

Course Description Template

.1 Course Title	
Handball for Fourth-Year Students	
.2 Course Code	
SESS26F2031	
.3 semester / Academic Year	
2025 - 2026	
.4 Date of Description Preparation	
February / 2026	
.5 Attendance Format	
Practical	
.6 Total Study Hours / Total Units	
2 hours per week / 2 units	
.7 Course Coordinators	
Prof. Dr. Othman Adnan Al-Bayati othman_adnan@uomosul.edu.iq	Asst.Prof.Dr. Yahya Mohammed Mohammed Ali dr.yahya@uomosul.edu.iq
Asst.Prof.Dr.Mahmood Motar Ali ahmedabd@uomosul.edu.iq	Asst.Prof.Dr Ahmed Abd Al-Muttalib Muhammad ahmedabd@uomosul.edu.iq
Asst.Prof.Dr zainy Mshco Al Murad Zainy.al-murad@uomosul.edu.iq	Asst.lact. Baraa abd Al_kareem Hazem baraa.hazem89@uomosul.edu.iq
.8 Course Objectives	
Objectives	• Course To develop students' physical fitness and motor skills through handball training. • To enhance students' understanding of handball rules, techniques, and strategies. • To prepare students to apply handball skills in educational and competitive settings. • To foster teamwork, discipline, and sportsmanship among students. To enable students to analyze and evaluate handball performance and tactics.
.9 Teaching and Learning Strategies	

Strategies	Strategies	Teaching Method
	1. Lecture Method	1. Part Method Learning
	2. Enhanced Lecture Method	2. Whole Method Learning
	3. Blended Learning Method	3. Trial and Error Learning
	4. E-Learning Method	4. Mastery Learning Method

.10 Course Structure

Week	Hours	Intended Learning Outcomes	Unit or Topic Title	Learning Method	Assessment Method
1	Hours 2	Explanation of Article One of the Handball Rules: The Court and Its Dimensions	Theoretical Explanation with Practical Demonstration on the Field	Lecture	Lecture
2	Hours 2	Explanation of Article Two of the Handball Rules: Game Times and Timing Regulations for All Age Groups	Detailed Theoretical Explanation	Lecture	Lecture
3	Hours 2	Balls Used and Their Specifications in Handball for All Age Groups and Both Genders	Detailed Theoretical Explanation	Lecture	Lecture
4	Hours 2	Referee Movements and Signals (Hand Signals)	Theoretical Explanation with Practical Demonstration on the Field	Lecture	Lecture
5	Hours 2	The Team, Substitutes, Equipment, and Player Injuries	Detailed Theoretical Explanation	Enhanced Lecture	Enhanced Lecture
6	Hours 2	Goalkeeper	Practical Application	Enhanced Lecture	Enhanced Lecture
7	Hours 2	Goal Area	Practical Application	Enhanced Lecture	Enhanced Lecture
8	Hours 2	Playing the Ball and Passive Play	Practical Application	Enhanced Lecture	Enhanced Lecture
9	Hours 2	Fouls and Unsportsmanlike Conduct – Part 1	Practical Application	Enhanced Lecture	Enhanced Lecture
10	Hours 2	Fouls and Unsportsmanlike Conduct – Part 2	Practical Application	Blended Learning	Blended Learning
11	Hours 2	Fundamentals of Defensive Play	Practical Application	Enhanced Lecture	Enhanced Lecture
12	Hours 2	Scoring and Goal Counting	Practical Application	Enhanced Lecture	Enhanced Lecture

13	Hours 2	Throw-off	Practical Application	Enhanced Lecture	Enhanced Lecture
14	Hours 2	Theoretical Exam	Theoretical Exam – First Semester		
15	Hours 2	Practical Exam – First Semester			
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16	Hours 2	Review of the Topics Studied in the First Semester	Theory + Practical Application	Enhanced Lecture	Group Assessment
17	Hours 2	The Throw-in and Goalkeeper Throw	Theory + Practical Application	Enhanced Lecture	Group Assessment
18	Hours 2	The Free Throw and the 7-Meter Throw (Penalty Throw)	Theory + Practical Application	Enhanced Lecture	Group Assessment
19	Hours 2	Sanctions in Handball – Part 1	Theory + Practical Application	Enhanced Lecture	Group Assessment
20	Hours 2	Sanctions in Handball – Part 2	Theory + Practical Application	Enhanced Lecture	Individual Assessment
21	Hours 2	The Timekeeper and the Scorekeeper	Theory	Enhanced Lecture	• Individual Assessment
22	Hours 2	Match Record Sheet – Part 1	Practical Application	Enhanced Lecture	Individual Assessment
23	Hours 2	Match Record Sheet – Part 2	Practical Application	Lecture	Individual Assessment
24	Hours 2	General Instructions for Executing All Types of Throws	Practical Application	Blended Learning	Individual Assessment
25	Hours 2	on the Rules of the Game	Practical Application	Blended Learning	Individual Assessment
26	Hours 2		Theory + Practical Application	Blended Learning	Individual Assessment
27	Hours 2		Theoretical Exam – Second Semester		
28	Hours 2	Practical Exam – Second Semester			
29	Hours 2	Final Practical Exam			
30	Hours 2	Final Practical Exam			

.11 Course Evaluation

Grade Distribution is as follows:

1. First Semester Exam – worth 25%, divided into:
 - a. 10% Theoretical
 - b. 15% Practical
2. Second Semester Exam – worth 25%, divided into:
 - a. 10% Theoretical
 - b. 15% Practical
3. Final Practical Exam – worth 30% Final Theoretical Exam – worth 20% Total for Final Exams: 50%
4. Overall Total: 100%

.12Teaching and Learning Resources

Prescribed Textbooks (Curriculum-Based, if available)	Prescribed Textbooks (Curriculum-Based, if available)
<i>International Handball Rules 2025</i> , translated by Dr. Saad Mohsen	<i>International Handball Rules 2025</i> , translated by Dr. Saad Mohsen
Main References (Sources)	Main References (Sources)
<i>International Handball Rules 2022</i> (Arabic–English), prepared and translated by Continental Referee Naeem Al-Hakim Al-Alwani	<i>International Handball Rules 2022</i> (Arabic–English), prepared and translated by Continental Referee Naeem Al-Hakim Al-Alwani

Name and Signature of the Course Instructor

Name and Signature of the

Head of Department or Branch

Asst. Prof. Dr Maan Abdul Karim

Prof. Dr. Othman Adnan Al - Bayati

Asst. Prof. Dr. Yahya Mohammed Mohammed Ali

Asst. Prof.Dr. Mahmood Motar Ali

Asst. Prof. Dr Ahmed Abd Al-Muttalib Muhammad

Lecturer Dr. Zainy Mshco Al murad

Asst.lact. Baraa abd Al_kareem Hazem

