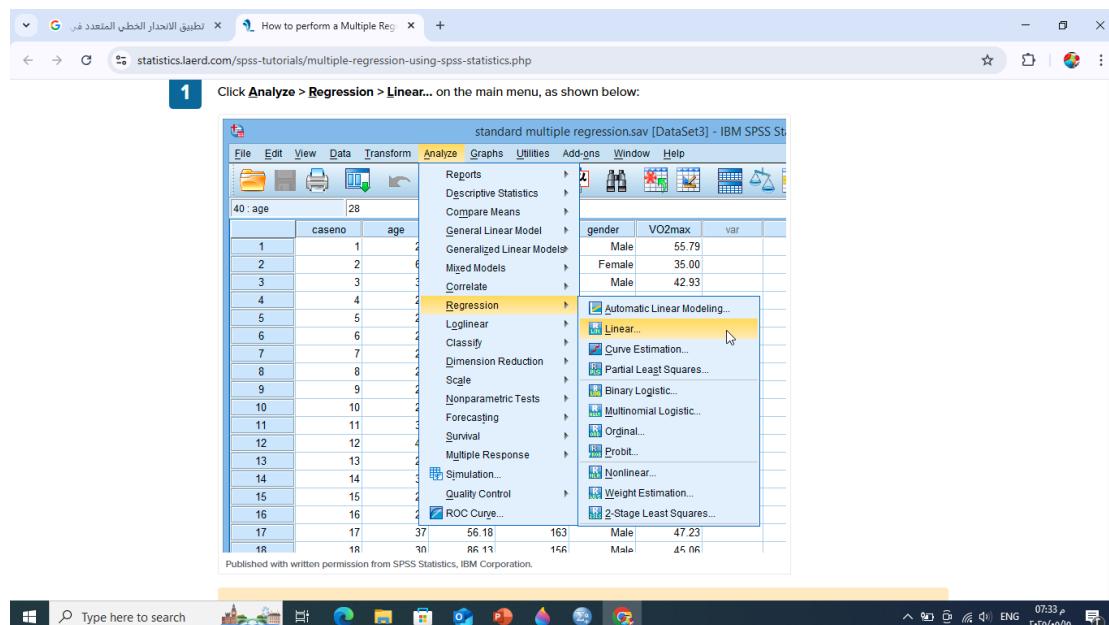


بعد ادخال البيانات يتم اختيار

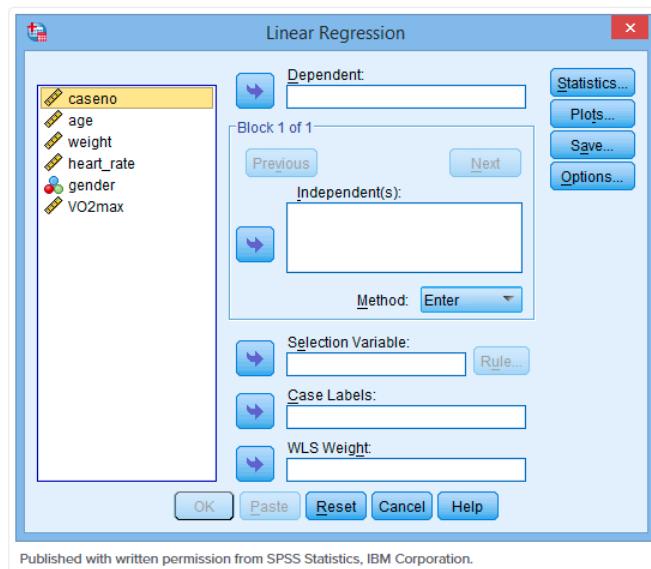
Analyze → Regression → Linear



ثم يظهر مربع الحوار التالي

2

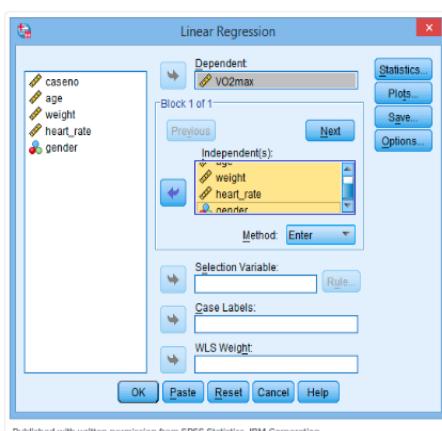
You will be presented with the **Linear Regression** dialogue box below:

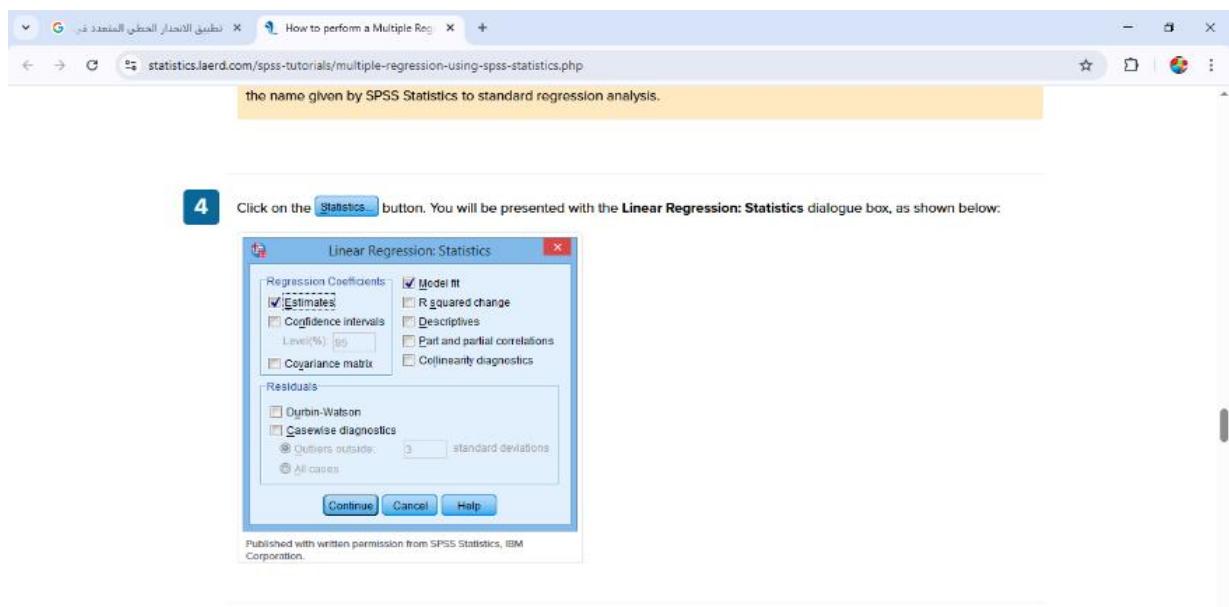


نقوم بإدخال المتغير المعتمد في الأعلى **Dependent** ثم المتغيرات المستقلة **Independent**

3

Transfer the dependent variable, **VO2max**, into the **Dependent** box and the independent variables, **age**, **weight**, **heart\_rate** and **gender** into the **Independent(s)** box, using the **→** buttons, as shown below (all other boxes can be ignored):





ثم نضغط على كلمة **Statistic** ونختار

