

## Course Description Form

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| <b>1. Course Name</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Racket Games – Second Stage                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>2. Course Code</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| SEGI26F2091                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>3. Semester/Year</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| 2025–2026                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>4. Date of preparation of this description</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| February–2026                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>5. Available Attendance Forms</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Theoretical/Practical                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>6. Number of credit hours (total) / number of units (total)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| 2 hours per week      2 Units                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>7. Course administrator's name (if more than one name is mentioned)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <p>Prof. Dr. Subhan Mahmoud Ahmed Asst. <a href="mailto:Dr-sabhan@uomosul.edu.iq">Dr-sabhan@uomosul.edu.iq</a></p> <p>Prof. Dr. Ammar Mohammed Khalil <a href="mailto:dr.ammar.m@uomosul.edu.iq">dr.ammar.m@uomosul.edu.iq</a></p> <p>Associate Professor Dr. Omar Farouk Younis <a href="mailto:dr.ofy@uomosul.edu.iq">dr.ofy@uomosul.edu.iq</a></p> <p>Assistant Lecturer Duaa Subhan Mahmoud <a href="mailto:duaasubhan@uomosul.edu.iq">duaasubhan@uomosul.edu.iq</a></p> <p>Assistant Lecturer Mohammed Abdul Ghani Sultan <a href="mailto:m.a.sultan@uomosul.edu.iq">m.a.sultan@uomosul.edu.iq</a></p> <p>Assistant Lecturer Ahmed Taha Mahmoud <a href="mailto:ahmed.alshlawee@uomosul.edu.iq">ahmed.alshlawee@uomosul.edu.iq</a></p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>8. Course Objectives</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Course Objectives</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <ul style="list-style-type: none"> <li>• <b>A. Cognitive Objectives</b> <ol style="list-style-type: none"> <li>1. By the end of the course, students should be able to define the basic principles and fundamental skills of both games.</li> <li>2. Students should be able to understand the rules, regulations, and requirements of the games.</li> <li>3. Students should be able to develop physical attributes, motor skills, and mental abilities, enhancing concentration, observation, and critical thinking.</li> </ol> </li> <li>• <b>B. Skill-Based Objectives</b> <ol style="list-style-type: none"> <li>1. Perform the basic principles of badminton.</li> </ol> </li> </ul> |

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|--------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                            | <ol style="list-style-type: none"> <li>2. Perform the basic principles of table tennis.</li> <li>3. Perform the fundamental skills of table tennis</li> </ol> <p><b>C.Affective and Value-Based Objectives</b></p> <ol style="list-style-type: none"> <li>1. Develop a spirit of challenge.</li> <li>2. Develop courage.</li> <li>3. Build self-confidence.</li> <li>4. Foster altruism.</li> </ol> <p><b>D. General and Transferable Skills (Employability and Personal Development)</b></p> <ol style="list-style-type: none"> <li>1. Safety and security skills.</li> <li>2. Assistance methods.</li> <li>3. First aid.</li> <li>4. Injury rehabilitation.</li> </ol> |
| <b>9. Teaching and learning strategies</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Strategy</b>                            | <ul style="list-style-type: none"> <li>• <b>Teaching Methods:</b> Lecture, Developed Lecture, Blended Learning, E-learning.</li> <li>• <b>Learning Methods:</b> Part Method, Whole Method.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

| <b>10. Course Structure</b> |                        |                             |                                                                 |              |                 |
|-----------------------------|------------------------|-----------------------------|-----------------------------------------------------------------|--------------|-----------------|
| <b>Evaluation method</b>    | <b>Learning method</b> | <b>Unit or subject name</b> | <b>Required Learning Outcomes</b>                               | <b>Hours</b> | <b>The week</b> |
| Group assessment            | Lecture                | Introduction                | Overview of the history of table tennis – features of the game  | 2            | 1               |
| Group assessment            | Lecture                | Equipment                   | Game equipment                                                  | 2            | 2               |
| Group assessment            | Lecture + drills       | Fundamentals                | Basic principles (grip – ready stance – arm and foot movements) | 2            | 3               |

|                       |                            |                   |                                                                                                       |   |    |
|-----------------------|----------------------------|-------------------|-------------------------------------------------------------------------------------------------------|---|----|
| Group assessment      | Lecture + drills           | High serve        | Basic skills – high serve (types)                                                                     | 2 | 4  |
| Group assessment      | Developed lecture + drills | Low serve         | Low serve (types)                                                                                     | 2 | 5  |
| Group assessment      | Developed lecture + drills | Forehand          | Forehand stroke                                                                                       | 2 | 6  |
| Group assessment      | Developed lecture + drills | Backhand          | Backhand stroke                                                                                       | 2 | 7  |
| Group assessment      | Lecture + drills           | Topspin forehand  | Topspin forehand                                                                                      | 2 | 8  |
| Group assessment      | Developed lecture + drills | Topspin backhand  | Topspin backhand                                                                                      | 2 | 9  |
| Group assessment      | Developed lecture + drills | Offensive strokes | Smash and drop shot                                                                                   | 2 | 10 |
| Group assessment      | Developed lecture + drills | Defensive strokes | Chop – block                                                                                          | 2 | 11 |
| Group assessment      | Developed lecture + drills | Spin              | Spin strokes and their importance                                                                     | 2 | 12 |
| Individual assessment | Blended learning           | Rules (1)         | Rules of the game (matches + refereeing)                                                              | 2 | 13 |
| Individual assessment | Developed lecture          | Rules (2)         | Rules of the game (matches + refereeing)                                                              | 2 | 14 |
| Individual            | —                          | Exam (1)          | Written exam                                                                                          | 2 | 15 |
| Individual            | —                          | Exam (2)          | Theoretical tests                                                                                     | 2 | 16 |
| Group assessment      | Lecture                    | Introduction      | History of badminton – establishment of the International Badminton Federation – features of the game | 2 | 17 |
| Group assessment      | Developed lecture          | Equipment         | Objectives of the game – equipment                                                                    | 2 | 18 |
| Group assessment      | Developed lecture + drills | Fundamentals      | Basic principles (grip – footwork – arm movements)                                                    | 2 | 19 |
| Group assessment      | Developed lecture + drills | High serve        | Basic skills – serve – high                                                                           | 2 | 20 |

|                       |                                   |                           |                                                                   |          |    |
|-----------------------|-----------------------------------|---------------------------|-------------------------------------------------------------------|----------|----|
|                       |                                   |                           | serve – serving rules                                             |          |    |
| Group assessment      | Developed lecture + drills        | Low serve                 | Low serve                                                         | 2        | 21 |
| Group assessment      | Developed lecture + drills        | Forehand clear            | Forehand strokes – clear shot                                     | 2        | 22 |
| Group assessment      | Lecture + practice games          | Drop shot                 | Drop shot – introduction to rules                                 | 2        | 23 |
| Group assessment      | Blended learning + drills         | Smash                     | Forehand smash                                                    | 2        | 24 |
| Group assessment      | Blended learning + practice games | Drive                     | Forehand drive – introduction to rules                            | 2        | 25 |
| Group assessment      | Blended learning + drills         | Advanced forehand strokes | Forehand block and push – forehand lob – net shot – forehand drop | 2        | 26 |
| Group assessment      | Blended learning + drills         | Backhand strokes          | Backhand strokes (clear – drive – lob)                            | 2        | 27 |
| Group assessment      | Blended learning + matches        | Backhand defense          | Backhand block and push – receiving – rules                       | 2        | 28 |
| Group assessment      | Lecture + matches                 | Tactics                   | Tactical approach in badminton – continuation of rules            | 2        | 29 |
| Group assessment      | Lecture                           | Matches + refereeing      | Rules of the game                                                 | 2        | 30 |
| <b>Practical exam</b> |                                   |                           |                                                                   | <b>2</b> |    |
| <b>Written exam</b>   |                                   |                           |                                                                   | <b>2</b> |    |

## 11. Course Evaluation

The grade is distributed as follows:

- first Semester Exam (25%) → 10% theoretical + 15% practical

- Second Semester Exam (25%) → 10% theoretical + 15% practical
- Final Practical Exam (30%)
- Final Theoretical Exam (20%)
- Total: 100%

## 12. Learning and Teaching Resources

|                                                                                     |                                                                                                      |
|-------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|
| Required textbooks<br>(methodology, if any)                                         | <i>Racket Games</i> (2009), Prof. Dr. Waleed Waadallah Al-Atwi & Prof. Dr. Subhan Mahmoud Al-Zuheiri |
| Key references (sources)                                                            |                                                                                                      |
| Recommended supporting books<br>and references (scientific<br>journals, reports...) |                                                                                                      |
| Electronic references, websites                                                     |                                                                                                      |



*[Signature]*

Name and signature of the head of the department or branch

Assistant Professor Dr. Nawaf Owaid Abood

Name and signature of the course |

Prof. Dr. Subhan Mahmoud Ahmed

Asst. Prof. Dr. Ammar Mohammed Khalil

Associate Professor Dr. Omar Farouk Younis

Assistant Lecturer Duaa Subhan Mahmoud

Assistant Lecturer Mohammed Abdul Ghani Sultan

Assistant Lecturer Ahmed Taha Mahmoud

*[Signatures of Prof. Dr. Subhan Mahmoud Ahmed, Asst. Prof. Dr. Ammar Mohammed Khalil, Associate Professor Dr. Omar Farouk Younis, Assistant Lecturer Duaa Subhan Mahmoud, Assistant Lecturer Mohammed Abdul Ghani Sultan, and Assistant Lecturer Ahmed Taha Mahmoud]*

