

## Course Description Form

<b>1. Course Name</b>	
Handball defense and attack	
<b>2. Course Code</b>	
SETM24F3131	
<b>3. Semester/Year</b>	
2024-2025	
<b>4. Date of preparation of this description</b>	
3-6-2025	
<b>5. Available Attendance Forms</b>	
In-person - electronic	
<b>6. Number of credit hours (total) / number of units (total)</b>	
2 hours	
<b>7. Course administrator's name (if more than one name is mentioned)</b>	
Prof. Dr. Othman Adnan Al-Bayati, Asst. Prof. Dr. Ismail Abdul-Jabbar, Asst.T. Ahmed Abdul-Fathi, Asst.T. Baidaa Ghanem	
<b>8. Course Objectives</b>	
Course Objectives	<p>Introducing students to how team handball is organized through defensive and offensive formations and plans. - Emphasizing the importance of studying the subject, which is a subject that is notoriously categorized by the sectoral divisions of the College of Education and Sports Sciences at the Ministry of Higher Education and Sports. This course introduces students to distinct defensive methods and clearly distinguishes handball skills, as well as familiarizing them with some of the rules of international handball games that distinguish their abilities in any sporting activity, leading them to graduate as a teacher of education in all sports, serving the country in any sports organization or institution concerned with sports. It also teaches methods for team play, whether in specific or defensive situations. - Understanding the requirements of different games, such as defensive numbers in</p>

	handball, which are generally required to practice the game in the next stage. - James teaches this training course after graduation from college. This is the college's primary goal for graduating physical education teachers, as they will teach and train students in various sports activities and events.
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#### 9. Teaching and learning strategies

Strategy	<p><b>Cognitive Objectives</b></p> <p>1. By the end of the academic program, the student will be able to explain and perform all defensive and offensive handball formations. 2. By the end of the academic program, the student will be able to understand the rules, regulations, and requirements of the game. 3. By the end of the academic program, the student will be able to develop physical attributes, enhance motor skills, and improve mental abilities, which enhance concentration and develop the ability to think and observe. 4. By the end of the academic program, the student will be able to understand all handball game plans, both defensive and offensive. B.</p> <p><b>Course Skill Objectives</b> By the end of the</p>
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## 10. Course Structure

Evaluation method	Learning method	Required Learning Outcomes	Unit or subject name	Hours	The week
Group Assessment	Lecture Method	Practical application and explanation of all defensive plans with the ball	Game plans, including individual defensive plans, collective defensive plans, and team defensive plans.	2 hours	1
Group Assessment	Lecture Method	Explaining this theoretically and through videos for students	Defense Methods and How to Choose Them.	2 hours	2
Group Assessment	Lecture Method	Explain and clarify this theoretically and practically on the handball field..	How to defend the zone..	2 hours	3
Group Assessment	Lecture Method	Explain and clarify this theoretically and practically on the handball field and implement it by the students.	Zone defense formations (6-0)	2 hours	4
Group Assessment	Advanced Lecture Method	Explain and clarify this theoretically and practically on the handball field and implement it by the students.	Zone defense formations (4-2)	2 hours	5
Group Assessment	Advanced Lecture Method	Explain and clarify this theoretically and practically on the handball field and implement it by the students.	Zone defense formations (5-1)	2 hours	6
Group Assessment	Advanced Lecture Method	Explain and clarify this theoretically and practically on the	Zone defense formations (3-3)	2 hours	7

		handball field and implement it by the students.			
Individual Assessment	Advanced Lecture Method	Explain and clarify this theoretically and practically on the handball field and implement it by the students.	Zone defense formations (3-2-1)	2 hours	8
Individual Assessment	Advanced Lecture Method	Explain and clarify this theoretically and practically on the handball field and implement it by the students.	Zone defense formations (3-1-2)	2 hours	9
Individual Assessment	Advanced Lecture Method	Explain and clarify this theoretically and practically on the handball field and implement it by the students.	Explaining open and closed defensive formations in handball	2 hours	10
Individual Assessment	Advanced Lecture Method	Explain and clarify this theoretically and practically on the handball field and implement it by the students.	Man-to-man defense in all its forms	2 hours	11
Group Assessment	Advanced Lecture Method	Explain and clarify this theoretically and practically on the handball field and implement it by the students.	Mixed defense in all its form	2 hours	12
Group Assessment	Blended learning method	Explain and clarify this theoretically and practically on the handball field and implement it by the students.	Defense in special situations	2 hours	13
Individual Assessment	Blended learning method	Explain and clarify this theoretically and practically on the handball field and implement it by the students.	Mastering defensive game plans	2 hours	14

Self-Assessment	Blended learning method	Practical exam on defensive formations (zone, man-to-man, and mixed)	First semester theoretical exam	2 hours	15
Self-assessment	Lecture Method	Reiterate what was explained and remind students of the previous defensive operation.	Welcoming students back after the break, reminding them and reiterating what was explained about defensive methods, preparing to enter the attacking side of handball, and the overlap between defense and attack. Giving an overview of handball offense.	2 hours	16
Group Assessment	Advanced Lecture Method	Practical application of handball attack	An overview of handball offense	2 hours	17
Group Assessment	Advanced Lecture Method	Practical application for each stage of the attack	Explanation of the stages of offense	2 hours	18
Group Assessment	Advanced Lecture Method	Practical application for each stage of the attack	Explanation of individual and group fast offense	2 hours	19
Group Assessment	Advanced Lecture Method	Practical application for each stage of the attack	Explanation of individual fast offense	2 hours	20
Individual Assessment	Advanced Lecture Method	Practical application for each stage of the attack	Explanation of group fast offense	2 hours	21
Individual Assessment	Lecture method	Practical application for each stage of the	Fundamentals of Offensive	2 hours	22



		attack	Play		
Individual Assessment	Blended learning	Practical application of attack plans by students	Offensive Play Plans	2 hours	۲۳
Individual Assessment	Blended learning	Practical application of attack plans by students	Offensive Formations	2 hours	۲۴
Individual Assessment	Blended learning	Practical implementation of all attack methods by students	Attacking style of play	2 hours	۲۵
Individual Assessment	Blended learning	Implementation of the attack status by students	Attack in special cases	2 hours	۲۶
Individual Assessment	Blended learning	Re-applying everything that was explained practically by the student individually and in groups	Re-explaining everything included in the handball attack, listening to students' inquiries and explaining them to them, along with video viewings of matches	2 hours	۲۷
Self-assessment	Second semester theoretical exam			2 hours	۲۸
Self-assessment	Practical exam on offensive plans			2 hours	۲۹
Self-assessment	Final practical exam for all defensive and offensive plans and formations			2 hours	۳۰

## 11. Course Evaluation

The grade is distributed as follows:

1. The mid-course exam consists of ( ۵۰ ) degrees and is divided into: It is worth (50) points and is divided into: first and second courses, with (25) points for each course. – 10 theoretical points – 15 practical points.

2. The end of the course exam consists of ( ٥٠ ) degrees and is divided into:

(30) Final Practical Marks – (20) Final Theoretical Marks

## 12. Learning and Teaching Resources

<b>Required textbooks (methodology, if any)</b>	Showing video lectures to students about matches, explaining the defensive and offensive methods in them, in addition to the formations that are applied in
<b>Key references (sources)</b>	Handball – Diaa Al-Khayat and Nofal Al-Hayali 2001
<b>Recommended supporting books and references (scientific journals, reports...)</b>	Nothing
<b>Electronic references, websites</b>	Sites represented by the Specialized Handball Center and the International Handball Federation sites

Name and signature of the course holder:

Prof. Dr. Othman Adnan Al-Bayati,  
Asst. Prof. Dr. Ismail Abdul-Jabbar,  
Asst.T. Ahmed Abdul-Fathi,  
Asst.T. Baidaa Ghanem

Name and signature of the head of the department or branch

Prof. Dr. Mahmoud Hamdoun

