

Course Description Form

1. Course Name

Basketball fourth

2. Course Code

SETM25F4091

3. Semester/Year

2024-2025

4. Date of preparation of this description

٢/٦/2025

5. Available Attendance Forms

practical

6. Number of credit hours (total) / number of units (total)

2 hours per week

7. Course administrator's name (if more than one name is mentioned)

Assistant Professor Dr. Hadeel Dahi Abdullah Assistant Professor Dr. Nabhl Mohammed Asst. Prof. Dr. Sabah Jassim

8. Course Objectives

Course
Objectives

Teach students to perform various defensive and offensive skills, offensive basketball plans, quick attacks, match management, and physical and psychological preparation.

– Know the various rules, regulations, and requirements of the game.

By the end of the course, students should be able to perform defensive stances. Students should be able to perform individual, group, and team defense. Students should be able to perform and implement defensive plans.

9. Teaching and learning strategies

Strategy	Teaching Methods;	Learning Methods:
	1- Lecture Method	1- Partial Method
	2- Advanced Lecture Method	2- Holistic Method
	3- Blended Learning Method	3- Trial and Error Method
	4- E-Learning Method	4- Learning to Empower Method

10. Course Structure

Evaluation method	Learning method	Unit or subject name	Required Learning Outcomes	Hours	The week
Group evaluation	Lecture	Explanation of the final defensive stance and its impact on defense	Explanation of the final defensive stance and its impact on defense	2 hours	1
Group evaluation	Lecture	Explanation of individual defense skills	Explanation of individual defense skills	2 hours	2
Group evaluation	Lecture	Explanation of group tactics	Explanation of group tactics	2 hours	3
Individual assessment	Lecture	Explanation of man-to-man defense (offensive and defensive skills)	Explanation of man-to-man defense (offensive and defensive skills)	2 hours	4
Group evaluation	Advanced Lecture	Practical application of skills	Practical application of skills	2 hours	5
Group evaluation	Advanced Lecture	Defense against the opponent	Defense against the opponent	2 hours	6
Group evaluation	Advanced Lecture	(Formations used) for defensive defense against the opponent	(Formations used) for defensive defense against the opponent	2 hours	7
Individual assessment	Advanced Lecture	(Theoretical exam 20%)	(Theoretical exam 20%)	2 hours	8
Individual		Zone Defense: Advantages	Zone Defense: Advantages and		9

assessment	Advanced Lecture	and Disadvantages	Disadvantages	2 hours	
Individual assessment	Blended learning	practical exam	practical exam	2 hours	10
Individual assessment	Advanced Lecture	Practical Application of Individual, Group, and Team Defense	Practical Application of Individual, Group, and Team Defense	2 hours	11
Group evaluation	Advanced Lecture	Defense Against Rapid Attack (Types, Key Formations)	Defense Against Rapid Attack (Types, Key Formations)	2 hours	12
Group evaluation	Blended learning	Application of How to Perform Group Plans	Application of How to Perform Group Plans	2 hours	13
Individual assessment	Blended learning	Theoretical semester exam		2 hours	14
Theoretical exam, first semester + practical exam, first semester				2 hours	15
Mid-year holiday					
Group evaluation	Lecture	Practical application of individual and collective offensive tactics	Practical application of individual and collective offensive tactics	2 hours	16
Group evaluation	Advanced Lecture	Individual offensive tactics	Individual offensive tactics	2 hours	17
Group evaluation	Advanced Lecture	Practical application of movement for individual attacks	Practical application of movement for individual attacks	2 hours	18
Group evaluation	Advanced Lecture	Man-to-man attacks against different types of defenses	Man-to-man attacks against different types of defenses	2 hours	19
Individual Assessment	Advanced Lecture	Types of attacks against man-to-man defenses (their most important formations, advantages, and disadvantages)	Types of attacks against man-to-man defenses (their most important formations, advantages, and disadvantages)	2 hours	20
Individual assessment	Advanced Lecture	Practical application of complex attacks	Practical application of complex attacks	2 hours	21
Individual Assessment	Lecture method	Practical application and repetition of movement	Practical application and repetition of movement	2 hours	22

Individual Assessment	Blended learning	Practical application of individual and collective offensive tactics	Practical application of individual and collective offensive tactics	2 hours	23
Individual Assessment	Blended learning	Attacking against planning situations with and without a pivot player (application)	Attacking against planning situations with and without a pivot player (application)	2 hours	24
Individual Assessment	Blended learning	Stages of applying a quick attack	Stages of applying a quick attack	2 hours	25
Individual Assessment	Blended learning	Follow-up after a defensive situation - Follow-up during an offensive situation	Follow-up after a defensive situation - Follow-up during an offensive situation	2 hours	26
Individual Assessment	Blended learning	Managing and directing the basketball team in matches	Managing and directing the basketball team in matches	2 hours	27
Second semester theoretical exam				2 hours	28
Practical exam with physical fitness tests				2 hours	29
Final Practical Exam for Physical Fitness Tests				2 hours	30

11. Course Evaluation

The grade is distributed as follows:

1. The first semester exam is worth 25% of the grade and is divided into 10% theoretical and 15% practical.
2. The second semester exam is worth 25% of the grade and is divided into 10% theoretical and 15% practical.
3. The final practical exam is worth 30% of the grade and the final theoretical exam is worth 20% of the grade. Total: 50%
4. The final total: 100%

12. Learning and Teaching Resources

Required textbooks (methodology, if any)	Basketball Book: A Curriculum Book for Physical Education Students / Written by Mu'ayyad Jassim Abdul Wahid - Fadhel Bashir / 1999
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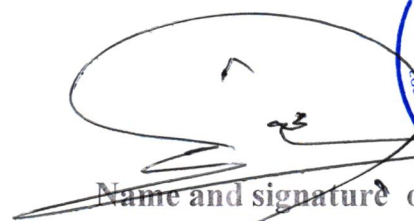
Key references (sources)	A series of theoretical materials on the most important defensive and offensive plans in basketball.
Recommended supporting books and references (scientific journals, reports...)	
Electronic references, websites	

Name and signature of the course holder :

Assistant Professor Dr. Hadeel Dahi Abdullah

Assistant Professor Dr. Nabhl Mohammed

Asst. Prof. Dr. Sabah Jassim


**Name and signature of the head
of the department or branch :**

Prof. Dr. Mahmoud Hamdoun

