



## Lecture title: Nutritional Diseases

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### Summary:

Nutritional diseases of fish may develop as a result of:

- **Deficiency** (undernutrition),
- **Excess** (overnutrition),
- **Imbalance** (malnutrition) of nutrients present in their food.

Nutritional imbalance can be caused by: — An **inability of the body to absorb certain nutrients** or result from **a poor diet**

Varies with specific deficiency, but most common clinical signs include the following: **skeletal abnormalities**; **cataracts** or other **ophthalmic lesions**; **hematopathologies** (e.g., anemia)

## Carbohydrates

**Sekoke disease** is one of the common diseases related to Carbohydrate. It is also called **Spontaneous Diabetes** in carp, the disease characterized by lipid infiltration of parenchymatous organs, bilateral cataract and degenerative changes in extrinsic eye muscle, retina.

## Lipids

Lipid deficiency lead to:

- Reduced growth
- Rapid swimming is followed by immobility and loss of reflex.
- Skin de-pigmentation.
- Fish may float or sink to the bottom



— Fins erosion.

— Ascetics

## Proteins

All fish require high levels of protein for (30-36 )% for protein synthesis and gluconeogenesis

common signs of protein and/or amino acid deficiency in fish are: — **Reduction of growth rate** — **Mortality** — **Scoliosis and Lordosis** — **Anemia** (Reduction of RBCs 750000/m3).

### Majors Amino acid Defeciency

Amino acides	Defeciency symptoms
<b>Lysine deficiency</b>	cause dorsal fin erosion
<b>Tryptophan, Leucine, arginine and histidine deficiency</b>	cause spinal abnormalities
<b>Methionine and tryptophan, Histidin</b>	associated with cataract
<b>Tryptophan</b>	Scoliosis, lordosis, decrease caracass lipid, caudal fin erosion





## **Lipid -Soluble Vitamines**

### **Vitamine A (1000-2000 IU)**

- **Hypovitaminosis** cause reduce growth, exophthalmia, thickening deformation of the gill arch
- **Hypervitaminosis** cause necrosis of the tail, osseous dystrophy with nervous effects

**Vitamine D (Calciferol)** cause reduce growth rate and reduction in body calcium and potassium

**Vitamin E (Tocopherol 80-100 mg/kg)** it is metabolism linked with selenium its deficiency cause muscular dystrophy and liver steatosis

**Vitamin K** play role in blood clotting mechanisms its deficiency cause prolong clotting time and haemorrhage like viral haemorrhagic septicaemia

## **Water -Soluble Vitamines**

**Thiamine -B1** deficiency of this vitamin cause by little dosage or less than normal, or by presences of thiaminase (some fish as carp fish have high concentration of this enzyme) which is important in catalyzing carbohydrate.

Fish with B1 deficiency exhibit change in color, haemorrhage at the fin base with unsteady movement and nervous signs

### **Riboflavin -B2 (7-10mg /kg)**

This is a coenzyme for oxidase system important for respiration of poorly vascularized tissue like cornea and lens of the eye.

Its deficiency in carp cause haemorrhage and congenital dwarfism in catfish



**Pyridoxine -B6** it is important for rapidly growing fish , its deficiency cause nervous signs and

**Pantothenic acid (30-40 mg/kg)** this coenzyme necessary for carbohydrate and fat metabolism, its deficiency cause nutrional gill disease (hyperplasia and clubbing secondary gill filaments), fish respiratory disorder.

**Ascorbic acid -Vitamine C** deficieny cause reduction wound healing, skeletal malformation as spiral lordosis and scoliosis, spinal fracture, opercular and gill filament deformity, cartilage and osteoid replacemnet of many bony tissue.

#### Upper Scoliosis

Lateral curvature of the vertebral column

#### Lower Lordosis

Dorso-ventral curvature of the spine

