

Course Description Form

1. Course Name	
Second-year students' handball	
2. Course Code	
SETM26F2101	
3. Semester/Year	
2025-2026	
4. Date of preparation of this description	
February / 2026	
5. Available Attendance Forms	
in sport hall	
6. Number of credit hours (total) / number of units (total)	
(4) hours in weeks , number of units (4)	
7. Course administrator's name (if more than one name is mentioned)	
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8. Course Objectives	
Course Objectives	1. Understand the historical development of handball and its role in sports, physical education and sports sciences. 2 Students learn theoretically handball 3Knowing the different handball skills and how to perform them. 4. Knowing the rules related to performing basic skills and handball court measurements. 5. Learn how to work as a team after each student has learned the basic skills individually. 6. Developing and enhancing the teaching, psychological and technical skills and abilities that enhance the ability to focus, think and observe
9. Teaching and learning strategies	

Strategy	– Methods of teaching : 1. The lecture method . 2 . The advanced lecture method . 3. Blended learning method . 4. Electronic learning method . – Learning Methods : 2. Part method . 2. Whole method . 3. Trial and error method . 4. Complete – learning method .
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10. Course Structure

Evaluation method	Learning method	Unit or subject name	Required Learning Outcomes	Hours	The week
Observation and correction	theoretical	The Concept of Handball Skills	Learning handball skills	4	1
Observation and correction	theoretical	Factors Influencing Skill Learnin	Learning Factors Influencing Skill Learning		2
Observation and correction	Theoretical and practical	Types of Basic Skills	How much Types of Basic Skills	4	3
Observation and correction	Theoretical and practical	Offensive Skills.	How to Offensive		4
Observation and correction	Theoretical and practical	catching the ball , dribbling	catching the ball , dribbling	4	5
Observation and correction	Theoretical and practical	high and low dribbling ,	high and low dribbling ,		6
Observation and correction	Theoretical and practical	passing	How to passing the ball	4	7
Observation and correction	Theoretical and practical	Bounce pass	How to Bounce pass		8
Observation and correction	Theoretical and practical	Overhead pass , push pass to the side	How to Overhead pass	4	9
Observation and correction	Theoretical and practical	sholder pass , , the jump pass	How to do the sholder pass , . the jump pass		10

Observation and correction	Theoretical and practical	shooting and . facking	How to shooting and . facking	4	11
Observation and correction	Theoretical and practical	How and whats Defensive Skills	Defensive Skills	4	12
Observation and correction	Theoretical and practical	Learn Basic defensive stand	Basic defensive stand		13
Observation and correction	Theoretical and practical	How the player Defensive move in match	Defensive move	4	14
Observation and correction	Theoretical and practical	Kearn Defensive coverage	Defensive coverage	4	15
Observation and correction	Theoretical and practical	How to defence on goal	the goalkeeper	4	16

11. Course Evaluation

The grade is distributed as follows:

1. The mid-course exam consists of (25) degrees and is divided into: Written exams (10%) for the first semester, practical exams (15%) for the first semester.
2. The end of the course exam consists of (25) degrees and is divided into: Written exams (10%) for the second semester, practical exams (15%) for the second semester.

12. Learning and Teaching Resources

Required textbooks (methodology, if any)	Basic handball skills and , handball rules
Key references (sources)	Basic handball skills .prof Daa Qasim Al-Khayat prof . Nofal Muhammad Mahmoud .handball rules prof , SaaJ Mohsen Ismail 3. Handball Textbook for Physical Education and Sports Science / Second Stage (Prof. Dr. Saad Basem Gamil, Asst. Prof. Dr. Ahmed Abdel Muttalib)
Recommended supporting books and references (scientific journals, reports...)	the ihf chanal in youtube , iraqy handball fedration in facebook

Name and signature of the course holder

Name and signature of the
head of the department or branch

Prof. Dr. Saad Basim Jameel



Asst. Prof. Dr Maan Abdul Karim

Asst. Prof. Dr. Ahmed Abdel-Muttalib Muhammad



Asst. Prof. Dr. Zeani Meshko Hahji



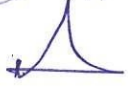
lect. Dr Omar Abd Al -Aziz Kalaf



Asst. lact Wael Dathar Ali



Asst. lact Ahmed Abd Fathi



Asst.lact Waleed Kaleed Faesal

