

Course Description Form

1. Course Name	
Motor Learning / Stage Three	
2. Course Code	
SESS26F3021	
3. Semester/Year	
2025-2026	
4. Date of preparation of this description	
February/ 2026	
5. Available Attendance Forms	
In-person/theoretical	
6. Number of credit hours (total) / number of units (total)	
2 hours per week / 4 units	
7. Course administrator's name (if more than one name is mentioned)	
Prof. Dr. Nawfal Fadel Rashid	dr.nfr1976@uomosul.edu.iq
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Lecture Dr. Anmar Abd-ALSatar AL-Dabbagh	anmaraldabbagh@uomosul.edu.iq
Lecture Dr. Omar Ibrahim Saleh	omar.ibrahim@uomosul.edu.iq
8. Course Objectives	
Course Objectives	A- Cognitive objectives A1- At the end of the course, students should be able to state the concepts related to learning, teaching and motor learning. A2- At the end of the course, students should be able to state the objectives of motor learning. A3- At the end of the course, students should be able to understand the mental processes involved in motor learning. A4- At the end of the course, students should be able to identify the motor phenomena related to motor learning. B – Course specific skill objectives for1- At the end of the

	course, students should be able to perform the basic skills of motor learning. for2– At the end of the course, students should be able to differentiate between motor learning and sports training. for3 – At the end of the course, students should be able to evaluate motor skills in terms of visual construction. C– Emotional and value goals C1– The curriculum should develop the spirit of perseverance among students. C2– The curriculum should develop the spirit of cooperation among students.
	C3– The curriculum should develop national values among students. C4– The curriculum should develop moral values among students.
9. Teaching and learning strategies	
Strategy	Teaching method: Lecture method , Advanced Lecture Method, Blended learning method, E-learning method , Learning method: Partial method, The holistic method, Trial and error method, Learning method for mastery

10. Course Structure					
Evaluation method	Learning method	Unit or subject name	Required Learning Outcomes	Hours	The week
Group evaluation	Lecture	Chapter One / Learning and Teaching	Learning, teaching, and motor learning	2 hours	1
Group evaluation	Lecture	Chapter One / Motor Learning	Types of learning, importance and objectives of studying motor learning	2 hours	2
Group evaluation	Lecture		Motor learning laws, motor learning conditions, motor performance and motor behavior	2 hours	3
Group evaluation	Lecture	Chapter One / Movement	The meaning of movement and its impact on human progress, factors affecting movement	2 hours	4
Group evaluation	Advanced Lecture	Chapter One / Motor Learning	Principles and basic factors of motor learning	2 hours	5
Group evaluation	Advanced Lecture	Chapter One / Mental Processes	Mental processes related to motor action (attention, concentration, motor reaction)	2 hours	6
theoretical exam					7
Group evaluation	Advanced Lecture	Chapter One / Mental Processes	Mental processes related to the underlying action (perception, creativity, thinking, visualization)	2 hours	8
Group evaluation	Advanced Lecture	Chapter One / Physical Abilities	Physical abilities (strength, speed, and endurance)	2 hours	9
Group evaluation	Advanced Lecture	Chapter One / Motor Abilities	Motor abilities (motor precision, flexibility, balance, skill and technique)	2 hours	10
Individual assessment	Blended learning	Chapter One / Motor Coordination	Motor coordination (duties and functions of motor	2 hours	11

			coordination)		
Group evaluation	Advanced Lecture	Chapter One / The Senses	The share of the senses in news and answers	2 hours	12
Group evaluation	Advanced Lecture	Chapter One / Memory	Memory and its types (short-term sensory, short-term, long-term, motor)	2 hours	13
Individual assessment	Blended learning	Chapter One / Physiological Movement	How does movement occur physiologically?	2 hours	14
theoretical exam					15
Group evaluation	Lecture	Chapter Two / Kinetic Phenomena	Motor phenomena as an expression of motor coordination: motor construction	2 hours	16
Group evaluation	Advanced Lecture	Chapter Two / Kinetic Phenomena	Kinetic weight, kinetic transmission and its types, the duty of the leading and directing head	2 hours	17
Group evaluation	Advanced Lecture		Motion fluidity (motion range, motion time, motion dynamics) Motion similarity	2 hours	18
Group evaluation	Advanced Lecture		Motion control, motion force, motion speed	2 hours	19
Group evaluation	Advanced Lecture	Chapter Two / Motor Anticipation	Motor expectation, its types (self-expectation, expectation of others' movements (stranger expectation))	2 hours	20
Individual assessment	Advanced Lecture	Chapter Two / Stages of Motor Learning Physiologically	Stages of the motor learning process (raw, fine, automatic) + the scientist (Pavlov)'s opinion on these stages from a physiological point of view	2 hours	21
Individual	Lecture	Chapter Two /	Sports skills assessment	2 hours	22

assessment		Motor Skills Assessment	(motor construction, body parts, match analysis)		
Individual assessment	Blended learning	Chapter Two / Place Value Theory	How to calculate motor learning according to the motor value theory (learning curve and plateaus)	2 hours	23
theoretical exam					24
Individual assessment	Blended learning	Chapter Two / Growth	Laws of growth and manifestations of growth	2 hours	25
Individual assessment	Blended learning	Chapter Two /	Stages of human motor development from birth to old age	2 hours	26
Group evaluation	Lecture		Infancy, Toddlerhood, Early School, Late School	2 hours	27
Group evaluation	Lecture	Motor Development	early adolescence, late adolescence	2 hours	28
Group evaluation	Lecture		Male stage (youth, early manhood, late manhood, old age)	2 hours	29
theoretical exam					30

11. Course Evaluation		
The grade is distributed as follows: 1. The first semester exam is worth (25) degree and is divided into: 2. The second semester exam is worth (25) degree and is divided into: 3. The final exam is worth (50) degree		
12. Learning and Teaching Resources		
	Required textbooks (methodology, if any)	The book "Kinesthetic Learning: Between
	Key references (sources)	
	Recommended supporting books and	Motor learning books

	references (scientific journals, reports...)	
	Electronic references, websites	

Name and signature of the course holder

Prof. Dr. Nawfal Fadel Rashid



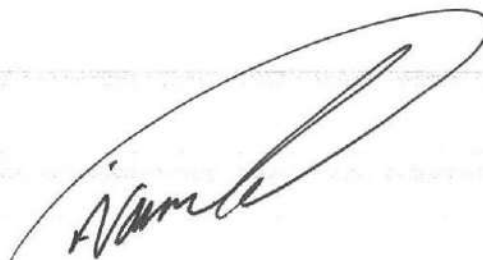
Assistant Prof. Dr. Mikdad Tariq Hamid



Lecture Dr. Anmar Abd-ALSatar AL-Dabbagh



Lecture Dr. Omar Ibrahim Saleh

Name and signature of the head of the department or branch

Prof. Dr. Nawfal Fadel Rashid

