

Course Description Form

1. Course Name:

Soccer

2. Course Code

SETM26F1121

3. Semester/Year

2025 - 2026

4. Date of preparation of this description

February / 2026

5. Available Attendance Forms

Practical presence

6. Number of credit hours (total) / number of units (total)

4 hours per week / 4 units

7. Course administrator's name (if more than one name is mentioned)

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8. Course Objectives

Course Objectives

Course objectives:

1. Understanding the basic principles of fundamental football skills.

2. Teaching students to apply fundamental football skills.

3. Training students in both theoretical and practical refereeing methods for the Laws of the Game

4. Detailed knowledge of the subject's concepts and terminology.

5. Enabling students to teach practical curriculum lessons after graduation - which represents the college's primary objective of producing physical education teachers. This includes training students in various teaching skills, including refereeing.

6. Developing and enhancing administrative, teaching, and

psychological skills that improve concentration, thinking, and observation abilities. Course Outcomes and Methods of Teaching, Learning and Evaluation:

9. Teaching and learning strategies

Strategy	Teaching Methods	Learning Methods
	1. Lecture method 2. Enhanced lecture method 3. Blended learning approach 4. E-learning method	1. Part learning method 2. Whole learning method 3. Trial and error method 4. Mastery learning method

10. Course Structure

ation Eval method	Learning method	Unit or subject name	Required Learning Outcomes	Hours	The week
Individual evaluation	Blended learning	Practical application of the skill of rolling inside and outside the foot	Explaining the technical aspects of the skill of rolling with the inside and outside of the foot, how to perform it, and common mistakes	4 hours	1
Individual evaluation	Blended learning	Practical application of the skill of rolling inside and outside the foot	Explaining the technical aspects of the skill of rolling with the front of the foot and the forefoot, how to perform it, and common mistakes.	4 hours	2
Individual evaluation	Blended learning	Practical application of the skill of passing inside and outside the foot	Explaining the technical aspects of the skill of passing with the inside and outside of the foot, how to perform it, and common mistakes.	4 hours	3
Individual evaluation	Blended learning	Practical application of the skill of passing with the front of the foot, the forefoot, and the heel	Explaining the technical aspects of the skill of passing with the front of the foot, the forefoot, and the heel, how to perform it, and common mistakes.	4 hours	4
Individual evaluation	Blended learning	Practical application of the skill of extinguishing inside and outside the foot	Explaining the technical aspects of the skill of extinguishing with the inside and outside of the foot, how to perform it, and common mistakes.	4 hours	5
Individual evaluation	Blended learning	Practical application of the skill of extinguishing with the bottom of the foot and the front of the foot	Explaining the technical aspects of the skill of putting out the ball with the sole of the foot and the front of the foot, how to perform it, and common mistakes.	4 hours	6
Individual evaluation	Blended learning	Practical application of the skill of thigh, chest and head suppression	Explaining the technical aspects of the skill of thigh, chest, and head blocking, how to perform them, and common mistakes.	4 hours	7
Individual evaluation	Blended learning	Practical application of the skill of evasion and deception	Explaining the technical aspects of the skill of dribbling and deception, how to perform it, and common mistakes	4 hours	8

Individual evaluation	Blended learning	Practical application of the skill of evasion and deception	Explaining the technical aspects of the attacking skill (cutting), how to perform it, and common mistakes.	4 hours	9
Individual evaluation	Blended learning	Practical application of the skill of communication	Explaining the technical aspects of the skill of writing, how to perform it, and common mistakes.	4 hours	10
Individual evaluation	Blended learning	Practical application of heading the ball skill	Explaining the technical aspects of heading the ball, how to perform it, and common mistakes.	4 hours	11
Individual evaluation	Blended learning	Practical application of the side throw skill	Explaining the technical aspects of the side throw skill, how to perform it, and common mistakes.	4 hours	12
Individual evaluation	Blended learning	Practical application of goalkeeper skills (ball catching)	Explaining the technical aspects of goalkeeper skills (catching the ball), how to perform it, and common mistakes.	4 hours	13
Individual evaluation	Blended learning	Practical application of goalkeeper skills (clearing the ball)	Explaining the technical aspects of goalkeeper skills (clearing the ball), how to perform them, and common mistakes.	4 hours	14
Individual evaluation	Blended learning	Practical exam for the first semester of basic skills	Theoretical and practical exam for the first semester	4 hours	15
Individual evaluation	Blended learning	Practical application	Explanation of the Laws of Football from Articles 1-4	4 hours	16
Individual evaluation	Blended learning	Practical application	Explanation of the Laws of Football from Articles 5-8	4 hours	17
Individual evaluation	Blended learning	Practical application	Explanation of the Laws of Football from Articles 19-12	4 hours	18
Individual evaluation	Blended learning	Practical application	Explanation of the Laws of Football from Articles 13-17	4 hours	19
Individual evaluation	Blended learning	Practical application	Re-enactment of the laws of football	4 hours	20
Individual evaluation	Blended learning	Practical application	Explanation of the Futsal Laws from Articles 1-4	4 hours	21
Individual evaluation	Blended learning	Practical application	Explanation of the Futsal Laws from Articles 5-8	4 hours	22
Individual evaluation	Blended learning	Practical application	Explanation of the Futsal Laws from Articles 9-12	4 hours	23
Individual evaluation	Blended learning	Practical application	Explanation of the Futsal Laws from Articles 13-17	4 hours	24
Individual evaluation	Blended learning	Practical application	Revision of futsal rules	4 hours	25
Individual evaluation	Blended learning	Theoretical exam and practical application	Theoretical and practical semester exam in law	4 hours	26
Individual evaluation	Blended learning	Practical application	Practical midterm exam in law	4 hours	27
Individual evaluation	Blended learning	Practical application	Practical Final Exam (Skills)	4 hours	28
Individual evaluation	Blended learning	Practical application	Final Practical Exam (Law)	4 hours	29
Individual evaluation	Blended learning	Practical application	Final Practical Exam (Law)	4 hours	30

11. Course Evaluation

The grade is distributed as follows:

- The first semester exam is worth (25) points and is divided into: (10) theoretical points and (15) practical points.
- The second semester exam is worth (25) points and is divided into: (10) theoretical points and (15) practical points.
- The final exam is worth (50) points and is divided into: (20) theoretical points and (30) practical points.

12. Learning and Teaching Resources

Required textbooks (methodology, if any)	• Football Book by (Dr. Zuhair Al-Khashab, Dr. Muhammad Khader Asmar, and Dr. Maher Al-Bayati). • International Football and Futsal Laws 2024-2025, issued by the International Federation.
Key references (sources)	• Football skills book. • Football Laws (2024-2025), and more.
Recommended supporting books and references (scientific journals, reports...)	Football Book by Al-Mawla (2000), Abu Zaid (2005), Al-Haiti (2008).
Electronic references, websites	Swedish International Soccer Academy (SIOSS) Wikipedia Inside FIFA

Name and signature of the course holder

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Asst. prof . Dr. Abd Al- Almalilk Suleiman

Asst. prof . Dr. Mohammed Khalid Dawood

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Asst. Lect. Al Hakam Mohammed Yuonis

Asst. Lect. Mustafa rashid Suleiman

Asst. Lect. Mohammed Sharki Hadi

Name and signature of the
head of the department or branch

Asst. Prof. Dr Maan Abdul Karim

