exam				2 hours	٢١
Individual assessment	Advanced Lecture	Theoretical explanation supported by videos	Football Law Article (1-4)	2 hours	٢٢
Individual assessment	Advanced Lecture	Theoretical explanation supported by videos	Football Law Article (5-8)	2 hours	٢٣
Individual assessment	Advanced Lecture	Theoretical explanation supported by videos	Football Law Article (9-12)	2 hours	٢٤
Individual assessment	Advanced Lecture	Theoretical explanation supported by videos	Football Law Article (13-17)	2 hours	٢٥
Individual assessment	Advanced Lecture	Practical application	Practical application of futsal law	2 hours	٢٦
Individual assessment	Advanced Lecture	Practical application	Practical application of futsal law	2 hours	٢٧
Selfassessment	Advanced Lecture	Practical application	Practical application of football law	2 hours	٢٨
Theoretical midterm exam in law subjects				2 hours	٢٩
Practical midterm exam in law subjects				2 hours	٣٠

## 11. Course Evaluation

The grades are distributed as follows:

1. First Semester Exam: Accounts for 25% of the total grade, divided into:

10% Theoretical 15% Practical

2. \*\*Second Semester Exam: Accounts for 25% of the total grade, divided into:

10% Theoretical 15% Practical

3. Final Exams:

Final Practical Exam: 30% Final Theoretical Exam: 20%

Total for Final Exams: 50%

4. Final Total: 100%

## 12. Learning and Teaching Resources

Required textbooks (methodology, if any)	The sports training booklet and the football coach.
Key references (sources)	_ Football Book (Hanafi Mahmoud Mokhtar) _ Football Law 2021_2022
Recommended supporting books and references (scientific journals, reports...)	Internet sources for the football game
Electronic references, websites	Electronic scientific journals



**Name and signature of the course holder:**

- Professor Dr. Durgham Jasim Al-Nuaimi.
- Associate Professor Dr. Taraq Hussein Al-Hajiya.
- Assistant Lecturer Mustafa Rashid Suleiman



**Name and signature of the head of the department or branch**

- Professor Dr. Mahmoud Hamdoun Younis