

**Ministry of Higher Education and Scientific Research
Scientific Supervision and Scientific Evaluation Apparatus
Directorate of Quality Assurance and Academic Accreditation
Accreditation Department**



Academic Program and Course Description Guide

College of Physical Education and Sports Sciences



2025 _ 2026

Introduction:

The educational program is a well-planned set of courses that include procedures and experiences arranged in the form of an academic syllabus. Its main goal is to improve and build graduates' skills so they are ready for the job market. The program is reviewed and evaluated every year through internal or external audit procedures and programs like the External Examiner Program.

The academic program description is a short summary of the main features of the program and its courses. It shows what skills students are working to develop based on the program's goals. This description is very important because it is the main part of getting the program accredited, and it is written by the teaching staff together under the supervision of scientific committees in the scientific departments.

This guide, in its second version, includes a description of the academic program after updating the subjects and paragraphs of the previous guide in light of the updates and developments of the educational system in Iraq, which included the description of the academic program in its traditional form (annual, quarterly), as well as the adoption of the academic program description circulated according to the letter of the Department of Studies T 3/2906 on 3/5/2023 regarding the programs that adopt the Bologna Process as the basis for their work.

In this regard, we can only emphasize the importance of writing an academic programs and course description to ensure the proper functioning of the educational process.

Concepts and terminology:

Academic Program Description: The academic program description provides a brief summary of its vision, mission and objectives, including an accurate description of the targeted learning outcomes according to specific learning strategies.

Course Description: Provides a brief summary of the most important characteristics of the course and the learning outcomes expected of the students to achieve, proving whether they have made the most of the available learning opportunities. It is derived from the program description.

Program Vision: An ambitious picture for the future of the academic program to be sophisticated, inspiring, stimulating, realistic and applicable.

Program Mission: Briefly outlines the objectives and activities necessary to achieve them and defines the program's development paths and directions.

Program Objectives: They are statements that describe what the academic program intends to achieve within a specific period of time and are measurable and observable.

Curriculum Structure: All courses / subjects included in the academic program according to the approved learning system (quarterly, annual, Bologna Process) whether it is a requirement (ministry, university, college and scientific department) with the number of credit hours.

Learning Outcomes: A compatible set of knowledge, skills and values acquired by students after the successful completion of the academic program and must determine the learning outcomes of each course in a way that achieves the objectives of the program.

Teaching and learning strategies: They are the strategies used by the faculty members to develop students' teaching and learning, and they are plans that are followed to reach the learning goals. They describe all classroom and extra-curricular activities to achieve the learning outcomes of the program.

Academic Program Description Form

University Name: University of Mosul

College / Institute: College of Physical Education and Sports Sciences

Scientific Branch: Branch of Sports Sciences

Name of the Academic or Professional Programme: Bachelor of Physical Education and Sports Sciences

Name of the Final Degree Awarded: Bachelor's Degree in Physical Education and Sports Sciences

Study System: Annual

Date of Programme Description Preparation: 15 / 3 / 2026

Date of File Completion: 15 / 3 / 2026

Signature:

Head of Department Name:

Prof. Dr. Noufal Fadel Rashid

Date: 15 / 3 / 2026



Signature:

Scientific Associate Name:

Prof. Dr. Mohammed T. Othman

Date: 15 / 3 / 2026

The file is checked by:

Department of Quality Assurance and University Performance

Director of the Quality Assurance and University Performance Department:

Prof. Dr. Omar Sameer Dhanoonn Date: 15 / 3 / 2026

Signature:

أ.د. نيراس يونس آل مراد
عميد كلية التربية البدنية وعلوم الرياضة

Approval of the Dean

1. Program Vision

The College of Physical Education and Sports Sciences seeks to prepare graduates in the field of sports sciences to work in governmental institutions and to utilise their specialisation in both theoretical and practical domains.

2. Program Mission

To prepare and graduate leading scientific and leadership competencies in the field of sports sciences, and to enhance the knowledge base of scientific research within the College of Physical Education and Sports Sciences, in order to serve the community locally, regionally, and internationally. Moreover, to train and refine students' minds scientifically and intellectually, while emphasising social and cultural values and responding to the requirements of the labour market.

3. Program Objectives

- A1 – Comprehension and understanding of theoretical and practical subjects.
- A2 – Developing and enhancing motor skills that improve concentration, thinking, and observation abilities.
- A3 – Ability to teach students both theoretical and practical lessons in the prescribed sports activities after graduation from the college.
- A4 – Developing mental and psychological attributes.

4. Program Accreditation

Not available

5. Other external influences

Not available



6. Program Structure

Program Structure	Number of Courses	Credit hours	Percentage	Reviews*
Institution Requirements	51	152	100%	Core Course
College Requirements	Yes			
Department Requirements	Yes			
Summer Training	Not available			
Other				

* This can include notes whether the course is basic or optional.

7. Program Description

Year/Level	Course Code	Course Name	Credit Hours	
			theoretical	practical
First Year	SESS25F1011	History and Philosophy of Physical Education	2	—
	SESS25F1021	Anatomy	2	—
	SESS25F1031	Arabic Language	1	—
	SESS25F1041	English Language	1	—
	SESS25F1051	Computer	1	—
	SESS25F1061	Scouting	2	—
	SESS25F1071	Law	1	—
Second Year	SESS25F2011	Sports Training Science	2	—
	SESS25F2031	Measurement and Evaluation	2	—
	SESS25F2051	Teaching Methods	2	—
	SESS25F2061	Ba'ath Crimes	1	—
	SESS25F2071	Arabic Language	1	—
	SESS25F2081	English Language	1	—
	SESS25F2091	Computer	1	—
Third Year	SESS25F3011	Injury Rehabilitation	2	—
	SESS25F3021	Motor Learning	2	—
	SESS25F3031	Scientific Research	2	—
	SESS25F3041	Teaching Methods	4	—
	SESS25F3051	Exercise Physiology	2	—
Fourth Year	SESS25F4011	Sports Psychology	2	—
	SESS25F4021	Sports Training Science	2	—
	SESS25F4031	Management and Organisation	2	—
	SESS25F4041	Special Sports	2	—
	SESS25F4051	Computer	2	—
	SESS25F4061	Graduation Research Project	2	—
	SESS25F4071	Practicum	2	—



8. Expected learning outcomes of the program

Knowledge

A1 – By the end of the academic programme, students should be able to identify the concepts related to the subject matter.

A2 – By the end of the academic programme, students should be able to describe the characteristics of the subject concepts.

A3 – By the end of the academic programme, students should be able to list the features of the subject concepts.

A4 – By the end of the academic programme, students should be able to draw a diagram representing the subject concepts.

Skills

B1 – By the end of the academic programme, students should be able to perform the fundamental skills of both theoretical and practical subjects.

B2 – By the end of the academic programme, students should be able to recognise the levels of difficulty of various skills.

B3 – By the end of the academic programme, students should be able to conceptualise the technical stages involved in performing teaching, therapeutic, and scouting skills.

Ethics

C1 – The academic programme should foster a spirit of perseverance among students.

C2 – The academic programme should cultivate a spirit of cooperation among students.

C3 – The academic programme should promote national values among students.

C4 – The academic programme should instil moral values among students.

9. Teaching and Learning Strategies

Teaching Methods Learning Methods

1. Lecture Method | 1. Part-Method Learning
2. Advanced Lecture Method | 2. Whole-Method Learning
3. Blended Learning Method | 3. Trial-and-Error Method
4. E-Learning Method | 4. Mastery Learning Method

Additional Learning Activities:

1. Guidance Programmes
2. Academic Workshops
3. Specialised Training Courses

10. Evaluation methods

1. Individual Assessment
2. Group Assessment
3. Self-Assessment
4. Project Assessment
5. Field Assessment

First Semester Examination: 25

Second Semester Examination: 25

Final Annual Examination: 50



11. Faculty

Faculty Members

Academic Rank	Specialization		Special Requirements/Skills (if applicable)		Number of the teaching staff	
	General	Special			Staff	Lecturer
Professor		36				
Assistant Professor	1	56				
Lecturer	4	28				
Assistant Lecturer	9	27				

Professional Development

Mentoring new faculty members

Newly appointed faculty members are provided with structured mentoring and orientation programmes designed to familiarise them with the college's academic policies, teaching standards, and research expectations. Senior professors and experienced academics offer guidance, share best practices, and support new staff in developing effective teaching methods and professional ethics within the university environment.

Professional development of faculty members

The college implements a continuous professional development plan that includes participation in **academic workshops, specialised training courses, and national and international conferences**. Faculty members are encouraged to engage in **research collaborations, curriculum development, and technology integration in teaching**. These initiatives aim to enhance their academic performance, pedagogical competence, and leadership capabilities, ensuring alignment with modern educational trends and quality assurance standards.

12. Acceptance Criterion

The average score from secondary school, in addition to the examinations conducted by the college (physical and skill-based tests).



13. The most important sources of information about the program

<https://uomosul.edu.iq/physicaleducation/>

The College of Physical Education and Sports Sciences provides multiple reliable sources of information about the academic programme to ensure transparency and easy access for students, faculty, and stakeholders. The most important sources include the **official college website**, which contains detailed descriptions of courses, programme objectives, admission requirements, and academic regulations. Additionally, information is available through the **college's quality assurance and accreditation unit**, student guidance offices, and academic departments. The college also publishes **official brochures, annual reports, and electronic guides** that outline updates related to curricula, research activities, and community engagement initiatives. These sources collectively support continuous communication and promote awareness of the programme's academic and professional dimensions.

14. Program Development Plan

The College of Physical Education and Sports Sciences adopts a continuous **programme development plan** aimed at improving the quality of education, aligning curricula with modern trends in sports sciences, and meeting the evolving needs of the labour market. The plan focuses on **integrating modern concepts and technologies** into the teaching and learning process, such as the use of **digital tools, simulation techniques, and e-learning platforms** to enhance student engagement and understanding.

Additionally, the plan emphasises **periodic review and evaluation** of academic courses to ensure their relevance to contemporary scientific and practical developments. It also encourages **faculty participation in training and research activities**, the introduction of **innovative teaching methods**, and the **updating of laboratories and sports facilities** to meet international standards. Through this ongoing process, the college seeks to strengthen its academic reputation and to prepare graduates who are scientifically competent, technologically skilled, and capable of contributing effectively to community development.



Program Skills Outline

Year/ Level	Course Code	Course Name	Basic or optional	Required program Learning outcomes											
				Knowledge				Skills				Ethics			
				A1	A2	A3	A4	B1	B2	B3	B4	C1	C2	C3	C4
First Year	SESS25F1011	History and Philosophy of Physical Education	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F1021	Anatomy	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F1031	Arabic Language	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F1041	English Language	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F1051	Computer	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F1061	Scouting	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F1071	Law	Core	/	/	/	/	/	/	/	/	/	/	/	/
Second Year	SESS25F2011	Sports Training Science	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F2031	Measurement and Evaluation	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F2051	Teaching Methods	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F2061	Ba'ath Crimes	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F2071	Arabic Language	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F2081	English Language	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F2091	Computer	Core	/	/	/	/	/	/	/	/	/	/	/	/
Third Year	SESS25F3011	Injury Rehabilitation	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F3021	Motor Learning	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F3031	Scientific Research	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F3041	Teaching Methods	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F3051	Exercise Physiology	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F4011	Sports Psychology	Core	/	/	/	/	/	/	/	/	/	/	/	/



Fourth Year	SESS25F4021	Sports Training Science	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F4031	Management and Organisation	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F4041	Special Sports	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F4051	Computer	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F4061	Graduation Research Project	Core	/	/	/	/	/	/	/	/	/	/	/	/
	SESS25F4071	Practicum	Core	/	/	/	/	/	/	/	/	/	/	/	/

- Please tick the boxes corresponding to the individual program learning outcomes under evaluatio

