

Course Description Form

1. Course Name	
Teaching methods / Third stage	
2. Course Code	
SESS26F3041	
3. Semester/Year	
2025-2026	
4. Date of preparation of this description	
February/ 2026	
5. Available Attendance Forms	
In-person/theoretical_practical	
6. Number of credit hours (total) / number of units (total)	
4 hours per week / 6 units	
7. Course administrator's name (if more than one name is mentioned)	
Prof. Dr Ayad Mohammed Sheet Assistant Professor Dr. Muhammad Suhail Najmr Assistant Professor Dr. Salwan Khaled Mahmoud Assistant Professor Dr. Raed Ibrahimr. Assistant Professor Dr. Entethar Faroq Allyas Assistant Professor Dr Liqa Abdul Muttalib Lecture Dr.Ammar Eidan	<u>dr.evad-m@uomosul.edu.iq</u> <u>mohed@uomosul.edu.iq</u> <u>dr.slwan@uomosul.edu.iq</u> <u>raeed@uomosul.edu.iq</u> <u>dr.aint-farooq@uomosul.edu.iq</u> <u>dr.liqaa@uomosul.edu.iq</u> <u>ammar.edan @uomosul.edu.iq</u>
8. Course Objectives	
Course Objectives	A- Cognitive objectives A1-At the end of the course, students will be able to describe the basic concepts of teaching methods. A2- At the end of the course, students should be able to write a lesson plan for one of the physical education teaching methods. A3- At the end of the course, students should be able to write a lesson plan for one of the physical education teaching B - Course specific skill objectives 1 - At the end of the course, students should be able to produce a physical education lesson using one of the physical education teaching methods. 2 - At the end of the course, students should be able to produce a physical education lesson using one of the

physical education teaching methods.

3- At the end of the course, students should be able to manage a physical education lesson using teaching skills.

4- At the end of the course, students will be able to use sports skills teaching methods to teach basic skills for sports events (football, basketball, volleyball, handball, gymnastics, track and field games).

5- At the end of the course, students should be able to produce any skill exercise.

6- At the end of the course, students should be able to perform any physical exercise.methods.

A4- At the end of the course, students should be able to prepare a draft of the physical education lesson programme.

C- Emotional and value goals

1-The curriculum should develop a spirit of challenge.

2-The curriculum should develop the spirit of courage.

3-The curriculum should develop self-confidence.

4-The curriculum should develop the spirit of altruism.

9. Teaching and learning strategies

Strategy

1- Guidance programs

2-Academic workshops

3- Specialized courses

10. Course structure:

The week	Hours	Required learning outcomes	Unit name/topic	Teaching method	Evaluation method
1	4 hours	Explanation of methods for extracting general warm-up	Application of general warm-up methods	The lecture	Group evaluation
2	4 hours	Special warm-up explanation (physical exercises)	Practical application of special warm-up (physical exercises)	Partial method	Individual assessmentT
3	4 hours	Special warm-up explanation (physical exercises)	Practical application of special warm-up (physical exercises)	Total method	Individual assessment t
4	4 hours	Explain how to extract the educational activity	Practical application of the method of producing educational activity	Partial method And the college	Individual assessment t
5	4 hours	Explanation of the plan with two activities	Implementing the diversified plan with two activities	The lecture	Individual assessment t
6	4 hours			Field application	Individual assessment

7	4 hours			Field applicat ion	Individual assessment
8	4 hours	Explanation of the plan with four activities	Implementing the diverse plan with four activities	The lecture	Individual assessment
9	4 hours			Field applicat ion	Individual assessmen t
10	4 hours			Field applicat ion	Individual assessmen t
11	4 hours	Explanation of the educational unit plan	Implementation of the educational unit plan	The lecture	Individual assessmen t
12	4 hours			Field applicat ion	Group evaluation
13	4 hours			Field applicat ion	Group evaluation
14	4 hours			Field applicat ion	Individual assessmen t
15	4 hours	First semester theoretical exam + first semester practical exam (with study plans)			
Mid-year holiday					
16	4 hours	Explanation of the imperative mood	Apply the American style	The lecture	Individual assessmen t
17	4 hours	Explanation of the training method	Application of the training method	The lecture	Group evaluation
18	4 hours			Field applicat ion	Individual assessmen t
19	4 hours			Field applicat ion	Individual assessmen t

20	4 hours	Explanation of the reciprocal method	Application of the reciprocal method	The lecture	Individual assessment
21	4 hours			Field application	Individual assessment
22	4 hours			Field application	Individual assessment
23	4 hours	Explanation of the method of self-examination	Self-examination method application	The lecture	Individual assessment
24	4 hours	Explanation of the method of self-examination	Self-examination method application	Field application	Individual assessment
25	4 hours	Explanation of the method of self-examination	Self-examination method application	Field application	Individual assessment
26	4 hours	Explanation of the embedding style	Apply the embedding method	The lecture	Individual assessment
27	4 hours	Explanation of the embedding style	Apply the embedding method	Field application	Individual assessment
28	4 hours	Explanation of the embedding style	Apply the embedding method	Field application	Individual assessment
29	4 hours	Theoretical exam			
30	4 hours	Final practical exam for all methods			

11. Course Evaluation

The grade is distributed as follows:

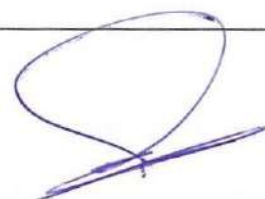
- 25% First semester (10 theoretical exam, 15 practical exam)
- 25% Second semester (10 theoretical exam, 15% practical exam)
- E Final exam (20 theoretical exam, 30 practical exam)

12. Learning and Teaching Resources

Required textbooks (methodology, if any)	Methods of teaching physical education, Diao Al-Khayat / Walid Waad Allah / Talal Najm (2009)
Key references (sources)	A booklet on teaching methods of physical education by Dr. Walid Waad Allah
Recommended supporting books and references (scientific journals, reports...)	Dr. Ayad Muhammad Sheet, Dr. Muhammad Suhail, and Dr. Safaa Dhnoon
Electronic references, websites	

Name and signature of the course holder

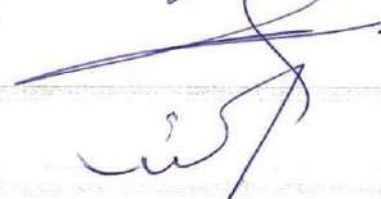
Prof. Dr. Ayad Mohammed Sheet



Assistant Professor Dr. Muhammad Suhail Najmr



Assistant Professor Dr. Salwan Khaled Mahmoud



Assistant Professor Dr. Raed Ibrahim Fathi



Assistant Professor Dr. Entethar Farooq Allyas



Assistant Professor Dr. Liqa Abdul Muttalib



Lecture Dr. Ammar Eidan



Name and signature of the head of the department or branch

Prof. Dr. Nawfal Fadel Rashid

