

Course Description Template

.1 Course Title	
Handball for Fourth-Year Students	
.2 Course Code	
SESS25F2031	
.3 semester / Academic Year	
2024 – 2025	
.4 Date of Description Preparation	
3 – 6 – 2025	
.5 Attendance Format	
Practical	
.6 Total Study Hours / Total Units	
2 hours per week / 2 units	
.7 Course Coordinators	
Prof. Dr. Mohammed Khalil Mohammed, Assist. Prof. Dr. Yahya Mohammed Mohammed Ali, Assist. Prof. Dr. Ismail Abdul Jabbar, Lecturer Dr. zaniy Mshco Al Murad, Assistant Lecturer Ahmed Abdul	
.8 Course Objectives	
- To develop students' physical fitness and motor skills through handball training. - To enhance students' understanding of handball rules, techniques, and strategies. - To prepare students to apply handball skills in educational and competitive settings. - To foster teamwork, discipline, and sportsmanship among students. - To enable students to analyze and evaluate handball performance and tactics.	Course Objectives
.9 Teaching and Learning Strategies	

Strategies 1. Lecture Method 2. Enhanced Lecture Method 3. Blended Learning Method 4. E-Learning Method	Teaching Method 1. Part Method Learning 2. Whole Method Learning 3. Trial and Error Learning 4. Mastery Learning Method	Strategies
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.10 Course Structure

Week	Hours	Intended Learning Outcomes	Unit or Topic Title	Learning Method	Assessment Method
Lecture	Lecture	Theoretical Explanation with Practical Demonstration on the Field	Explanation of Article One of the Handball Rules: The Court and Its Dimensions	Hours 2	1
Lecture	Lecture	Detailed Theoretical Explanation	Explanation of Article Two of the Handball Rules: Game Times and Timing Regulations for All Age Groups	Hours 2	2
Lecture	Lecture	Detailed Theoretical Explanation	Balls Used and Their Specifications in Handball for All Age Groups and Both Genders	Hours 2	3
Lecture	Lecture	Theoretical Explanation with Practical Demonstration on the Field	Referee Movements and Signals (Hand Signals)	Hours 2	4
Enhanced Lecture	Enhanced Lecture	Detailed Theoretical Explanation	The Team, Substitutes, Equipment, and Player Injuries	Hours 2	5
Enhanced Lecture	Enhanced Lecture	Practical Application	Goalkeeper	Hours 2	6
Enhanced Lecture	Enhanced Lecture	Practical Application	Goal Area	Hours 2	7
Enhanced Lecture	Enhanced Lecture	Practical Application	Playing the Ball and Passive Play	Hours 2	8
Enhanced Lecture	Enhanced Lecture	Practical Application	Fouls and Unsportsmanlike Conduct – Part 1	Hours 2	9

Blended Learning	Blended Learning	Practical Application	Fouls and Unsportsmanlike Conduct – Part 2	Hours 2	10
Enhanced Lecture	Enhanced Lecture	Practical Application	Fundamentals of Defensive Play	Hours 2	11
Enhanced Lecture	Enhanced Lecture	Practical Application	Scoring and Goal Counting	Hours 2	12
Enhanced Lecture	Enhanced Lecture	Practical Application	Throw-off	Hours 2	13
		Theoretical Exam – First Semester	Theoretical Exam	Hours 2	14
			Practical Exam – First Semester	Hours 2	15
					16
					17
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					21
					22
					23
					24

Group Assessment	Enhanced Lecture	Theory + Practical Application	Review of the Topics Studied in the First Semester	Hours 2	16
Group Assessment	Enhanced Lecture	Theory + Practical Application	The Throw-in and Goalkeeper Throw	Hours 2	17
Group Assessment	Enhanced Lecture	Theory + Practical Application	The Free Throw and the 7-Meter Throw (Penalty Throw)	Hours 2	18
Group Assessment	Enhanced Lecture	Theory + Practical Application	Sanctions in Handball – Part 1	Hours 2	19
Individual Assessment	Enhanced Lecture	Theory + Practical Application	Sanctions in Handball – Part 2	Hours 2	20
Individual Assessment	Enhanced Lecture	Theory	The Timekeeper and the Scorekeeper	Hours 2	21
Individual Assessment	Enhanced Lecture	Practical Application	Match Record Sheet – Part 1	Hours 2	22
Individual Assessment	Lecture	Practical Application	Match Record Sheet – Part 2	Hours 2	23
Individual Assessment	Blended Learning	Practical Application	General Instructions for Executing All	Hours 2	24

nt			Types of Throws		
Individual Assessment	Blended Learning	Practical Application	on the Rules of the Game	Hours 2	25
Individual Assessment	Blended Learning	Theory + Practical Application		Hours 2	26
		Theoretical Exam – Second Semester		Hours 2	27
Practical Exam – Second Semester				Hours 2	28
Final Practical Exam				Hours 2	29
Final Practical Exam				Hours 2	30

.11 Course Evaluation

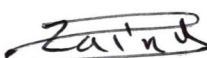
Grade Distribution is as follows:

1. **First Semester Exam** – worth 25%, divided into:
 - a. 10% Theoretical
 - b. 15% Practical
2. **Second Semester Exam** – worth 25%, divided into:
 - a. 10% Theoretical
 - b. 15% Practical
3. **Final Practical Exam** – worth 30% **Final Theoretical Exam** – worth 20% **Total for Final Exams: 50%**
4. **Overall Total: 100%**

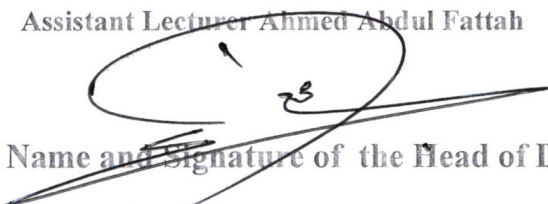
.12 Teaching and Learning Resources

Prescribed Textbooks (Curriculum-Based, if available)	Prescribed Textbooks (Curriculum-Based, if available)
<i>International Handball Rules 2025</i> , translated by Dr. Saad Mohsen	<i>International Handball Rules 2025</i> , translated by Dr. Saad Mohsen
Main References (Sources)	Main References (Sources)
<i>International Handball Rules 2022</i> (Arabic–English), prepared and translated by Continental Referee Naeem Al-Hakim Al-Alwani	<i>International Handball Rules 2022</i> (Arabic–English), prepared and translated by Continental Referee Naeem Al-Hakim Al-Alwani

Name and Signature of the Course Instructor

- Asst. Prof. Dr. Yahya Mohammed Mohammed Ali
- Prof. Dr. Mahmoud Hamdoon
- Asst. Prof. Dr. Ismail Abdul Jabbar
- Lecturer Dr. Zainy Mshco Al murad 

Assistant Lecturer Ahmed Abdul Fattah


Name and Signature of the Head of Department or Branch

Asst. Prof. Mohammed Khalil Mohammed

