



College of science Department of Chemistry



خطر مواد كيميائية
أكلة



خطر الانفجار



خطر قابل للاشتعال



يجب ارتداء نظارات السلامة



خطر مواد آكلة



خطر كهرباء



خطر مواد سامة



ممنوع التدخين



يجب ارتداء معطف السلامة



يجب ارتداء قفازات السلامة



يجب ارتداء الكمامات



مخاطر بايولوجية



خطر اشعاع مؤين



مخرج طوارى



يجب ارتداء قناع السلامة



College of science

Department of Chemistry

	<p>Dress appropriately</p> <p>The lab coat long hair, and wear safety glasses when working in the lab.</p>	<p>Proper supervision</p> <p>Don't perform lab experiments without teacher or parent/guardian giving permission to do so!</p>
<p>Lab Safety Rules</p> <p>Science labs offer great opportunities for learning, teaching, and research. They also have hazards that require proper safety precautions.</p>	<p>No Food</p> <p>Don't eat or drink in a lab.</p> <p>ID Hazards</p> <p>Identify hazardous materials and handle carefully.</p>	<p>Be Attentive</p> <p>Be aware of the risks in the lab. Turn off electrical equipment or locate an emergency stop button.</p>
<p>Be careful when handling hot glassware</p> <p>Always handle hot glassware with tongs. Keep flammable objects away from your work area.</p>	<p>Keep a clean workspace</p> <p>Don't let sharp work areas, such as glassware, come into contact with other items. Store all dangerous items in a cabinet or block sink drains with debris.</p>	<p>Handle glassware carefully</p> <p>Properly dispose of anything broken or damaged. Broken glass is a hazard to you and the equipment, and must be disposed of immediately.</p>
<p>Stay safe when conducting your labs by following these guidelines.</p>	<p>Clean up</p> <p>After completing your lab, turn off the equipment, and wash your hands.</p>	

5 steps

SAFE TO USE CHEMICALS

- 1** KNOW WHERE THE HEALTH MANUALS ARE STORED
- 2** STORE CHEMICALS IN SAFE STORAGE
- 3** STORE CHEMICALS WHEN NOT IN USE
- 4** STORE CHEMICALS IN ORIGINAL CONTAINER
- 5** DISPOSE OF CHEMICALS IN RIGHT WAY (ENVIRONMENTALLY FRIENDLY)



A yellow rectangular sign with a blue border. At the top is a blue circle with a white exclamation mark. Below it is the text 'Fire Action' in large blue letters. The sign is divided into five horizontal sections, each with an icon and text: 1. A hand holding a telephone receiver with the text 'Raise the alarm'. 2. A telephone receiver with the text 'Call the Fire Brigade by dialling'. 3. A person walking away from a building with the text 'Leave the building by the nearest available exit'. 4. Two people walking towards a building with the text 'Report to assembly point'. 5. A person walking away from a building with a red circle and slash over them, and the text 'Do not return to the building until authorised to do so'. 6. A person using a lift with a red circle and slash over them, and the text 'Do not use lifts'.

7 STEPS TO SAFETY

During your stay at UPMC, we want to give you the best care possible. We know that your loved ones can help us make sure that you stay safe and recover quickly by following these simple safety steps.

1.) WASH YOUR HANDS

Clean hands will help to lower the risk of infection. Your family and the people who take care of you at home should also wash their hands with hand sanitizer often.

2.) SPEAK UP IF YOU'RE IN PAIN

Let someone know if you are in pain or if you are having side effects from your pain medicine. It is important to tell how you feel and tell us about your symptoms.

3.) PROTECT YOUR SKIN

Change your position in bed often and safely move around as much as you can to prevent bedsores. Check your skin often and try to keep it clean and dry.

4.) BE CAREFUL SO YOU DON'T FALL

Call a nurse before getting out of bed. Get up slowly. Wear non-skid socks, slippers, or shoes that won't slip. Clear a safe path so you have plenty of room to move around.

5.) TAKE YOUR MEDICINE

It is important to take your medicine exactly as your doctor tells you. If you have any questions about your medicine or side effects, please ask your doctor.

6.) GET MOVING

Ask your nurse how soon you can safely get out of bed. Move your legs and feet as often as possible. Ask your doctor about exercises for your legs or pump to wiggles in bed or sitting down to move your legs and feet.

7.) DON'T SMOKE

If you smoke, talk to your doctor about quitting. Patients who don't smoke recover more quickly.

Call a nurse before getting out of bed. Get up slowly. Wear non-skid socks, slippers, or shoes that won't slip. Clear a safe path so you have plenty of room to move around.

You are an important part of your care team and we trust that you know your body better than we do. Always ask your health care team if you have any questions or concerns. If you are worried about a symptom or side effect, please let us know.

UPMC
LIFE CHANGING MEDICINE

Proper Supervision
Don't perform lab experiments without instructor supervision.

ID Hazards
Always read labels before using any chemicals.

Safety First
Always wear safety equipment and emergency numbers.

No Food
Don't eat or drink in the lab, and never taste chemicals.

Be Attentive
Be attentive while in the lab. Don't leave an experiment in progress.

Handle Glassware Carefully
Properly dispose of anything that breaks.

Clean Up
After completing the lab, clean up the workspace and the equipment. Don't forget to wash your hands.

Turnerhead Primary School

LAB SAFETY REMINDERS

 <p>Always pay attention and listen to your teacher.</p>	 <p>Use safety goggles and gloves during experiments.</p>	 <p>Wear proper attire like lab coat and closed shoes.</p>
 <p>Don't do any experiments without your teacher present.</p>	 <p>Handle lab apparatus with care.</p>	 <p>Don't eat, drink, or chew gum in the laboratory.</p>
 <p>Wash as you go.</p>	 <p>If something goes wrong, can your teacher immediately</p>	<p>Let's make our laboratory a safe and fun place for learning!</p> <p></p>